BONING UP ON
OSTEOPOROSIS

The Departments of Medicine/Endocrinology and Obstetrics and Gynecology

WEDNESDAY
OCTOBER 29, 2008
NYU School of Medicine
Smilow Seminar Room

11TH ANNUAL CME UPDATE

TARGET AUDIENCE
Physicians and allied healthcare professionals in the fields of endocrinology, rheumatology, orthopedics, obstetrics & gynecology, geriatrics, physiatry, pediatrics, pediatric endocrinology, internal medicine and primary care

COURSE DESCRIPTION
This intensive, short course program is designed to provide physicians who manage osteoporosis with an update on the latest advances in the recognition, diagnosis and treatment of this disease. Each lecture will focus on specific areas directly relevant to the common situations encountered by both primary care physicians and specialists in the management of this disease. Information regarding the identification of populations at increased risk will be presented and highlighted using clinical examples. Experts from multiple disciplines will contribute to the discussion and share their unique perspectives. This professional diversity will enable this program to be comprehensive in nature. Each of the five topics will be delivered didactically in sequence and attendees will be encouraged to ask questions of the faculty panel following all of the lectures.

STATEMENT OF NEED
Osteoporosis is the most common metabolic bone disorder, annually resulting in over 1.5 million fractures. Within this disorder, currently there are specific subjects that should be addressed for both the primary care physician and the osteoporosis specialist, including interpretation of bone density readings – an area that quality indicators from professional organizations, like ASBMR and ISCD have shown a need for improvement; new bone prognostic measurement tools; updated information on current therapies; new and future therapies; complications of therapies; new data on the frequency of osteoporosis in men and therapies; the high incidence in the US of emergency room release with osteoporotic fractures without follow-up therapy; the increased recognition of the essential role of vitamin D; and newly recognized causes of osteoporosis.

EDUCATIONAL OBJECTIVES
- Advise patients who are using medications that have been recently found to increase osteoporosis risk
- List key factors to look for when interpreting an outside bone density reading
- Appropriately utilize new tools for prognosis such as FRAX
- Describe risks and benefits of current therapies for osteoporosis, including new indications
- Evaluate new and future therapies
- Recognize the frequency and morbidity of osteoporosis in men and the need to implement screening
- Summarize the need to diagnose and treat underlying osteoporosis after a hip fracture
- Advise patients on the recognized need for higher doses of vitamin D

Visit the NYU Post-Graduate Medical School website at www.med.nyu.edu/courses/cme/osteo
6:00 - 6:45pm Registration and Light Dinner
6:45 - 7:30 Vitamin D and “Evidence-based Nutrition”
Dr. Robert Heaney
7:30 - 7:45 SSRIs and Osteoporosis
Dr. Valerie Peck
7:45 - 8:00 New Drugs for Osteoporosis
Dr. Loren Greene
8:00 - 8:45 FRAX – New Osteoporosis Tool
Dr. Ethel Siris
8:45 - 9:00 Update on Male Osteoporosis
Dr. Stephen Honig
9:00 - 9:30 Q & A and Adjourn

Coffee and dessert will be served between 9:00 and 9:30pm during Q&A.

LOCATION
NYU School of Medicine
Smilow Seminar Room
550 First Avenue (31st St.)
New York, NY 10016

NYU School of Medicine is located in a predominately residential area on the east side of Manhattan.

PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.

ONLINE REGISTRATION PREFERRED
Applications will be accepted in order of their receipt. Visit our secure website at www.med.nyu.edu/courses/cme/osteo to submit online registration.

INFORMATION
Registration Office
NYU Post-Graduate Medical School
P.O. Box 1855
Murray Hill Station
New York, NY 10016
Phone: 212-263-5295
Fax: 212-263-5293
Please note: We cannot accept telephone registration. Visit our website at www.med.nyu.edu/cme.

COURSE CONFIRMATION
Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed. If there is a specific topic or question relating to this course that would help fulfill your educational needs, please submit it on the registration panel.

DISCLOSURE STATEMENT
The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and Policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to receive any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unapproved or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

COURSE DIRECTORS
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Ethel Siris, MD
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Hospital for Joint Diseases

CREDIT DESIGNATION STATEMENT
The NYU Post-Graduate Medical School designates this educational activity for a maximum of 2.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance and (2) access our website, www.med.nyu.edu/cme, and click on the Online Course Evaluation/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

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