

# PROGRAM SCHEDULE

## Written Question Workshop

NYU School Of Medicine  
Post-Graduate Medical School  
The Department Of Rehabilitation Medicine and  
The Rusk Institute Of Rehabilitation Medicine

**NYU** Langone Medical Center

### 34th Annual Comprehensive Review of

# Physical Medicine And Rehabilitation

Special One Day Course  
March 28, 2009

**Monday - Saturday  
March 23 - March 28, 2009**

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
NEW YORK, NY  
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Langone Medical Center

Post-Graduate Medical School, 550 First Avenue, New York, NY 10016

34th Annual  
Comprehensive Review of

Physical  
Medicine And  
Rehabilitation

Monday – Saturday  
March 23 - March 28, 2009

Visit our website at  
[www.med.nyu.edu/courses/cme/pmr2009](http://www.med.nyu.edu/courses/cme/pmr2009)

The Post-Graduate Medical School of the New York University School of Medicine is committed to improving patient care through continuing medical education

### TARGET AUDIENCE

The above Annual Course responds to the needs of three groups of physicians.  
(1) Resident physicians taking Part I of the written Board Certification Examination  
(2) Young physicians in their first year of practice who need to take Part II of the (Oral) Board Examination: to improve their clinical management skills and thereby improve their performance on this oral examination;  
(3) Physicians in the practice of PM&R who need Continuing Education credits to update their knowledge base in the Specialty and to meet State, Medical Center and Licensure requirements for credits In Continuing Education.

### COURSE DESCRIPTION

This intensive six-day and three-evening review course will examine current practice with emphasis on recent advances in the field of Physical Medicine and Rehabilitation. Ample time will be provided throughout the course for questions. One to one registrant-faculty practice oral examinations will be available for registrants on Tuesday or Thursday evening.

### STATEMENT OF NEED

The goal of this course is to deliver a comprehensive review and update of the field of physical medicine and rehabilitation for candidates taking Part 1 and 2 of the required Board exams and to serve as an update for practitioners.

### EDUCATIONAL OBJECTIVES

- After completing the board review course, you will successfully pass the board review exam.
- Given the review of the topics presented during the review course, you will demonstrate comprehension of topics presented on the board review exam.
- Following this course, participants will gain the skills and knowledge necessary to complete the board review exam. Summarize new concepts presented.
- As a result of studying the materials provided for the exam, you will apply new diagnostic techniques to your clinical practice and perform new procedures when appropriate for your patient.

### EXPECTED OUTCOME

At the conclusion of this program, registrants should have an increased knowledge of the program topics as well as an improvement in their clinical skills.

### Course Director

**Alex Moroz, MD**

Assistant Professor  
Department of Rehabilitation Medicine  
Director of Residency Training and Medical Education  
NYU School of Medicine, New York, NY

### Planning Committee

**Jeffrey Cohen, Steven Flanagan,**

**Patricia Kerman Lerner,**

**Ira Rashbaum, Sandy Subramany**

### Guest Faculty

**Randall L. Braddom, MD**

Clinical Professor  
Robert Wood Johnson Medical School  
New Jersey School of Medicine  
& Dentistry  
New Brunswick, NJ

**Thomas Bryce, MD**

Associate Professor  
Department of Rehabilitation Medicine  
Mount Sinai Medical Center  
New York, NY

**Adrian Cristian, MD**

Chief of Rehabilitation Medicine  
VA New York Harbor  
Health Care System  
Bronx, NY

**Joan E. Edelstein, MA, PT, FISPO**

Special Lecturer  
Columbia University  
New York, NY

**Erwin G. Gonzalez, MD**

Professor Emeritus  
Clinical Rehabilitation Medicine  
Albert Einstein College of Medicine  
Bronx, NY

**Eric Hoffman, CPO**

Technical Lecturer  
Marlboro, NJ

**Behzad Habibi Khameneh, MD**

Neurologist  
Associated Neurologists, PC  
Danbury, CT

**Willibald Nagler, MD**

Internal Medicine Associates of Darien  
Darien, CT

**Audrey Randolph, MD**

Professor of Clinical Rehab Medicine  
New York Medical College  
Vahalla, NY

**Adam B. Stein, MD**

Chairman  
Department of PM&R  
North Shore LIJ  
Great Neck, NY

**Michael Stubblefield, MD**

Assistant Attending Physiatrist  
Department of Neurology  
Rehabilitation Medicine Service  
Memorial Sloan Kettering  
Cancer Center  
New York, NY

**Lyn Weiss, MD**

Chairman  
Department of PM&R  
Nassau University Medical Center  
East Meadow, NY

