ORTHOPAEDICS 101  Management of Acute Sports Injuries

Provided by NYU Post-Graduate Medical School

LOCATION
NYU Langone Medical Center
550 First Avenue, Alumni Hall
New York, NY 10016

COURSE DIRECTORS
Dennis A. Cardone, DO
Kirk A. Campbell, MD

CONTENT PLANNERS
Mia Palazzo, PT, DPT, OCS, Cert. MDT

Friday, April 7, 2017

Register online at:
med.nyu.edu/cme/Ortho101
ORTHOPAEDICS 101  Management of Acute Sports Injuries

COURSE DESCRIPTION
This full-day course will combine the latest in diagnosis and management of common orthopaedic sports injuries. The course will review the current literature and highlight the latest management principles, as well as provide tips and techniques useful for practitioners treating common orthopaedic sports injuries. Our goal is to enable physicians, physical therapists and other healthcare providers in our community to feel comfortable in their management of orthopaedic and sports medicine pathology.

TARGET AUDIENCE
Pediatricians, family physicians, emergency room physicians, urgent care providers, orthopedists, nurse practitioners, physician assistants, physical therapists, athletic trainers and other healthcare professionals with an interest in the management of common orthopaedic sports injuries.

EDUCATIONAL OBJECTIVES
At the conclusion of this activity, participants should be able to:
• Develop treatment protocols to diagnose, manage and refer orthopaedic pathologies and sports injuries. Physical therapists and athletic trainers will be able to address/identify functional implications of musculoskeletal injuries;
• Effectively identify and treat common musculoskeletal injuries in both athletes and the occasional weekend warrior and be able to collaborate with all disciplines on the care team. Physical therapists and athletic trainers will be able to determine when athletes can safely return to sport;
• Effectively identify and treat acute and overuse musculoskeletal injuries in the pediatric/adolescent/adult athlete. Physical therapists and athletic trainers will be able to recognize acute and overuse injuries, apply the appropriate rehab protocols and determine when to refer patients for specialty care.

COURSE FEES
Full: $275
Reduced*: $175
NYU Langone/Lutheran Faculty & Staff: $125
NYU Langone/Lutheran Orthopaedic Faculty: Waived (must provide valid NYU/Lutheran Langone ID)
NYU Langone/Lutheran Residents and Fellows: Waived (must provide valid NYU Langone/Lutheran ID)

* Reduced fee applies to NYU School of Medicine alumni, former residents and fellows; physicians in training; physicians employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; retired physicians; and all other non-physician healthcare professionals.

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After 12 pm on April 5, 2017, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional $20 charge and will receive a receipt by email in 1–2 weeks. We cannot accept telephone or email registration. Registration is non-transferable. If you have any questions, please contact our office at 212-263-5295 or cme@nyumc.org.

ACCREDITATION STATEMENT
The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
The NYU Post-Graduate Medical School designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICAL THERAPY CREDIT STATEMENT
NYU Langone Medical Center is a New York State Education Department approved provider for physical therapy and physical therapy assistant continuing education. This course is approved for a maximum of 6.25 physical therapy/physical therapist assistant contact hours. The following states require continued education units with no state-specific approval: CT, IA, ID, MO, ND, and WA.

BOC APPROVED PROVIDER STATEMENT
NYU Langone Medical Center is recognized by the Board of Certification, Inc to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.25 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC Approved Provider Number: P2540

SYLLABUS STATEMENT
In an effort to be more environmentally conscious, we will distribute syllabus materials electronically. You will receive an email with a link one week prior to the course to view, download or print the course materials. During the course you will also have the option to view the course materials from your smartphone, tablet or laptop by using the link. These materials will remain available for one year following the course.

REFUND POLICY
In order to request a refund, you must email maria.mercado@nyumc.org no later than 14 days prior to the first day of the course. An administrative fee of $75 will be deducted from your refund. Cancellations or no-shows after this date are not eligible for a refund. Registration is non-transferrable.

COURSE CANCELLATION POLICY
If a course is cancelled due to inclement weather, insufficient enrollment, or any other reason, NYU PGMS will refund registration fees in full. NYU PGMS will provide at least two weeks’ advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU PGMS is not responsible for any airfare, hotel, or other non-cancellable costs incurred by the registrant.

CONTACT INFORMATION
NYU Post-Graduate Medical School
Phone: (212) 263-5295
Fax: (212) 263-5293
Email: cme@nyumc.org
7:15 am  Registration & Continental Breakfast
7:50 Welcome & Introduction
8:00 Radiology: Common Orthopaedic Injuries
  Erin F. Alaia, MD
8:15 Common Orthopaedic Upper Extremity Traumatic Injuries
  Dennis A. Cardone, DO
8:30 The Athlete with Shoulder Instability
  Mandeep S. Virk, MD
8:45 Questions & Answers
9:00 Rotator Cuff Disorders in the Overhead Athlete
  Michael J. Alaia, MD
9:15 Rehabilitation of the Upper Extremity in the Overhead Athlete
  April O’Connell, OT/L, CHT
9:30 Common Traumatic Injuries of the Wrist and Hand
  Jacques Hacquebord, MD
9:45 Questions & Answers
10:00 Coffee Break
10:15 Morning Workshop Session 1 (Choose One)
  The Shoulder and Elbow Examination
    Mandeep S. Virk, MD
  Ultrasound Skills: Examination and Injection Procedures for the Shoulder
    Bret C. Jacobs, DO
  Basic Orthopedic Fracture Care for the Upper Extremity: Casting, Splinting and Acute Rehab Pearls
    Dennis A. Cardone, DO and Laura Welsh, OTR/L, CHT
  Rehabilitation Interventions of the Upper Extremity for the Overhead Athlete: An Evidence Based Approach
    April O’Connell, OT/L, CHT and Jennifer Gallinaro, PT, DPT, OCS
3:15 Coffee Break
3:30 Afternoon Workshop Session 1 (Choose One)
  The Hip and Knee Examination
    Warren Young, MD and Alana Karbinovskaya, MD
  Ultrasound Skills: Examination and Injection Procedures for the Knee
    Bret C. Jacobs, DO
  Taping and Splinting for Acute Lower Extremity Injuries
    Julia Brandt, MEd, ATC
  PT Examination and Treatment Progression for Knee OA
    William Oswald, PT, DPT, OCS, Dip MDT and Gerard Gordon, PT, MS, FAAOMPT, Dip MDT
4:15 pm Adjourn
12:00 pm Lunch (on your own)
1:00 Common Orthopedic Lower Extremity Traumatic Injuries
  Alana Karbinovskaya, MD
1:15 Sprains and Strains of the Ankle
  Warren Young, MD
1:30 Rapidly Reversible Knee OA: Looking Beyond Degeneration
  William Oswald, PT, DPT, OCS, Dip MDT
1:45 The Biologics in Sports
  Kirk A. Campbell, MD
2:00 Questions & Answers
2:15 Coffee Break
2:30 Afternoon Workshop Session 2 (Choose One)
  The Hip and Knee Examination
    Warren Young, MD and Alana Karbinovskaya, MD
  Ultrasound Skills: Examination and Injection Procedures for the Knee
    Bret C. Jacobs, DO
  Taping and Splinting for Acute Lower Extremity Injuries
    Julia Brandt, MEd, ATC
  PT Examination and Treatment Progression for Knee OA
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