

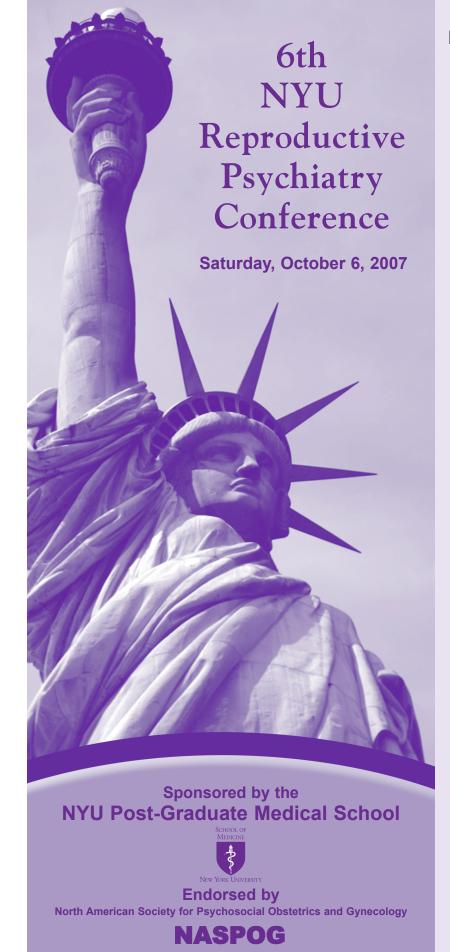
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# 6th NYU Reproductive Psychiatry Conference

Saturday, October 6, 2007

Visit the NYU Post-Graduate Medical School website at www.med.nyu.edu/cme



# Program

# Saturday, October 6, 2007

8:00-8:30 AM Registration and Continental Breakfast

| 0.00-0.30 AM | Registration and Continental Dreaklast  |
|--------------|---|
| 8:30-9:15    | Premenstrual Mood Disorders:<br>What You Need to Know Now<br>Margaret Altemus, MD   |
| 9:15-10:00   | <i>"Is It Me, or Is It Hot in Here?"</i><br>Mood Swings During the Menopausal<br>Transition<br><i>C. Neill Epperson, MD</i>   |
| 10:00-10:15  | Coffee Break  |
| 10:15-11:00  | "Shouldn't I Be Happy?"<br>Treatment of Perinatal Depression and<br>Anxiety Disorders<br>Shaila Misri, MD, FRCPC  |
| 11:00-11:45  | Prenatal Testing: Looking Through the<br>Crystal Ball<br><i>Men-Jean Lee, MD</i>  |
| 11:45-12:45  | Lunch with the Experts:<br>Case Presentations Welcome   |
| 12:45-1:30   | Miscarriage and Termination:<br>Minimizing the Impact of Perinatal Loss<br><i>Jillian S. Romm, RN, LCSW</i>   |
| 1:30-2:15    | "Do I HAVE to Be on Medication?"<br>Pharmacotherapy for Perinatal Bipolar<br>Disorder and Psychosis<br>Shari I. Lusskin, MD, FAPA   |
| 2:15-2:45    | Question & Answers  |
| 2:45-3:45    | NASPOG Roundtable Discussions:<br>Faculty will include:<br>Thomas O'Connor, PhD<br>Zipora Dolev, MD<br>Adrienne Einarson, RN<br>C. Neill Epperson, MD<br>Catherine Monk, PhD<br>Margaret Spinelli, MD |

3:45 PM Adjourn

The Post-Graduate Medical School of the New York University School of Medicine is committed to improving patient care through continuing medical education.

#### **Statement of Need**

Experts in the field of Reproductive Psychiatry and a survey of the literature find that psychiatric disorders in relation to a woman's reproductive lifecycle are underdiagnosed and under-treated. There is a need to improve clinicians' ability to recognize these disorders, to understand their pathophysiology, and to design treatment plans tailored to the needs of individual patients.

#### **Course Description**

The 6th NYU Reproductive Psychiatry Conference will be held jointly with the North American Society of Psychosocial Obstetrics and Gynecology, expanding the faculty and target audience. This conference is also held in cooperation with Postpartum Support International. Continuing our tradition of presenting the most up-todate information available, the faculty will cover Premenstrual Mood Disorders, Perimenopausal Mood Disorders, Perinatal Depression and Bipolar Disorder, and the latest in Prenatal Diagnostic Testing.

#### **Target Audience**

Psychiatrists, obstetrician/gynecologists, pediatricians, general practitioners, and allied health professionals who care for women.

#### **Educational Objectives**

- Reduce morbidity and mortality associated with undiagnosed psychiatric disorders that present in relation to the female reproductive lifecycle, such as premenstrual syndromes and perimenopausal depression.
- Reduce morbidity and mortality associated with pregnancy-related mood disorders by improving diagnostic abilities.
- Identify patients with risks for mood disorders following pregnancy loss or termination and develop treatment options to decrease post-pregnancy loss mood disorders.
- Develop treatment options for women with perinatal psychiatric symptoms to decrease mood and anxiety disorders in pregnant and breastfeeding women.
- Reduce the risks of birth defects in women with perinatal psychiatric disorders by referring for appropriate genetic counseling and prenatal testing.

