Course Description

Erectile function is an important quality of life issue for men and their partners. The PDE-5 inhibitor has revolutionized the treatment of ED. Though it simplified the treatment of erectile dysfunction, the primary care provider (PCP) has been, by default, now drawn into the field of sexual medicine, as men and their partners are now bringing to their attention issues of loss of libido, hypogonadism, ejaculatory dysfunction and orgasmic dysfunction. The goals of this course are to educate the PCP in all areas of male sexual health.

Target Audience

Primary care and internal medicine physicians.

Statement of Need

Erectile Dysfunction is highly prevalent, with 50% of men over the age of 40 experiencing some ED. ED has been linked to endothelial disease and may be a predictor of coronary artery disease. As many as 35% of men will never adequately respond to the PDE-5 inhibitors; and as the underlying diseases responsible for erectile dysfunction progress, an increasing number of men are now failing the oral treatments. Non-urologists now account for over 85% of the treaters of Erectile Dysfunction, and as the primary care physician encounters patients who are failing treatment, PCP’s should be able to initiate second line therapy. When the first and second line therapies don’t work, the PCP should be able to counsel his patients on injection therapy and penile prosthesis implantation. Hypogonadism has major health issues for the aging male in addition to sexual dysfunction. There exists an irrational amount of hysteria surrounding testosterone replacement and the risk of prostate cancer that needs to be addressed by the PCP. Ejaculatory Dysfunctions are increasingly discussed between patients and their PCP’s, so the physician should be up-to-date on current treatment options.

Educational Objectives

• Describe the increasing body of evidence linking ED to endothelial disease and the importance of establishing the diagnosis to improve overall health of the patient
• Recognize reasons for initial PDE-5 failure and ways to maximize initial response based on pharmacokinetic properties of different medications, and explain to long-term patients why failure has occurred; and the associated health implications
• Implement intraurethral and injection therapy as second line therapy
• Counsel patients on the newest data on injection therapy and review risks and benefits of contemporary penile prosthesis surgery
• Identify the signs and symptoms of hypogonadism and the risk and benefits of treatment, as well as the evidence-based risk of treating hypogonadism and the risk of prostate cancer
• Describe current and future treatments for premature ejaculation
**Male Sexual Health, Course #382, November 8, 2008**

*Register online at www.med.nyu.edu/courses/cme/malesexualhealth*

(Please do not reduce or enlarge this form)

**PLEASE PRINT ALL INFORMATION CLEARLY IN BLOCK LETTERS AND NUMBERS.**

Name: 
Address: 
City State Zip
Day Phone: 
Cell Phone: 
Email:

**Course Confirmation:** Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed. Make sure your e-mail address is clearly written.

**Full Fee Physicians:** $75

**METHODS OF PAYMENT**

Cash and telephone registration are not accepted.

- [ ] CHECK in U.S. dollars ONLY $__________
- [ ] CREDIT CARD PAYMENT (See below)
- [ ] INTERNATIONAL POSTAL MONEY ORDER

Foreign registrants, including those from Canada, must pay by either International Postal Money order or credit card $__________

MAKE CHECK PAYABLE TO: NYU Post-Graduate Medical School

SEND TO: Registration Department, NYU Post-Graduate Medical School, P.O. Box 1855, Murray Hill Station, New York, NY 10016

**PAYMENT BY CREDIT CARD**

Credit card payments may be faxed to (212) 263-5293.

Amount to be charged: $__________

- [ ] American Express
- [ ] Master Card
- [ ] Visa

Card Member’s Name (Please Print) Expiration date

Signature

In U.S. dollars ONLY

After November 5, 2008 only on-site registration available

**Refund Policy:** An administrative charge of $25 will be assessed for cancellations prior to October 30, 2008. Cancellations must be in writing and postmarked no later than the above date (faxes and emails are not accepted). Cancellations will not be accepted after the above date. Course Cancellation Policy: In the unusual circumstance that this course is cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other travel incurred.

**Special Needs or Requests:** To help fulfill your educational needs, submit a question or topic relating to this course:

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**General Information**

**Location**

NYU School of Medicine
Schwartz Lecture Hall, Classroom F
401 E. 30th Street
New York, NY 10016

NYU School of Medicine is located in a predominantly residential area on the East side of Manhattan.

**PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.**

**Online Registration Preferred**

Applications will be accepted in order of their receipt. Visit our secure website www.med.nyu.edu/courses/cme/malesexualhealth to submit online registration.

**Registration Office**

NYU Post-Graduate Medical School
P. O. Box 1855, Murray Hill Station
New York, NY 10016
Phone: (212) 263-5296 Fax: (212) 263-5305

**Please Note:** We cannot accept telephone registration.

**Accreditation Statement**

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation Statement**

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 7 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance once each day, and (2) access our website.

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**Faculty**

**Course Director**

Andrew McCullough, MD
Associate Professor of Urology
NYU School of Medicine
New York, NY

**Guest Faculty**

James Barada, MD
Director
Albany Center for Sexual Health
Albany, NY

Martin Miner, MD
Clinical Assistant Professor of Medicine
Warren Alpert School of Medicine/Brown University
Co-Director, Men’s Health Center
Maimonides Hospital
Providence, RI

Joseph Alukal, MD
Clinical Assistant Professor of Medicine
Brooke Army Medical Center
Fort Sam Houston
San Antonio, TX

Steven Lamm, MD
Clinical Assistant Professor of Medicine
Brooke Army Medical Center
Fort Sam Houston
San Antonio, TX

Ridwan Shabsigh, MD
Director, Division of Urology
Maimonides Medical Center
Brooklyn, NY

**NYU School of Medicine Faculty**

Joseph Alukal, MD
Assistant Professor of Biology

Herbert Lepor, MD
Professor and Martin Spatz Chairman of Urology

**Second Line Therapy for the Primary Care Provider**

- Intrathreal Alprostadil: Andrew McCullough, MD
- Vacuum Erection Device: James Barada, MD
- Combination Therapy: Joseph Alukal, MD
- Case Presentations and Panel Discussions: Joseph Alukal, MD

**Hypogonadism**

- 1:00 Health Implications of Hypogonadism: Ridwan Shabsigh, MD
- 1:20 Treatment Options: Martin Miner, MD
- 1:40 Do I Need to Worry About Prostate Cancer?: Herbert Lepor, MD

**Ejaculatory and Libido Issues**

- 2:40 Premature Ejaculation: Joseph Alukal, MD
- 3:00 Premature Ejaculation Treatment: James Barada, MD
- 3:20 Delayed or No Ejaculation and Low Libido: Ridwan Shabsigh, MD
- 3:40 Case Presentations and Discussion

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**Adjourn**

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**Coffee Break**