Part-time Community Health Worker (CHW) Position

We are looking for bright and compassionate individuals to provide weekly individual psychoeducation sessions to improve elders’ mental health. Individuals hired will be thoroughly trained on an evidence-based curriculum grounded in cognitive behavioral therapy to help elders better deal with stress, depression, and anxiety as part of the Positive Minds – Strong Bodies research project.

The part-time community health worker will provide the weekly sessions at Chinese-American Planning Council – Brooklyn Branch (CPC) - located in Sunset Park area of Brooklyn, NY.

Position Summary & Responsibilities:

The goal of the Positive Minds – Strong Bodies research project is to improve the ability of community-based organizations to address physical disability and mental health among minority elders. The project will evaluate the effectiveness of a cognitive behavior and physical activity intervention to reduce the risk of depression among minority elders. The project is led by research partners at the Massachusetts General Hospital and the NYU Center for the Study of Asian American Health (CSAAH), in partnership with community-based organizations such as Chinese-American Planning Council – Brooklyn Branch.

The Community Health Worker (CHW) will be required to conduct the following activities:

- Assist Chinese-American Planning Council – Brooklyn Branch (CPC) to:
  - Coordinate and implement psychoeducation pilot and intervention sessions
  - Participate in 1-2-day study training and weekly 1.5 hour supervisor check-ins
  - Conduct 10hrs of role play sessions with supervisor & 10hrs of audio recorded practice sessions
  - Participate in bi-weekly CPC meetings for study staff and weekly CHW support calls
  - The position will require a minimum of 2 days per week, approximately 5-10 hours per week (sessions will typically occur Monday to Friday between 9 AM and 4 PM)
- Report directly to the CPC Director and NYU CSAAH Project Coordinator on the progress and accomplishments of the recruitment process.
- Complete and upload materials as needed for tracking progress
- Communication responsibilities include: contacting participants to schedule sessions, responding to research staff and CPC staff in a timely manner

Qualifications:
Candidates for the position should have the following qualifications:

- Due to the part-time nature of this position, individuals with flexible schedules preferred;
- **Fluency in reading and speaking Cantonese Chinese;**
- Familiarity with the Sunset Park, Brooklyn community, community-based organizations, community leaders, and resources;
- Experience in building relationships and working with community members;
- Strong desire and commitment to work on research on minority elders and disability;
- Knowledge of minority communities in New York City;
- Ability to work well with academic partners and community-based organizations;
- Student of Social Work or graduate with a Masters in Social Work a plus
- Travel to Chinese-American Planning Council in Brooklyn, NY.

Compensation: CHW will be paid per diem. CHWs are paid $30 for the completion of each pilot and intervention sessions. The 1-2 day training is paid as well.
If interested, please send a resume and cover letter, using the email heading “PMSB: Part-time Community Health Worker” to: **Rebecca Park** at rebecca.park@nyumc.org

More about Chinese-American Planning Council (CPC): Chinese-American Planning Council, Inc.’s mission is to serve the Chinese-American, immigrant and low-income communities in New York City by providing services, skills and resources towards economic self-sufficiency.

More about NYU Center for the Study of Asian American Health (CSAAH): NYU CSAAH is a partnership of the NYU School of Medicine, Department of Population Health, Section on Health Equity, several healthcare and public hospital organizations and community and government partners. CSAAH’s mission is to reduce health disparities in the Asian American community through research, training and partnership.