Post-Graduate Medical School 550 First Avenue, New York NY 10016

# ONLY NOTICE

FRIDAY, OCTOBER 23, 2009

32nd Annual Tristate Trauma Symposium

NYU HOSPITAL FOR JOINT DISEASES LOEB AUDITORIUM

Register online at: www.med.nyu.edu/courses/cme/trauma

## 32nd Annual

# Tristate Trauma Symposium

In Memoriam Howard Rosen

### Friday, October 23, 2009

Loeb Auditorium NYU Hospital for Joint Diseases 301 East 17th Street New York, NY



#### NYU HOSPITAL FOR JOINT DISEASES DEPARTMENT OF ORTHOPAEDIC SURGERY

SPONSORED BY THE NYU POST-GRADUATE MEDICAL SCHOOL The Post-Graduate Medical School of the New York University School of Medicine is committed to improving patient care through continuing medical education.

#### TARGET AUDIENCE

Orthopaedic surgeons and allied healthcare professionals.

#### **COURSE DESCRIPTION**

The 32nd Annual Howard Rosen Memorial Tri-State Trauma Symposium is a day-long event aimed at informing orthopaedic trauma surgeons around the Tri-State area about the newest innovations, treatment modalities, and practice guidelines. Because constant improvements are made in orthopaedic technology that require training and knowledge updates, this course will keep its attendees abreast of the important diagnostic and therapeutic advancements that have emerged in the recent orthopaedic literature. Also, this course will assist the orthopaedic trauma surgeon in devising a patient-specific treatment plan that will allow for optimal clinical and functional results. Finally, this course will highlight recent government legislation and its impact on practicing orthopaedic trauma surgeons.

#### STATEMENT OF NEED

Orthopaedic surgeons need to know the risk factors, including patientspecific factors for the treatment of the polytrauma patient in regards to damage control versus early total care. Specifically, further information is needed to determine the ideal patient population for each of these treatment modalities. As the concepts and applications of damage control and early total care are continuing to evolve, orthopaedic surgeons must continue to analyze and debate what constitutes "best practice" in order to determine what patient-specific factors correlate with better patient outcomes. In addition practicing orthopedic surgeons need to know whether there are certain fractures and fracture patterns that are best treated operatively versus non-operatively. The results of recent orthopaedic studies have provided evidence that certain fractures that were originally believed to be treated optimally with non-operative treatment have better results with operative management and vice versa. Orthopaedic surgeons must continue to be informed about the most recent literature and evaluate the merits of these studies as orthopaedic surgery continues to evolve.

Additionally new techniques and orthopaedic implants have become available for use by orthopaedic surgeons. There is thought to be a trend for orthopaedic surgeons to be slow in incorporating new techniques into their armamentarium as they rely on the techniques they learned in residency. It is important to demystify the newest advances as they tend to produce better results for patients. The newest innovations in orthopaedic trauma, such as the use of locked versus non-locked plates in both young patients and patients with osteoporosis; the use of bone morphogenic proteins in acute fracture management; and the use of reamed versus un-reamed intramedullary nails in the treatment of tibia fractures should be incorporated into practice now as study results are known. Finally, there is an increased need for trauma surgeons to take over-night emergency room call at tertiary care centers. A review of the skill sets necessary to enable orthopaedic surgeons who are on-call to "get through the night easily" is essential, and the impact of recent government legislation for orthopaedic surgeons taking overnight call should be discussed as well.

#### EDUCATIONAL OBJECTIVES

- Devise a strategy to recognize and identity which patient factors/patient profile/risk factors correlate with better outcomes in early total care versus damage control.
- Evaluate operative versus non-operative options for various fractures and fracture patterns, and select treatment based on best available data on techniques and orthopaedic implants.
- Incorporate and apply the newest technologies and advancements in orthodpaedic surgeries, including locked versus non-locked plates, BMP, and reamed versus unreamed IM nailing of tibia fractures.
- Describe the implications of new governmental legislation on overnight orthopaedic call and how it will impact clinical practice and devise an algorithm for best management of trauma patients that present to tertiary care centers.