### NYU School of Medicine Faculty

**Jung H. Ahn, MD**

Clinical Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Jeffrey Cohen, MD**

Clinical Professor  
Of Rehabilitation Medicine  
NYU School of Medicine

**Michal Eisenberg, MD**

Instructor  
Department of Neurology  
& Rehabilitation Medicine  
NYU School of Medicine

**Steven Flanagan, MD**

Professor & Chairman  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Joseph Fetto, MD**

Clinical Associate Professor  
of Orthopedic Surgery  
NYU School of Medicine

**Christopher G. Gharibo, MD**

Assistant Professor  
Director of Pain Medicine  
Anesthesiology ADMIN  
NYU School of Medicine

**Joan T. Gold, MD**

Clinical Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Emile M. Hiesiger, MD**

Clinical Associate Professor  
Department of Neurology and Radiology  
NYU School of Medicine

**Sheila E. Horn, DO**

Clinical Assistant Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Owen P. Kieran, MD**

Clinical Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine  
& Director of PM&R at Bellevue Hospital

**Ilya Kister, MD**

Instructor in Neurology  
NYU School of Medicine  
NYU Hospital for Joint Diseases

**Patricia Kerman Lerner, MA, MD, CCC, BRS-S**

Board Recognized Specialist  
in Swallowing  
Director, Swallowing Disorders Center  
Assistant Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Dong Ma, MD**

Clinical Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Bryan O'Young, MD**

Clinical Associate Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Ira Rashbaum, MD**

Clinical Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

**Keith Raskin, MD**

Clinical Assistant Professor  
of Orthopedic Surgery  
Division of Hand and Microsurgery  
NYU School of Medicine

**Edwin Richter, MD**

Clinical Associate Professor  
NYU School of Medicine  
Program Director  
Department of Rehabilitation Medicine  
Stamford Hospital  
Stamford Ct.

**Leon Rybak, MD**

Assistant Professor of Radiology  
NYU School of Medicine  
Director of Musculoskeletal Imaging  
Fellowship  
Hospital of Joint Diseases  
Department of Radiology

**Martha Taylor Sarno, MA, MD (hon)**

Professor of Rehabilitation Medicine  
Director, Speech-Language  
Pathology Department  
NYU School of Medicine

**Orrin Sherman, MD**

Associate Professor  
Chief of Sports Medicine  
NYU School of Medicine

**Bruce Solitar, MD**

Clinical Assistant Professor  
of Medicine  
NYU School of Medicine

**Jonathan Whiteson, MD**

Assistant Professor  
Department of Rehabilitation Medicine  
NYU School of Medicine

# program schedule

## MONDAY, MARCH 23

7:30	Registration and Continental Breakfast
7:45	Introduction <i>Alex Moroz, MD</i> <i>Steven Flanagan, MD</i>
8:00	Normal Gait <i>Joan E. Edelstein, MA, PT, FISPO</i>
9:00	Lower Extremity Amputation: Early Management <i>Edwin Richter, MD</i>
10:00	Coffee Break
10:15	Lower Limb Prosthetics <i>Joan E. Edelstein, MA, PT, FISPO</i>
12:00	Lunch Break
1:00	Pathological Gait <i>Joan E. Edelstein, MA, PT, FISPO</i>
2:00	Upper Limb Prosthetics <i>Joan E. Edelstein, MA, PT, FISPO</i>
3:00	Coffee Break
3:15	Orthotics <i>Eric Hoffman, CPO</i>
4:15	Energy Expenditure: Able-Bodied & Persons with Disability <i>Erwin G. Gonzalez, MD</i>
6:30	Adjourn

## TUESDAY, MARCH 24

7:30	Continental Breakfast
8:00	Traumatic Brain Injury: Epidemiology, Classification, Early Management <i>Steven Flanagan, MD</i>
9:00	Pharmacological Treatment of Traumatic Brain Injury <i>Steven Flanagan, MD</i>
10:00	Coffee Break
10:15	Rehabilitation of Patients with Stroke <i>Ira Rashbaum, MD</i>
11:30	Lunch Break
1:00	Rehabilitation of Children: Spina Bifida and Cerebral Palsy <i>Joan T. Gold, MD</i>

2:00	Aphasia <i>Martha Taylor Sarno, MD</i>
3:00	Dysphasia <i>Patricia Kerman Lerner, MA, MD, CCC, BRS-S</i>
4:00	Treatment of Spasticity <i>Michal Eisenberg, MD</i>
5:00	Dinner Break
6:00	Oral Exam Techniques (Rusk Institute) <i>Faculty</i>
8:00	Adjourn

