Courser Program
Friday, May 12th, 2006

7:15 am  Continental Breakfast
8:00 am  Welcome
Laith M. Jazrawi, MD, and
Gerard P. Varlotta, DO, FACSM

Knee
Moderator - Jeffrey Rosen, MD
8:05 am  Evaluation of Knee Pain: Determining the
Cause of Pain and When to Refer & to Whom
Donald Rose, MD
8:25 am  Interpretation of Knee MRI’s and Radiographs:
How to Read the MRI Report and
Decipher the MRI
Mark Schweitzer, MD
8:45 am  State-of-the-Art Physical Therapy of the Knee
Gerard Desmond, PT
9:05 am  Injections and Other Non-Surgical Treatment
Options: What Options Are Available?
Todd R. Schlifstein, DO
9:25 am  Coffee Break
9:40 am  Surgical Management of Meniscal Injuries:
Making the Diagnosis and Treatment Options
Jeffrey Rosen, MD
10:00 am  Surgical Management of Knee Ligament Injuries:
Making the Diagnosis and Treatment Options
Orrin Sherman, MD
10:20 am  Surgical Management of Cartilage Defects
in the Knee: Making the Diagnosis and
Treatment Options
Laith M. Jazrawi, MD
10:40 am  Return to Sports Participation After Total Joint
Arthroplasty: What Can We Let Patients Do and
What Should We Keep Them Away From?
Fredrick Jaffe, MD
11:00 am  Knee Small Group Breakout Session
with Box Lunch (Choose 1)
• Physical Examination of the Knee
  (Rosen/Desmond)
• Corticosteroid & Visco-Supplementation
  Injections of the Knee
  (Schlifstein/Sherman)
• Anatomical/Clinical Correlation
  (Arthroscopic/Cadaveric)
  (Jazrawi/Schweitzer)

Foot/Ankle
Moderator - Kenneth Mroczek, MD
1:40 pm  Evaluation of Foot/Ankle Pain: Determining
the Cause of Pain and When to Refer
Kenneth Mroczek, MD
2:00 pm  Interpretation of Foot/Ankle MRI’s and
Radiographs: How to Read the MRI Report and
Decipher the MRI
Emad al Musa, MD
2:20 pm  State-of-the-Art Physical Therapy
of the Foot & Ankle
Mary Jane Lederbacker, PT
2:40 pm  Injections and Other Non-Surgical Treatment
Options: What Options Are Available?
Todd Schlifstein, DO
3:00 pm  Orthotics: Does Everyone Need Orthotics?
Thomas Novella, DPM
3:20 pm  Surgical Management of Ankle/Foot Disorders:
Making the Diagnosis and Treatment Options
David Weiss, MD
4:00 pm  Foot/Ankle OR Spine Small Group
Breakout Session (Choose 1)
• Physical Examination of the Spine
  (Fischer/Varlotta/Duke)
• Physical Examination of the Foot/Ankle
  (Weiss/Lederbacker)
• Corticosteroid Injections and Foot Orthotics
  (Novella/Schlifstein)
• Anatomical/Clinical Correlation of the Foot/Ankle
  (Surgical/Arthroscopic/Cadaveric)
  (Mroczek/al Musa)
• Anatomical/Clinical Correlation
  of the Spine (Surgical/Cadaveric)
  (Rybak)

5:15 pm  Course Evaluation and Adjourn