

# Imaging Essentials on St. John Overview & General Information

## Imaging Essentials: From the Head to the Toe

St. John, U.S.V.I.  
February 13–17, 2006

### Participating Faculty

#### Course Director

**Michael Macari, M.D.**

#### NYU Faculty

**Meng Law, M.D., F.R.A.C.R.**  
Assistant Professor of Radiology

**Vivian S. Lee, M.D., Ph.D.**  
Professor of Radiology  
Vice Chair, Research

**Michael Macari, M.D.**  
Associate Professor of Radiology  
Chief, Abdominal Imaging

**Leon D. Rybak, M.D.**  
Assistant Professor of Radiology

**Bachir Taouli, M.D.**  
Assistant Professor of Radiology

#### Guest Faculty

**James F. Gruden, M.D.**  
Department of Radiology  
Mayo Clinic, Arizona

*The Post-Graduate Medical School of the New York University School of Medicine is committed to improving patient care through continuing medical education.*

### Statement of Need

There are many recent technological advances in imaging techniques which can be applied in current clinical practice. Maintenance of certification requires continued review of essential imaging techniques in all areas of radiology, including body, thoracic, musculoskeletal and neuroradiology.

### Target Audience

Clinical radiologists in academics or private practice.

### Description

This four-day course is intended to provide an overview of current state of the art imaging techniques that can be applied to a variety of practical clinical situations. The course will focus on MDCT and MR imaging and will cover topics related to abdominal, cardiac, musculoskeletal, neuro, and thoracic imaging.

In addition to being a practical review of common clinical scenarios, the course will focus on many new and exciting developments in the field of diagnostic imaging including; non-invasive cardiac, utilization of high field MR imaging and spectroscopy as it relates to both neuro and body imaging, and CT colonography. The course is designed to promote audience participation and there is substantial time allotted for discussion and questions related to these imaging issues.

### Educational Objectives

1. Using advances in imaging techniques, you will more effectively recognize common imaging pitfalls as they relate to body, musculoskeletal and neuro imaging standards.
2. Using up-to-date imaging protocols when examining the abdominal region, you will more accurately identify imaging findings that narrow the differential diagnosis of the abnormal small bowel, cystic pancreatic lesions, renal masses, and interstitial lung disease.
3. In patients presenting with acute trauma to the abdomen, you will more effectively assess focal and diffuse liver diseases, and the biliary tree, based on advanced imaging techniques.
4. According to current MR imaging protocols, when evaluating disorders of the musculoskeletal regions, including the extremities, spine, ankle and elbow, you will improve your ability to distinguish findings.

5. Given neurological entities involving white matter, CNS neoplasms, and stroke, you will compare and contrast the role of parallel imaging and high field strength MR imaging based on state-of-the-art imaging techniques.

### Accreditation Statement

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation Statement

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 20 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she spent in the activity.

### Disclosure Statement

The NYU Post-Graduate Medical School adheres to ACCME Essential Areas and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of off-label or investigational use of any drug, device or procedure by the faculty is listed at the symposium.

### Registration Information

The tuition for this four-day course is **\$875; \$595** for residents/fellows/retirees, NYU alumni, V.A. employees, Canadians and physicians who do not permanently reside in the U.S. On-line registration is the fastest and easiest way to enroll. Fees include course materials, breakfast and breaks for registrants, a welcome reception for the entire family, and course materials. Please be sure to provide your email address for a confirmation/receipt when registering.

### Cancellations

If you need to cancel your enrollment, you will need to provide written notification and if this is made 30 or more days in advance, a \$75 service charge will apply. For last-minute cancellations less than 30 days in advance, a \$150 service charge will apply.



# Imaging Essentials

## Travel Information



### Special Needs

The Post-Graduate Medical School of the New York University School of Medicine, in compliance with the legal requirements of the Americans with Disabilities Act, requests any participant of this CME course who is in need of accommodation to submit written requests to our office at least one month prior to the course date.

### Dietary Restrictions

Please indicate any dietary restrictions on the registration form or when you register on-line.

### Special Topics/Questions

If there is a specific topic or question that would help fulfill your educational needs, please submit it on the registration form or on-line form.



### St. John

The smallest of the three U.S. Virgin Islands, St. John is nine miles by five miles, with more than half this area preserved as a national park. Most of the island remains untouched; in fact, it appears much as it did when Columbus and his crew first sighted it 500 years ago.