## WEDNESDAY, MARCH 25

7:30	Continental Breakfast
8:00	Spinal Cord Rehabilitation <i>Adam Stein, MD</i>
9:00	Spinal Cord Rehabilitation <i>Thomas Bryce, MD</i>
10:00	Coffee Break
10:15	Spinal Cord Rehabilitation <i>Jung Ahn, MD</i>
11:45	Lunch Break
1:00	Rehabilitation of Patients with Multiple Sclerosis <i>Ilya Kister, MD</i>
2:30	Cardiac Rehabilitation <i>Jonathan Whiteson, MD</i>
3:30	Coffee Break
3:45	Pulmonary Rehabilitation <i>Jonathan Whiteson, MD</i>
4:45	Cancer Rehabilitation <i>Michael Stubblefield, MD</i>

6:15	Dinner Break
7:15	Written Questions Work Shop <i>Bryan O'Young, MD</i>
9:00	Adjourn

## THURSDAY, MARCH 26

7:30	Continental Breakfast
8:00	Interventional Pain Procedures: Indication, Complications & Technical Aspects <i>Emile Hiesiger, MD</i>
9:00	Pharmacological Management of Pain <i>Christopher Gharibo, MD</i>
10:30	Coffee Break

10:45	Complex Regional Pain Syndrome <i>Jeffrey Cohen, MD</i>
11:30	Lunch Break
12:30	Geriatric Rehabilitation <i>Adrian Cristian, MD</i>
1:30	Rehabilitation of Patients with Burns <i>Willibald Nagler, MD</i>
2:30	Coffee Break
2:45	Physical Modalities <i>Owen Kieran, MD</i>

4:00	Arthritis: Diagnosis and Medical Management <i>Bruce Solitar, MD</i>
5:00	Dinner Break
6:00	Oral Exam Techniques (Rusk Institute) <i>Faculty</i>
8:00	Adjourn

## FRIDAY, MARCH 27

7:30	Continental Breakfast
8:00	Magnetic Resonance Imaging of The Degenerative Lumbar Spine <i>Leon Rybak, MD</i>
9:00	Imaging of Degenerative Spine Disease <i>Leon Rybak, MD</i>
10:00	Principles in Hand Rehabilitation <i>Keith Raskin, MD</i>
11:00	Joint Replacement & Rehabilitation <i>Joseph Fetto, MD</i>

12:00	Lunch with Dr. Steven Flanagan at Rusk Institute
1:00	Industrial Medicine: Cumulative Trauma Disorders <i>Sheila E. Horn, DO</i>

2:00	Sports Injuries: Management & Exercise Prescription <i>Orrin Sherman, MD</i>
3:00	Coffee Break

3:15	Physiology of Exercise for Strength <i>Randall Braddom, MD</i>
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4:15	Management of Cervical Pain Syndrome <i>Randall Braddom, MD</i>
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5:15	Management of Lumbar Spine Pain Syndromes <i>Randall Braddom, MD</i>
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## SATURDAY, MARCH 28

7:30	Continental Breakfast
8:00	Electrodiagnostic Examination of Myopathies and Motor Neuron Disease <i>Randall Braddom, MD</i>

9:15	Electrodiagnostic Examination of Radiculopathies <i>Randall Braddom, MD</i>
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10:15	Coffee Break
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10:30	H-Reflex and F-Response <i>Randall Braddom, MD</i>
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11:00	Evoked Potentials <i>Behzad Habibi Khameneh, MD</i>
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12:00	Lunch Break
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1:00	Carpal Tunnel Syndrome <i>Dong Ma, MD</i>
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2:00	Peripheral Polyneuropathies <i>Dong Ma, MD</i>
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3:00	Entrapment Syndromes <i>Lyn Weiss, MD</i>
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4:30	Adjourn
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## SPECIAL

### SPECIAL ONE DAY ELECTRODIAGNOSIS PROGRAM

Register for one day only (for those not registered for the full course)

### SATURDAY, MARCH 28, 2009

Full Fee \$160.00 (physicians)  
Reduced Fee \$120.00  
(see registration panel)

CME CREDITS 7 (Category 1)  
To register, complete registration form and check off "One Day Electrodiagnosis"  
(Enclose check or credit card information)

# general information

## Location

NYU School of Medicine, 550 First Avenue (31st St.), New York, NY 10016

Location: Smilow Seminar Room

NYU School of Medicine is located in a predominately residential area on the east side of Manhattan.

PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.

## Enrollment

Enrollment is limited. Applications will be accepted in the order of their receipt. Complete and return registration form **with payment**.

## Online Registration Preferred

Applications will be accepted in order of their receipt. Visit our secure website [www.med.nyu.edu/courses/cme/pmr2009](http://www.med.nyu.edu/courses/cme/pmr2009) to submit online registration.