#### **Course Director**

#### Shari I. Lusskin, MD, FAPA

Director of Reproductive Psychiatry Clinical Associate Professor of Psychiatry, Obstetrics, & Gynecology NYU School of Medicine Adjunct Clinical Associate Professor of Psychiatry, Obstetrics, Gynecology and Reproductive Sciences Mt. Sinai School of Medicine New York, NY

#### Faculty

#### Margaret Altemus, MD

Associate Professor of Psychiatry Cornell University Medical College New York, NY

#### C. Neill Epperson, MD

Director, Yale Program for Women's Reproductive Behavioral Health Associate Professor of Psychiatry & Obstetrics, Gynecology & Reproductive Sciences Yale University School of Medicine New Haven, CT

#### Men-Jean Lee, MD

Residency Director and Director of Medical Student Clerkships Associate Professor Department of Obstetrics, Gynecology & Reproductive Sciences Yale University School of Medicine New Haven, CT

#### Shaila Misri, MD, FRCPC

Director, Reproductive Mental Health Program Clinical Professor of Psychiatry, Obstetrics, & Gynecology University of British Columbia St. Paul's Hospital Vancouver, BC

#### Jillian S. Romm, RN, LCSW

Director, Mental Health & Wellness Programs Center for Women's Health Oregon Health & Sciences University Portland, OR

### **General Information**

Location NYU School of Medicine Alumni Hall, Farkas Auditorium 550 First Avenue (31st St.) New York, NY 10016

# PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.

Online Registration Preferred Applications will be accepted in order of their receipt. Visit our secure website www.med.nyu.edu/cme to submit online registration.

#### Information

Registration Office NYU Post-Graduate Medical School P. O. Box 1855 Murray Hill Station New York, NY 10016 Phone: 212-263-5295 • Fax: 212-263-5293

#### Please Note: We cannot accept telephone registration.

## Accreditation Statement

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **Course Confirmation**

Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed.

#### **Credit Designation Statement**

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 7.0 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance, and (2) access our website, www.med.nyu.edu/cme, and click on the Online Course Evaluator/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

#### **Disclosure Statement**

The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and Policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

#### Hotel Accommodations

Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels by visiting our website. We have reserved rooms for the NYU Reproductive Psychiatry Conference at the Embassy Suites Hotel in New York City. The rate set aside for our group is \$309. Please see our website for further details.

#### Parking

Parking is available on 29th and 30th Streets between First and Second Avenues, as well as at the Schwartz Health Care Center garage on First Avenue and 30th Street.

If there is a specific topic or question relating to this course that would help fulfill your educational needs, please submit it on the registration panel.



#### Course Registration Form Register online at www.med.nyu.edu/cme 6th NYU Reproductive Psychiatry Conference #380, October 6, 2007

(Photocopies permitted - please do not enlarge or reduce this form.) PLEASE PRINT ALL INFORMATION CLEARLY IN BLOCK LETTERS AND NUMBERS

| Name  | M.I.                               | LAST   |  |  |
|---|------------------------------------|--|--|--|
| Address   |                                    |  |  |  |
| City  | State                              | Zip  |  |  |
| Day Phone   | Fax                                |  |  |  |
|   | e supply your e-mail address       | s to receive a confirmation letter. Written  |  |  |
| confirmation will not be mailed. Ma   | ike sure your email address i      | is clearly written.  |  |  |
| E-Mail  |                                    |  |  |  |
| Degree  | Specialty                          |  |  |  |
| Full Fee Physicians: \$300 Reduced Fee: \$200   Reduced Fee applies to NYU School of Medicine alumni, former residents and fellows; M.D.'s employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; nurse practitioners; and all other non-M.D. healthcare professionals.   Physicians in Training: \$100 (with letter of certification from Chief of Service)   Medical Students: No Fee (with letter of certification from Director of Training or Dean of Students)   On-site registrants will incur an additional \$10 charge. |                                    |  |  |  |
| Eligibility for reduced/waived fe   | e must be indicated belo           | DW:  |  |  |
| Registration Will Not Be Acc  | epted After October 3,             | 2007   |  |  |
| METHODS OF PAYMENT: (ca<br>If faxing, do not mail or refax -  |                                    |  |  |  |
| CHECK IN U.S. DOLLARS<br>CREDIT CARD PAYMENT<br>INTERNATIONAL POSTAL  | (See below)                        | _  |  |  |
| (Foreign registrants, including Money order or credit card) \$  |                                    | t pay by either International Postal   |  |  |
| MAKE PAYABLE TO: NYU Po   | ost-Graduate Medical Sch           | lool   |  |  |
| SEND TO: Registration Depar<br>Murray Hill Station, New York,   | tment, NYU Post-Gradua<br>NY 10016 | te Medical School, P.O. Box 1855,  |  |  |
| PAYMENT BY CREDIT CARD  | Credit card payments m             | ay be faxed to (212) 263-5293  |  |  |
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| Signature   |                                    |  |  |  |
|   | ations must be in writing a        | assessed for cancellations prior to<br>nd postmarked no later than the above<br>cepted after the above date. |  |  |
| COURSE CANCELLATION POI<br>two weeks notice will be given a<br>Medical School is not responsible  | nd tuition will be refunded        |  |  |  |
| Special Needs or Requests:<br>To help fulfill your educational ne   | eeds, submit a question or         | topic relating to this course:   |  |  |