#### PROGRAM

- 7:00am **Registration and Continental Breakfast**
- 7:30 Welcome from the Chairman Roy I. Davidovitch, MD
- 7:35 Welcome from the President of the American Academy of Orthopaedic Surgeons, and Chairman, Department of Orthopaedics, NYU Hospital for Joint Diseases Joseph D. Zuckerman, MD
- 7:40 4-Part Proximal Humerus Fractures: Hemiarthroplasty VS. Reverse Shoulder Replacement Joseph D. Zuckerman, MD
- 8:00 Pediatric Femur Fractures: Evolution to Current Management Strategy David Scher, MD
- 8:20 **Retrograde Femoral Nail for Open Femur Fractures** Mitchel Harris, MD
- 8:40 Acute Management of the Mangled Extremity Kevin Riche, MD
- 9:00 **Total Hip Arthroplasty for Femoral Neck Fractures** Roy I. Davidovitch, MD
- 9:30 **Coffee Break**
- 9:45 Anticoagulation in the Trauma Patient: From Aspirin to Filters. Update on Current Recommendations David J. Steiger, MD
- 10:00 **Diagnosis and Treatment of Long Bone Non-Unions** Kenneth Egol, MD
- 10:20 Proximal Tibia Fractures: Techniques for Nailing VS. Plating Nirmal Teiwani, MD
- Monteggia Fractures-Decision Making & Surgical Techniques 10:40 Nader Paksima, DO, MPH
- 11:00 Treatment of Acute Acromioclavicular Joint Injuries William Levine, MD
- 11:20 Anatomy: Anterolateral Approach to the Distal Tibia Kenneth Egol, MD
- 11:40 Anatomy: 2 Incision and 1 Incision Technique for Compartment Release In the Leg Kenneth Egol, MD
- Lunch Break Panel: Complex Cases 12:00pm
- Mini-Symposium: 1:00 Surgical Site Infections in the Fracture Patient: What to Do? Moderator: Kenneth Egol, MD Panel: Francis R. Pelham, MD; Toni M. McLaurin, MD; Brent R. Wise, MD; Mitchel Harris, MD
- 2:00 Coffee Break
- 2:15 Case Controversies : Hip Fractures in the Young Adult: Emergency or Urgency Nirmal Tejwani, MD VS. Michael Sirkin, MD
- Reamed vs. Unreamed Nailing for Tibial Shaft Fractures 2:45 Matthew Bong, MD VS. Erik N. Kubiak, MD
- **Distal Femur Fractures: Plate VS. Nail** 3:15 Edward Yang, MD VS. Toni M. McLaurin, MD
- Midshaft Clavicle Fractures: ORIF VS. Closed Treatment 3:45 William Levine, MD VS. Young Kwon, MD
- 4:15 **Closing Remarks**
- 4:30 Adjourn

#### GENERAL INFORMATION & FACULTY 32nd TRISTATE TRAUMA SYMPOSIUM #441

#### LOCATION

NYU Hospital For Joint Diseases Loeb Auditorium 301 East 17th Street New York, NY

#### **ONLINE REGISTRATION PREFERRED**

Applications will be accepted in order of their receipt. Visit our secure website at www.med.nyu.edu/courses/cme/trauma

#### to submit online registration.

#### **INFORMATION**

**Registration Office** NYU Post-Graduate Medical School P.O. Box 1855 Murray Hill Station New York, NY 10016 Phone: 212-263-5295 Fax: 212-263-5293

Please note: We cannot accept telephone registration. Visit our website at www.med.nyu.edu/cme

#### **ACCREDITATION STATEMENT**

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### CREDIT DESIGNATION STATEMENT

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 8.25 AMA PRA Category 1 Credits<sup>TM</sup> Physicians should only claim credit commensurate with the extent of their participation in the activity.

To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance once each day, and (2) access our website, www.med.nyu.edu/cme, and click on the Online Course Evaluator/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

#### **DISCLOSURE STATEMENT**

The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and Policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

#### HOTEL ACCOMODATIONS

Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website.