### Westin Resort – St. John

We hope that you will join us at the Four Star Westin Resort St. John, which overlooks the clear blue waters of Great Cruz Bay and is surrounded by 34 manicured acres of tropical gardens. Amenities include four-star restaurants, 1200 feet of white sand beach, fresh water swimming pool, fitness center with health spa, lighted tennis courts, water sports and the Westin Kids Club. In addition, it's only a 5-minute drive from Cruz Bay with all of its diverse restaurants and shops.

Guests are greeted at the Westin desk at the St. Thomas Airport. After checking-in, you will be transferred to the pier to board the Westin's private ferry for a scenic 30-40 minute ride to the Westin Resort dock. Upon arrival, you are greeted with a refreshment and chilled towels, and escorted to your room. Round trip transfer cost is \$75 per adult and \$55 per child age 4-12, including bellman gratuities, and will be billed directly to your room.

The following special room rates have been confirmed for NYU attendees and

guests and are available only through Travel Planners, Inc.:

	Group Rate	Public Rate
Hillside Garden View	<b>\$395</b>	\$719
Hillside Ocean View	<b>\$450</b>	\$849
Pool View	<b>\$480</b>	\$779
Beach Front*	<b>\$605</b>	\$929

\*Limited number of rooms available.

Above rates are effective for arrival on Saturday, February 11 through departure on Monday, February 20, 2006. Extended stays are subject to availability. Rates are single or double occupancy, plus tax (currently 8%), and \$20.50 per room per night Resort Fee\*. Children under 18 stay free with parents/guardians using existing bedding. Additional \$45 per person plus tax and fees will be charged for a third/fourth adult sharing room. Maximum of four (4) persons per room. The resort also has a limited number of suites and villas: subject to availability at the time requested. A deposit of 2 nights is required to confirm reservations. If providing a credit card, the hotel will charge the deposit approximately 30 days prior to arrival.

\*Resort Fee includes: use of floats, non-motorized water sports, use of beach chairs and umbrellas, in-room Starbucks coffee, in-room safety deposit box, local paper daily, housekeeping gratuities, on-site entertainment and activities, use of the Fitness Center, day and night use of tennis courts, and on-property transportation.



# on St. John

## Optional Activities

**Monday, February 13, 2006**

### Tour of St. John with Lunch

1:30–5:00pm • \$69 per person

Travel aboard an open-air safari bus to Coral Bay, the first settlement on St. John, for lunch at “Shipwreck Landing.” Continue on to the historic Danish sugar plantation of Annenberg with a stop to tour the ruins and a spectacular view of the surrounding islands. Travel along the North Shore Road with several photo opportunities including Trunk Bay, one of the world’s most beautiful beaches according to National Geographic, Hawks Nest Bay and Caneel Bay. Includes: Driver/Guide, lunch and one beverage of choice, entry fees and gratuities.

Minimum 24 persons.

**Tuesday, February 14, 2006**

### Leinster Bay Seashore Walk

8:00–11:00am • \$75 per person

Start with a seashore walk to Leinster Bay. Take a short climb up to Windy Hill for a panoramic view of Sir Francis Drake Channel. Learn about the 1733 slave revolt and the rich history of St. John. Swim and snorkel at Leinster Bay. Bring your camera, snorkel gear and a towel. Includes: round trip transportation, snorkel equipment, 1 bottle of water, snack and guide.

Minimum 8 persons.



### Tennis Tournament

2:30–4:30pm

Please indicate on the reservation form if you would like to participate. There is no cost to participate in this event.

### Sunset Cruise

5:00–6:30pm

\$75 per adult; \$36 per child under 12

Join your colleagues for a scenic charter cruise in Pillsbury Sound on board the catamaran, “Island Spirit,” while enjoying the glorious sunset over St. Thomas. Includes: Hosted bar, snacks, captain and crew gratuities.

Minimum 25 adults.

