OCD Summer Program

Who knew treatment for OCD could be so fun!

WHAT?
- We are offering a one-week intensive treatment program for children with obsessive-compulsive disorder.
- This group treatment will use exposure and response prevention (ERP), the gold standard in psychotherapy for OCD, in an innovative and unique format.
- Children will learn coping skills to reduce the distress often caused by OCD.
- This program will allow children to practice ERP with their peers in a fun and supportive way.

WHO?
- The program is exclusively for children 9-12 years of age with a diagnosis of OCD.
- Counselor staff includes clinical psychologists, psychology fellows, and program volunteers who are specially trained by Drs. Trosper and Angelosante in ERP.

WHEN?
- Monday thru Friday, August 6th – 10th, from 9:00am to 4:00pm.
- In addition to the summer day program, there will be an orientation for parents and meetings during the week to discuss your child’s treatment and progress.

WHERE?
- The program will take place at the NYU Child Study Center’s new, state-of-the-art facility at One Park Avenue at 33rd Street.
- Afternoon field trips will allow participants to enjoy local sites and activities.

The cost for this comprehensive treatment program is $3000. Financial assistance may be available.

For further information about the OCD Summer Program, please contact Dr. Sarah Trosper at (646) 754-4891 or sarah.trosper@nyumc.org.