## Information

Registration Office, NYU Post-Graduate Medical School  
P. O. Box 1855, Murray Hill Station, New York, NY 10016  
Phone: 212-263-5295 Fax: 212-263-5293

Visit our website at: [www.med.nyu.edu/cme/](http://www.med.nyu.edu/cme/)  
Please note: Telephone registration is not accepted.

## Accreditation Statement

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCMME) to provide continuing medical education for physicians.

## Credit Designation Statement

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 55 *AMA PRA Category 1 Credits™* for Course #653. Physicians should only claim credit commensurate with the extent of their participation in the activity.

To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance once each day, and (2) access our website, [www.med.nyu.edu/courses/cme](http://www.med.nyu.edu/courses/cme), and click on the Online Course Evaluator/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

## Electrodiagnosis Program Credit Designation Statement

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 7 *AMA PRA Category 1 Credits™* for Course #653A. Physicians should only claim credit commensurate with the extent of their participation in the activity.

To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance once each day, and (2) access our website, [www.med.nyu.edu/courses/cme](http://www.med.nyu.edu/courses/cme), and click on the Online Course Evaluator/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

## Disclosure Statement

The NYU Post-Graduate Medical School adheres to ACCME Standards regarding industry support of continuing medical education. Disclosure of any commercial relationships as well as off label or investigational use of any drug, device or procedure by the faculty, will be made known at the symposium.

If there is a specific topic or question that would help fulfill your educational needs, please submit it on the registration panel.

## Hotel Accommodations

Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website.

## Parking

Parking is available on 29th & 30th Streets between First and Second Avenues, as well as the Schwartz Health Care garage on First Avenue and 30th Street. PLEASE NOTE: We cannot validate parking for registrants.

## CONFERENCE REGISTRATION FORM

Register online at: [www.med.nyu.edu/courses/cme/pmr2009](http://www.med.nyu.edu/courses/cme/pmr2009)

I AM REGISTERING FOR:

34th Annual COMPREHENSIVE REVIEW OF PHYSICAL MEDICINE & REHABILITATION, #653, March 23 - March 28, 2009

ONE DAY ELECTRODIAGNOSIS PROGRAM, #653A, March 28, 2009  
*PLEASE PRINT CLEARLY*

Name	First	MI	Last		
Address					
City				State	Zip
Day Phone		Fax			

**COURSE CONFIRMATION:** Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed.

On-site registrants will incur an additional \$20 charge and will receive a receipt by email in 1-2 weeks.

**SIX-DAY COURSE**  
Full Fee Physicians: **\$695** Reduced Fee: **\$520**

**ONE-DAY COURSE**  
Full Fee Physicians: **\$160** Reduced Fee: **\$120**

**Reduced fee applies to:** Physicians in training with letter of certification from the Chief of Service; NYU School of Medicine alumni, former residents and fellows; M.D.'s employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; nurse practitioners, and all other non-M.D. healthcare professionals.

Eligibility for reduced fee must be indicated below:

I want the one-on-one registration/faculty practice oral examination

**Refund Policy for the Six-Day Course:** An administrative charge of \$100 will be assessed for cancellations prior to March 10, 2009. Cancellations must be in writing and postmarked no later than the above date, **(faxes are not accepted). Cancellations will not be accepted after the above date.**

**Refund Policy for the One-Day Course:** An administrative charge of \$50 will be assessed for cancellations prior to March 10, 2009. Cancellations must be in writing and postmarked no later than the above date, **(faxes are not accepted). Cancellations will not be accepted after the above date.**

**Course Cancellation Policy:** In the unusual circumstance these courses are cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

## METHODS OF PAYMENT (cash and telephone registration are not accepted)

If faxing, do not mail or refax, this will result in a duplicate charge to your account

Check in U.S. Dollars Only \$ \_\_\_\_\_  Credit Card Payment (see below)  
 International Postal Money Order (Foreign registrants, including those from Canada, must pay by either International Postal Money Order or Credit Card) \$ \_\_\_\_\_

Make check payable to: NYU Post-Graduate Medical School

Send to: Registration Department, NYU Post-Graduate Medical School, Murray Hill Station  
P.O. Box 1855, New York, NY 10016

**PAYMENT BY CREDIT CARD**  
Credit card payments may be faxed to **212-263-5293** Amount to be charged: \$ \_\_\_\_\_  
Card #:

Bill to:  Visa  MasterCard  American Express

Card Member's Name (please print) \_\_\_\_\_

Expiration Date / Signature \_\_\_\_\_

Special Needs or Requests:

To help fulfill your educational needs, submit a question or topic relating to this course:

\_\_\_\_\_

\_\_\_\_\_