Acute and Maintenance Treatment of Bipolar Disorder: Expert Perspectives

TARGET AUDIENCE
Psychiatrists and allied healthcare professionals with an interest in bipolar disorder.

COURSE DESCRIPTION
Bipolar disorder is a devastating psychiatric disease associated with significant morbidity and mortality. Current epidemiology supports the estimate of 5% for the prevalence of this disorder in the general population. There is no consensus, at this point, with respect to diagnosis and treatment of bipolar disorder. Given its prevalence and the severe impact of the disorder on the patient, his or her family, and on society as a whole, improved diagnosis and more effective selection and use of medications are needed.

STATEMENT OF NEED
This program represents a unique opportunity for clinicians to learn from and interact with a faculty of nationally recognized experts on the diagnosis and treatment of bipolar disorder. In addition to focusing on the issues surrounding the diagnostic boundaries of bipolar and unipolar disorders, the presentations will address emerging findings about the neurobiology of bipolar disorder, the long-neglected cognitive dimension of the disorder, and how these relate to treatment decisions. In terms of treatment, attendees will benefit from a review of the potential benefits and risks associated with both longstanding and newer therapeutic options, and how they compare to older mood stabilizers.

EDUCATIONAL OBJECTIVES
• Describe how treatment may impact prefrontal and limbic circuitry and may decrease the risk of future structural alterations
• Explain the barriers to accurate diagnosis of patients with bipolar disorder and unipolar depression and list ways to overcome them
• Review existing bipolar disorder diagnostic guidelines and describe how emerging evidence might modify these guidelines so that they more accurately reflect clinical reality
• Discuss the importance of appropriate diagnosis in bipolar disorder patients, especially considering the alarming rate of misdiagnosis
• Evaluate the risks/benefits of therapeutic options for bipolar disorder and consider the possibility of neuroprotection in deciding to initiate treatment
• Detail the clinical implications of early pharmacologic intervention on cognition and course of illness
• Recognize the correlation between early, effective treatment of mood disorders, rates of remission, and subsequent likelihood of relapse and recurrence
• Review pharmacologic therapeutic options for treating bipolar disorder in terms of efficacy and safety profiles and incorporate this information to select patient-specific therapy
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COURSE DIRECTOR

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New York, NY

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Joseph L. Goldberg, MD
Clinical Associate Professor of Psychiatry
Mount Sinai School of Medicine
Norwalk, CT

General Information

LOCATION

NYU Langone Medical Center
Schwartz Lecture Hall, Classroom F
550 First Avenue
New York, NY 10016

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PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.

ONLINE COURSE REGISTRATION PREFERRED

www.med.nyu.edu/courses/cme/bipolar

Applications will be accepted in order of their receipt.

Making Address and Contact Information
Registration Office - NYU Post-Graduate Medical School
P. O. Box 1855, Murray Hill Station
New York, NY 10016
Phone: 212.263.5295  Fax: 212.263.5293

Please Note: We cannot accept telephone registration.

Accreditation Statement - The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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Parking - Parking is available on 29th and 30th Streets between First and Second Avenues, as well as at the Schwartz Health Care Center garage on First Avenue and 30th Street.

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Hotel Accommodations - Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website: www.med.nyu.edu/cme

Refund Policy: An administrative charge of $50 will be assessed for cancellations prior to November 28, 2008. Cancellations must be in writing and postmarked no later than the above date. (Faxes and emails are not accepted.)

Course Cancellation Policy: In the unusual circumstance that this course is cancelled, fees will be refunded, and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

Methods of Payment: Cash and check registration are not accepted; fees must be paid by Visa or MasterCard. Credit card payments may be faxed to (212) 263-5293, or mailed with checks payable to American Express. Amount to be charged: $_____.

Specially REQUIRED for CME CREDIT:

Full Fee - Physicians: $95 Reduced Fee: $75*

*Reduced fee applies to physicians-in-training with letter of certification from Chief of Service; NYU School of Medicine alumni, former residents and fellows; M.D.s employed by Department of Veterans Affairs Medical Center; full-time active military personnel; nurse practitioners and all other non-M.D. healthcare professionals. Eligibility for reduced fee must be indicated below.

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Special needs or requests:

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Online course registration incurs an additional $20 charge and will receive a receipt by email within 1-2 weeks.

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Acute and Maintenance Treatment of Bipolar Disorder: Expert Perspectives — Course #400
Saturday, December 13, 2008
Register online at www.med.nyu.edu/courses/cme/bipolar

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