Street parking in Manhattan is very limited. There are many parking garages located in the vicinity of the hotels and NYU Medical Center. Most garages have Early Bird Specials (enter garage between 6-10 a.m. for 12 hours of parking) for rates of \$12-18. Day Specials (park for 12 hours) are typically priced \$15-22.

> If there is a specific topic or auestion relating to this course that would help fulfill your educational needs, please submit it on the registration panel.

#### FACULTY

PARKING

Chair: Roy I. Davidovitch, MD NYU School of Medicine NYU Hospital for Joint Diseases

> Chair: Kenneth Egol, MD NYU School of Medicine NYU Hospital for Joint Diseases

Mitchel Harris, MD Harvard Medical School Brigham & Women's Hospital

Matthew Bong, MD Orthopaedic Association of Wisconsin

> Erik N. Kubiak, MD University of Utah School of Medicine Young W. Kwon, MD NYU School of Medicine NYU Hospital for Joint Diseases

William Levine, MD Columbia University Medical Center Toni M. McLaurin, MD NYU School of Medicine

> Kevin Riche, MD LSU Orthopaedics

NYU School of Medicine

NYU School of Medicine

Weill Cornell Medical College

University of Medicine and Dentistry of NJ

NYU School of Medicine Nirmal Teiwani, MD

Brent R. Wise, MD

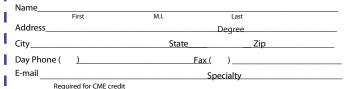
Edward Yang, MD

Joseph D. Zuckerman, MD

#### NYU Hospital For Joint Diseases, 301 East 17th Street, NY • October 23, 2009 Please do not reduce or enlarge this form.

Register online at www.med.nyu.edu/courses/cme/trauma On-site registrants will incur an additional \$20 charge and will receive a receipt by email in 1-2 weeks. After October 20th, only on-site registration available.

#### CLEARLY PRINT IN BLOCK LETTERS AND NUMBERS



Please supply your email address to receive a confirmation letter. Written confirmation will not be mailed.

#### COURSE FEES: FULL FEE PHYSICIANS: \$150.00 REDUCED FEE: \$100.00\*

\*Reduced fee applies to physicians-in-training with letter of certification from the Chief of Service: NYU School of Medicine alumni, former residents and fellows; M.D.'s employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; nurse practitioners; and all other non-M.D. healthcare professionals

Eligibility for reduced fee must be indicated below:

**REFUND POLICY:** An administrative charge of 30% of your tuition payment will be assessed for cancellations prior to October 9, 2009. Cancellations must be in writing and postmarked no later than the above date. (faxes and emails are not accepted). Cancellations will not be accepted after the above date.

METHOD OF PAYMENT: (cash and phone registration are not accepted) If faxing, do not mail or refax, this will only result in a duplicate charge to your account.

- □ Check in U.S. Dollars only \$
- Credit Card Payment (see below)
- International Postal Money Order (Foreign registrants, including those from Canada, must pay by International Postal Money Order or credit card): \$

(Please print)

#### **PAYMENT BY CREDIT CARD:**

Credit card payments may be faxed to (212) 263-5293.

Amount to be charged \$

Bill To: Visa MasterCard American Express

Credit Card Number

Card Member's Name

Nader Paksima, DO, MPH

Francis R. Pelham, MD

David Scher, MD

Michael Sirkin, MD

David J. Steiger, MD

NYU School of Medicine NYU Hospital for Joint Diseases

NYU School of Medicine

Mount Sinai School of Medicine

NYU School of Medicine NYU Hospital for Joint Diseases

Expiration Date **MAKE CHECK PAYABLE TO:** 

NYU Post-Graduate Medical School

#### SEND TO:

Signature

Registration Office NYU Post-Graduate Medical School P.O. Box 1855, Murray Hill Station New York, N.Y. 10016

To help fulfill your continuing education needs, submit a question or topic relating to this course:

5 Special needs or requests: