Vaccine Research

Vaccine research is a rigorous process that can take decades!

- First, scientists **learn more** about an **infectious disease** and begin **testing ideas** for **new vaccines** in a **laboratory**.
- Next, the **trial vaccine** is tested on small animals, like mice. This lets scientists see how **safe** and **effective** the trial vaccine is.
- Then, if a trial vaccine is **safe** and **effective in animals,** it will be tested **very carefully** in people through at least **3 Clinical Trial Phases.**
- Before a trial vaccine can be tested in people through clinical trial phases, the U.S. Food & Drug Administration (FDA) must approve the research.
- The research approval depends on the **results** of both the **laboratory research** and **testing in animals** to check **how** the trial vaccine **works** and how **safe** it is.



Clinical Trial Phases

Before the FDA can approve a vaccine, there are at least 3 Clinical Trial Phases:

Phase 1: 20-100 healthy participants get the trial vaccine. Researchers look for

- the **best** vaccine **dose**
- the vaccine safety
- the immune system response

Phase 2: Hundreds of participants of varying health statuses and from diverse populations get the trial vaccine. Researchers learn more about

- the side effects
- the effectiveness in producing an immune response

Phase 3: Thousands of participants get the trial vaccine to

- confirm the Phase 1 and Phase 2 results
- compare the **safety** and **effectiveness** of the **trial vaccine** to a **placebo** or **already licensed vaccine**

Phase 4 (After FDA Approval): Thousands of participants get the now FDA approved vaccine for

 continuous monitoring of the vaccine's long-term safety & effectiveness in diverse populations



What is a Vaccine Clinical Trial?

Vaccine Clinical Trials are research studies on the <u>safety</u> and <u>protective effects</u> of a new vaccine.

These trials are one of the <u>most</u> <u>important</u> steps before a vaccine can be approved for general use!



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Important Clinical Trial Vocabulary

- Institutional Review Board (IRB): Protects the rights of participants.
 - The IRB **regularly reviews** and **monitors** human research to ensure it is **safe** and **ethical**.
- Informed Consent Form (ICF): A written explanation of the trial to help a potential participant decide if they will choose to participate.
- The ICF includes information on study procedures, the study schedule, and any benefits/risks of participating in the study.
- Inclusion Criteria: requirements a person must meet or have to participate in the study.
- Exclusion Criteria: requirements a person cannot meet or have to participate in the study.



- **Randomization:** The process of **randomly** assigning participants to **different study groups.** It's like a **coin flip.**
- **Sponsor:** The organization who **starts, funds,** and **monitors** the study.
- Placebo: An inactive product or comparator (already approved) vaccine that looks the same as and is given the same way as the trial vaccine.
- Masking/Blinding: A method by which study teams and/or participants do not know which study vaccine was given.
 This is done to reduce bias in the trial.
 - Can be a trial vaccine, placebo, or comparator vaccine.
 - Open Label Study: Both the study team & participants know exactly what vaccine is being given.
 - **Single-blind:** Only the study team knows what vaccine is being given.
 - The participant is considered to be **blinded,** since they **do not know** which vaccine was given.
 - Double-blind: Neither the on-site study team nor the participant know.
 - An off-site unblinded study team knows and keeps track of which vaccine was given to the participant.

What do I have to do in a Vaccine Clinical Trial?

- First, a study team member will **carefully explain** the **study information, timeline**, and **requirements** in detail.
- Next, you will review an informed consent form (ICF). If you agree to participate, you will sign the ICF.
 Participating in a study is voluntary!
- During the trial, you may be asked to
 - Go to **regular** study visits in the clinic.
- Provide **blood** or **other samples**.
- Complete a short **diary after vaccination** to keep track of any potential **symptoms.**
- Generally, you will be **paid for your time** spent participating in the trial!

Fun Facts

- According to National Geographic & the U.S. Library of Congress, vaccines are one of the top 10 most important inventions in the world!
- According to the World Health Organization (WHO), vaccines prevent
 3.5 to 5 million deaths a year!