

The Third Annual

LATINO MENTAL HEALTH CONFERENCE

**Meeting the Mental Health Needs of the
Latino Families & Communities**

OCTOBER 30–31, 2009

Friday 10/30: 4–8:30pm

Saturday 10/31: 8–6pm

**NYU Langone Medical Center
Farkas Auditorium
550 First Avenue at 31st Street
New York, NY 10016**

NYU School of Medicine is located in a predominantly residential area on the East side of Manhattan. Photo identification is required to enter the medical center.



Jointly Sponsored by:

NYU Langone Medical Center

NYU Post-Graduate Medical School, the NYU School of Medicine Department of Psychiatry, Bellevue Hospital Center, World Psychiatric Association, American Public Health Association, New York State Assembly Committee on Addictions and Gambling, New York State Assembly Mental Health Committee, New York State Office of Mental Health, New York City Department of Health and Mental Hygiene, American Association for Psychosocial Rehabilitation,

World Federation on Mental Health, National Alliance on Mental Illness, National Society of Hispanic Psychiatry, the Hispanic Federation Mental Health Consortium, the Association of Hispanic Mental Health Professionals of New York, National Latino Behavioral Health Association, the NYU Institute of Community Health and Research, and the New York State Office of Mental Health Nathan Kline Institute Center of Excellence in Cultural Competence

Online Registration Preferred:

Applications will be accepted in order of their receipt.

Visit our secure website www.med.nyu.edu/courses/cme/latinomentalhealth2009 to submit online registration.

Statement of Need/Course Description

For the past two years, a conference fully dedicated to address the serious mental health disparities affecting the New York State Latino Community has been held at NYU Langone Medical Center. The first two NYU SoM Latino Mental Health Conference brought together health and mental health care professionals from local, national and international arenas including clinicians, academics, public health specialists, students, and administrators, as well as legislators and community leaders and advocates. The conferences not only served as a forum for the exchange of information, data, and ideas, but also to invigorate the Latino healthcare provider community—locally, nationally and internationally—and to stimulate the creation of highly successful projects.

The third annual Latino Mental Health Conference will have an International reach and will include an impressive roster of physicians, health care experts, historians, researchers, media professionals, educators and community advocates who will host lectures on topics such as access, prevention, cultural competency, suicide, education, community empowerment, immigrant health, and wellness in the Latino community. This year's program will focus on the epidemiology of mental illness, evidence-based outcomes, and clinically applicable algorithms, including an in-depth look at the current literature on new patterns of depression in Latino population and cultural competence on Psychiatric Rehabilitation and Recovery among Latinos/as. Participants will include students of medicine, psychology, social work, nursing, physicians, residents, psychiatrists, psychologists, social workers, nurses, peers, consumers, family members, non-profit and other community-based organizations, community leaders, advocates, and others interested in Latino Mental Health. In addition to lectures by experts, workshops and abstracts will be presented by students, educators, advocates, community and faith-based organizations, health and social services professionals, and researchers that focus on mental health disparities and on Latino Mental Health throughout the life cycle. Abstracts that are selected will be featured during the Conference and will appear in the Conference syllabus.

Target Audience

Students of medicine, psychology, social work, nursing, physicians, residents, psychiatrists, psychologists, social workers, nurses, peers, consumers, family members, non for profits and other community based organizations, community leaders and others interested in Latino Mental Health

Learning Objectives

- Describe the prevalence of mental illness within the Latino community and create strategies to address the distinct mental health issues disproportionately affecting Latinos, including at-tempted suicide, substance abuse and adherence to treatment
- List the causes for health disparities and strategies to fine tune current treatment programs to address these issues
- Recognize risk factors for suicide ideas and acts in Latino populations as well as recovery patterns for Hispanics suffering from schizophrenia and severe bipolar disorder
- Describe the prevalence and impact of somatization on the Latino population, incorporate strategies to screen for depression and anxiety in patients who present with physical symptoms, as well as list novel psychopharmacology treatment options
- Modify the recovery model so that it can be applied to Latino patients
- Incorporate current research on determining factors affecting psychological health that vary by population, such as genetics, molecular biology, and metabolism into psychopharmacological decision-making
- Apply current research on differential effectiveness of medication, efficacy, and evidence of psychological disorders in different populations to fine tune treatment of disorders

Workshop Topics Include

- From Epidemiology to Policy
- Addiction in the Latino Community: Addressing System Insufficiencies
- Translating Research into Action
- Depression and Suicide in the Latino Community
- Training in Cultural Competence in Latino Mental Health
- Health–Mental Health Integration in Latino Populations
- Rehabilitation and Recovery for Latinos Affected by Mental Illness
- Justice System and the Latino Community
- Pediatric Mental Health

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of NYU Post-Graduate Medical School, the NYU School of Medicine Department of Psychiatry, Bellevue Hospital Center, World Psychiatric Association, American Public Health Association, New York State Assembly Committee on Addictions and Gambling, New York State Assembly Mental Health Committee, New York State Office of Mental Health, New York City Department of Health and Mental Hygiene, American Association for Psychosocial Rehabilitation, World Federation on Mental Health, National Alliance on Mental Illness, National Society of Hispanic Psychiatry, the Hispanic Federation Mental Health Consortium, the Association of Hispanic Mental Health Professionals of New York, the NYU Institute of Community Health and Research, National Latino Behavioral Health Association, and the New York State Office of Mental Health Nathan Kline Institute Center of Excellence in Cultural Competence. NYU Post-Graduate Medical

School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 8.75 *AMA PRA Category 1 Credits*™. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Disclosure Statement

The NYU Post-Graduate Medical School adheres to ACCME Essential Areas and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

COURSE REGISTRATION FORM

Limited Space Available
Pre-Registration Required

Latino Mental Health Conference • Pre-Registration by October 27, 2009 required

Please do not reduce or enlarge this form. • PLEASE PRINT CLEARLY IN BLOCK LETTERS AND NUMBERS

NAME _____
FIRST M.I. LAST

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DAY PHONE () _____ FAX () _____

EMAIL _____

DEGREE _____ SPECIALTY _____

Register Online at www.med.nyu.edu/courses/cme/latinomentalhealth2009

Course Confirmation: Please supply your e-mail address to receive a confirmation letter.

Written confirmation *will not* be mailed.

Special Needs or Requests _____

To help fulfill your educational needs, submit a question or topic relating to this course: _____

As a voluntary disclosure in order to track participation of all stake holders, please check all boxes that apply.

Language barrier Consumer Family member

Send to:

Registration Department
NYU Post-Graduate Medical School
P.O. Box 1855, Murray Hill Station
New York, NY 10016

Online Registration Preferred:

www.med.nyu.edu/courses/cme/latinomentalhealth2009

Registration Office: NYU Post-Graduate Medical School • P.O. Box 1855, Murray Hill Station • New York, NY 10016
Phone: 212-263-5295 • Fax: 212-263-5293 • *Please note we cannot accept telephone registration.

Antonio A. Abad, MD

Conference Director
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NYC Health and Hospitals Corporation
NYU School of Medicine

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Manuel Trujillo, MD

Conference CME Program Director
Director, Program in Public and Global Psychiatry
Professor of Psychiatry
NYU School of Medicine

Register Online at:

www.med.nyu.edu/courses/cme/latinomentalhealth2009

Submit abstracts by September 3rd to abstracts09lmhc@nyumc.org



Langone Medical Center

Post Graduate Medical School
550 First Avenue
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