Worried About Memory Loss?

New York City’s Most Comprehensive Diagnostic and Treatment Center

The Pearl I. Barlow Center provides extraordinary clinical care to patients and their families. Parts of these efforts are supported by clinical income and a grant from the State of New York. However, these funds are not sufficient to allow us to fulfill all components of our mission. As we look ahead, our vision is to expand our discovery efforts and to add often-requested services.

If you would like to make a financial contribution, either as a gift or tribute to a loved one with a cognitive disorder, you may directly send us your donation by making your check payable to the “Pearl I. Barlow Center” and mailing it to:

The Pearl I. Barlow Center
NYU Langone Medical Center
145 East 32nd Street, 2nd Floor
New York, NY 10016

You may also donate online at
http://giving.nyumc.org/pearl

Visit us on the web
www.barlowcenter.org

Appointments
Office visits are by appointment only. Appointments can be scheduled by calling (212) 263-3210 Monday through Friday between 9:00 A.M. and 5:00 P.M.

The Pearl I. Barlow Center
145 East 32nd Street, 2nd Floor
New York, NY 10016

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Our Mission

The mission of the Pearl I. Barlow Center is to enhance the quality of life for people living with dementia by providing each patient with the highest quality of care; with compassion, utilizing the latest, most progressive diagnostics, technologies, treatments and research; and to provide support and education for the entire family.

Signs of Memory Loss

• Gradual decline of memory
• Decreased ability to perform routine tasks
• Decline in clear thinking
• Problems with judgment and reasoning
• Confusion, gets lost easily
• Difficulty communicating with others
• Depression, anxiety, hallucinations
• Personality or behavioral changes
• Frequent falls or difficulty walking
About Memory Loss

Serious memory loss is not part of the normal aging process. If you are concerned about your memory, or that of a loved one, we can address your concerns and provide answers.

Ten percent of people over age 65, and half of those over age 85, develop memory and thinking problems.

The most common cause of memory problems in older adults is Alzheimer’s disease. But there are other brain diseases that can cause dementia, including Lewy body disease, strokes, and frontotemporal degeneration.

A thorough evaluation of symptoms is necessary to determine the correct diagnosis and treatment.

How Are We Different?

We offer each patient a unique approach to care, catered to the patient’s individual needs:

• An interdisciplinary team of experienced neurologists, psychiatrists, psychologists, social workers, and nurse practitioners.
• Caring, knowledgeable, and empathetic staff; employing a collaborative care model to support the patient, caregiver, and family.
• As part of the Silberstein Alzheimer’s Institute, our clinicians are involved in active research projects studying new diagnostics and treatments.

Expert Clinical Evaluations

The Barlow Center focuses on early diagnosis and interventions. The purpose of the Center is to evaluate people who may have a memory disorder or are concerned about their memory, and to work with their doctors and families to begin appropriate therapy and make lifestyle modifications.

What To Expect

• State-of-the-art office visit with an expert in dementia diagnosis and treatment.
• Patients are asked to bring with them another person who can help answer questions about memory changes, such as a spouse, adult child, or friend.
• A detailed review of the patient’s past medical history, including past and present brain scans.
• A neurological examination assessing higher cortical function, such as memory, language, attention, visuospatial function, and judgment.
• There is no single test to diagnose dementia. At the Center, the diagnosis is made by a global assessment of the patient’s history, exam, and pencil-and-paper tests.
• Further diagnostic testing as appropriate, including MRI or PET scanning, and lumbar puncture for markers of brain disease.
• Development of a treatment plan possibly including medications to slow memory loss, nonpharmacological approaches, counseling, psychotherapy, cognitive therapy, physical therapy, and occupational therapy.
• Recommendations for research opportunities tailored to the specific needs of the patient.

Barlow Center Services

Psychosocial Therapy

• Individual Psychotherapy - Specifically designed to meet the individual needs of a person with early memory loss. Helps individuals regain confidence through the support of a counselor.
• Couples Counseling - Focuses on supporting the positive elements of the relationship despite the memory decline.
• Group Psychotherapy - Facilitated by a social worker, people with memory problems meet weekly to share their concerns, mishaps, and successes; and develop coping strategies in a stimulating, safe, and supportive environment.

Neuropsychology

Comprehensive neuropsychological assessment of cognitive impairments of adults that involves a specialized set of diagnostic tests that reflect the integrity of specific brain systems (e.g., memory, attention, language).

Cognitive Remediation

The Barlow Center offers cognitive remediation (group format) that addresses each patient’s specific needs. The primary goal of these sessions is to identify and implement interventions to enable each patient to stay independent for as long as possible.

Social Work Services

In addition to participating in the memory evaluation, our Licensed Social Workers can help develop a care plan after the diagnosis. They can provide patients and their families with a variety of supportive services, which may involve, but are not limited to, education about memory loss and caregiving issues, and referrals to resources.

Lewy Body Dementia Research Center

Although no cure for Lewy Body Dementia exists, several medications and many non-pharmacological approaches are utilized to improve daily functioning and quality of life. One key to effective disease management is a coordinated treatment approach. Our clinic offers a specialty practice by a world leading expert in the diagnosis and management of LBD.

For appointments, call 212-263-3210