Costa Rica

Costa Rica has more ecological preservation, sightseeing and recreational activities per square mile than any other country in the world. More than a quarter of the country is dedicated to national parks and wildlife preserves, while tropical rain forests, active volcanoes, miles of unspoiled beaches, and climatic zones provide visitors with an incredible travel experience. Temperature is an average 80° year round.

Land Arrangements

Price per Person:

- $1,435.00 ...................... Sharing a Double
- $1,180.00 ...................... Sharing a Triple
- $2,210.00 ...................... Single Occupancy

Price Includes:

- Meet and greet on arrival in San Jose at the airport on Saturday, January 29
- Transfer to the hotel (approximately 2 hour drive) via air-conditioned vehicles.
- 6 Nights Deluxe Mountain View accommodations at the Los Sueños Marriott Resort.
- Full American breakfast each morning.
- Welcome Cocktail Reception, Sunday, January 30
- Farewell Fiesta Party, Thursday, February 3 – Traditional Costa Rican buffet, refreshments, and entertainment.
- Morning departure, Friday, February 4 – (For those not participating in the Post Extension to Arenal) Transportation provided from Los Sueños Marriott to San Jose International Airport for return flights to the US.
- All Porterage, Bellman, Housekeeping and Pool Attendant Gratuities.
- Travel director in attendance throughout the program.
- All applicable taxes and service charges.

Not Included

- Meals not mentioned above or personal incidentals.
- Children under 12, sharing room with parents @ $485.00, maximum 2 children.

NOTE: A limited number of Ocean View and Premier Ocean View rooms are available at Los Sueños. If you wish to GUARANTEE either of these accommodations, the additional cost PER ROOM for 6 nights including tax and services is: Ocean View—$380 single/double and $447 Triple; Premier Ocean View—$730 single/double and $798 Triple. Please indicate your preference on the enclosed Reservation Form. A deposit of $400 per person is required at the time reservations are made. Payment in full is due by December 7, 2004.

Extending Your Stay at Los Sueños

If you prefer to extend your stay at Los Sueños you may do so at the following rate (Single or double occupancy, including breakfast, gratuities and taxes): Mountain View @ $280; Ocean View @ $315; and Premier Ocean View @ $375. Public rates are: Mountain View @ $390; Ocean View @ $425; Premier Ocean View @ $483. Rooms are limited and subject to availability. Plans should be made well in advance.
Optional Activities

Monday • January 31, 2005

**Canopy Experience**
2:30 to 5:30pm • $95 per person.

An unparalleled trip that starts with an energizing hike through primary forest to a location high in the trees. Soar over the treetops, looking down and above at some of the most glorious vistas in the world—while communing with the animal life surrounding you. Bring your camera and your sunscreen! Includes round trip transportation. (Minors under 15 not permitted.) Minimum: 8 persons.

**Sunset River Cruise**
3:00 to 8:00pm • $62 per person

Enjoy the sunset while admiring unique nature. Arrange at the mouth of the Tarcoles River, an area considered by bird watchers as one of the richest sites in the country. After a short walk through the mangroves, board a covered boat that will take you on a splendid 2-hour river adventure. The highlight of the cruise is the colony of crocodiles that can be seen during the river ride. Bring your camera, insect repellent and sunscreen. Includes: round trip transportation, fresh fruit and refreshments before and after the boat ride. Minimum: 8 persons.

Monday • January 31, 2005

Tuesday • February 1, 2005

**Outrigger Canoeing**
2:00 to 6:00pm • $98 per person

Experience the beautiful seascape with lots of exercise. It’s like rafting on the ocean! Paddle with your guide and colleagues from the Agujas River mouth until you reach the calm waters of Leona Bay. Glide past spectacular cliffs filled with frigate birds and pelicans, land on secluded beaches where you can snorkel on the pacific coast of Costa Rica. Bring sunscreen and a towel. Includes: round trip transportation, coast guard equipped outrigger canoes, guide in each canoe, snorkeling equipment, fresh fruit and refreshments. Minimum 8 persons.

Wednesday • February 2, 2005

(Free Day – No Conference)

Rainmaker Reserve and Manuel Antonio National Park
7:30am to 5:00pm • $160 per person

Experience the true splendor of the primary rain forest. Pristine waterfalls, rare dart frogs, and brilliant blue monarch butterflies are just examples of the wonders you may see along a two hour walk through the tropical forest. At the top of the trail, enjoy an exhilarating plunge into a crystal clear waterfall pool. Lunch will follow at El Parador. Continue on to Manuel Antonio National Park. Famous for its unforgettable coastal scenery and its luxuriant forests, the Park offers visitors an array of diversions. The Park is one of the country’s most beautiful and popular protected areas, comprising several beaches, mangroves and coastal rain forest that are home for troops of curious monkeys, colorful land crabs, lazy inguanas, and a wealth of bird life. Bring a camera, insect repellent, sunscreen, swimsuit and towel. Includes: round trip transportation, entrance fees, tour guides, and lunch. Minimum 8 persons.

Pacific Island Cruise
8:45am to 4:45pm • $125 per person

Enjoy the sun where green mountains, white sand beach and blue tropical waters come together. Add gourmet cuisine and cocktails and you have a Pacific paradise at its ultimate! Glide through the calm waters of the Gulf of Nicoya, past the biological reserve islands of Guayabo and Negritos. On your way to Tortuga Island enjoy the passing scenery, watch for sea turtles and porpoises and relax on deck. Once on Tortuga, swim in the crystal clear waters, snorkel among exotic fish, hike in the island’s tropical dry forest or just relax on a hammock under towering palms and lush almond trees. Bring a towel. Includes: round trip transportation, tour guide, welcome refreshment, light snacks on board, lunch on the beach, fruit and natural drinks, snorkel equipment and live music. Alcohol and bottled water not included. Minimum 30 persons.

Thursday • February 3, 2005

**Sky Walk in the Forest**
1:30 to 6:00pm • $67 per person

A rare privilege to enjoy the perspective of birds and animals living in the treetops. More than 120 species of birds have been identified as well as mammals like the Kinkajou, Agoutis, Coatis, Howler Monkeys and more. The one and a half hour walk downhill is mild to moderate, and provides breathtaking views of the ocean and coastline, as well as vegetation and waterways. Minimum 8 persons

**NOTE:** Gratuities to guides are not included in tour prices and are at the discretion of the individual for exceptional service.