**Wednesday, February 15, 2006**

### Full Day Cruise to Virgin Gorda and the Baths

8:00am–4:00pm

\$160 per adult; \$85 per child under 12

Cruise down to the Sir Francis Drake Passage and step back in time on British Virgin Gorda where you board a surrey bus for the short ride to “The Baths.” Here, large granite boulders, believed to have come from the volcano, form a maze leading down to and along the shoreline. Inside are cathedral ceilings and grottos with crystal clear, white sand tidal pools that create an unforgettable setting. Time for swimming before departing to Norman Island, famous as the place Robert Louis Stevenson had in mind when he wrote *Treasure Island*. Enjoy snorkeling in the caves, a truly memorable experience. Good physical conditioning is required and shoes suitable for rock climbing are recommended. Includes: Continental breakfast, lunch, hosted bar, snorkel equipment, towels, Customs Fees, captain and crew gratuities. **Proof of Citizenship is required.**

Minimum 20 adults.

### St. John Eco Hike – Lindo Point Trail

8:00am–11:00am • \$75 per person

The past and the present, above and below the water’s edge. See, smell, touch and swim in a natural environment. Stop along the way to learn about the abundant plant life. The hike continues to one of the most beautiful beaches in the world, Honey-moon beach. Dive into the pristine waters



and swim or snorkel, weather permitting. After swimming, visit Caneel Bay Resort and a tour of its sugar mill ruins before returning to the Westin. Bring your camera, snorkel gear and a towel. Includes: round trip transportation, snorkel equipment, 1 bottle of water, snack and guide.

Minimum 8 persons.

### Half Day Snorkel Sail with Lunch

1:30–5:00pm

\$80 per adult; \$45 per child under 12

Set sail to one of several snorkeling spots and secluded pristine beaches where you will enjoy some of the best viewing of tropical fish, turtles, coral and more. Professional staff will be on hand to outfit you with snorkel gear and provide instruction if needed. Includes: Deli-style lunch on board, snorkel gear, refreshments, towels, captain and crew gratuities.

Minimum 10 adults.

**Thursday, February 15, 2006**

### Half Day Snorkel Sail with Lunch

1:30–5:00pm

\$80 per adult; \$45 per child under 12

See description under Wednesday’s activities.

Minimum 10 adults.

**Additional activities such as scuba diving, golf on St. Thomas, sailing, and more can be booked while on site.**

# Travel Information **Imaging Essentials**

## Discounted Airline Transportation

Low, promotional fares to St. Thomas are limited and early bookings are recommended. An air itinerary, fare (including \$35 per ticket service fee) and booking policies will be provided for approval prior to ticketing. Benefits include: \$200,000 free flight insurance and frequent flyer enrollment. Call 800-810-2695, 8:30am to 5:30pm Central Time, Monday through Friday and ask for the NYU air agent.

## Rental Cars

Car rental on St. John is very limited in high season and reservations should be made as early as possible. Rentals can be picked up and dropped off at the hotel and reservations can best be made by calling the hotel directly and speaking with the concierge.

## General Information

### Deadline For Reservations and Final Payment:

January 4, 2006

**Changes:** \$35 per change

### Cancellations:

**Hotel:** \$50 at any time. After January 4, 2006, no refund unless room is resold. Documented emergencies will be considered.

**Optional Tours:** No refund after January 4.

## Documentation

All US Citizens, including children, must carry proof of citizenship. This may be one of the following: 1) Valid Passport or 2) Original or certified copy of Birth Certificate and a current photo ID. Citizens of other countries should check with their nearest consulate for entry requirements.

## Disclaimer Notice

Travel Planners, Inc., NYU Department of Radiology, and their respective agents, act only as service provider in matters pertaining to the ordering, reservation, purchase and use of hotel accommodations and transportation facilities. They engage only in arrangements with independent contractors whom they reasonably

believe to be competent to supply such accommodations and transportation. Use of the services described above affirms that the liabilities and responsibilities of Travel Planners, Inc., NYU Department of Radiology, and their respective agents, officers, directors and employees are limited only to exercise reasonable care in the selection of the independent contractors and suppliers. No guarantees or warranty is provided, and Travel Planners, Inc., NYU Department of Radiology, and their agents, officers, directors and employees waive and deny herewith expressly any responsibility and liability whatsoever and without limit for any act, omission, event, damage and loss, and are herewith held harmless by client against any claim, whatever its reason or nature, including but not limited to any legal resolve and expense. A dispute shall not constitute approval to refuse, dismiss, refrain from or delay making prompt payments to Travel Planners, Inc., NYU Department of Radiology, or to their contractors and suppliers with regards to ordered services. Any claim awarded by law shall in no instance exceed the payment made and received for the services rendered, less an appropriate administrative charge.

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