



Department of Child and  
Adolescent Psychiatry

# Child & Adolescent Psychiatry Fellows

As part of NYU Grossman School of Medicine's Child & Adolescent Psychiatry Fellowship, our fellows are honored to serve as clinicians and members of treatment teams to provide care for the full diagnostic spectrum of psychiatric disorders, as well as to serve as teachers, mentors, consultants, and community leaders.

## Second Year Fellows Class of 2025



### **Ryan Badolato, MD**

PGY-5

Ryan graduated summa cum laude with his Bachelor of Arts in Neuroscience with a minor in chemistry from Boston University. Ryan completed his medical education at New York University, where he is continuing his training as a current psychiatry resident. During his time at NYU, Ryan has done extensive research on substance abuse: he studied the clinical outcomes of changes to methadone prescribing guidelines at the Manhattan Veterans Affairs methadone clinic under Dr. Pantea Farahmand, and went on to study the preliminary patient outcomes in Bellevue Hospital's Virtual Buprenorphine Clinic under Dr. Babak Tofighi. In his free time, Ryan enjoys singing acapella, listening to classical and jazz music, cycling, and playing boardgames.



### **Nelly Gonzalez-Lepage, MD, MBA**

PGY-5

She graduated from the University of California Berkeley with a Bachelor of Arts in Cognitive Science and a Bachelor of Arts in Molecular and Cell Biology. She obtained a MBA from Loyola University Chicago Quinlan School of Business and attended medical school at Loyola University Chicago Stritch School of Medicine. She trained in Adult Psychiatry at Montefiore Medical Center/Albert Einstein College of Medicine in the Bronx. Before medical school she worked in health policy, program management,

strategy/development and business operations for eight years in Northern California. While in residency, she received psychoanalytic therapy training, completed research as a Substance Abuse and Mental Health Services Administration APA/MFP Fellow and was a Fellow and Reviewer-in-Training for the Psychiatric Services Journal. She's conducted asylum psychiatric evaluations, been a recipient of multiple awards for her work in equity and inclusion initiatives, produced/directed short films, mentored medical students and sits on the non-profit board of Mentoring in Medicine & Science. She speaks fluent Spanish and enjoys hobbies such as weightlifting, boxing, tango and salsa dancing, and watching live music or the latest foreign language film in NYC.



### **Aliza Grossberg, MD, MPH**

PGY-5

Aliza received her Bachelor of Arts from George Washington University where she majored in Psychology and Women's Studies and minored in Hispanic Literature & Languages and Judaic Studies. After college, she lived in India for two years while working in the non-profit sector on gender equity and public health projects before she returned to the US to complete her postbaccalaureate premedical program at Goucher College. Aliza completed her medical education at the Warren Alpert Medical School of Brown University, and she also received her Master of Public Health from Columbia University's Mailman School of Public Health between her third and fourth years of medical school. While in medical school, she was inducted into the Gold Humanism Honor Society before matriculating to Mt. Sinai Morningside and West for residency. Aliza has worked on multiple child and adolescent research and volunteer projects throughout medical training and has been actively engaged in mentorship, advocacy, and medical education initiatives. She is passionate about public psychiatry and working with LGBTQ+ youth and under-resourced populations. Aliza is currently one of the chief fellows in the NYU CAP fellowship program. In her free time, Aliza enjoys attending stand-up comedy and Broadway shows, playing intramural softball, navigating public transit in new places, and visiting museums.



## **Radhika (“Radhi”) Kothadia, MD**

PGY-5

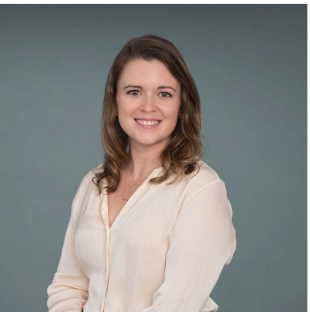
Radhika (“Radhi”) Kothadia, MD is a PGY-5 with a Bachelor of Science in Biology and a minor in Child Development and Family Relations from East Carolina University. She earned her medical degree from The Brody School of Medicine at East Carolina University and completed her psychiatry residency at Prisma Health/University of South Carolina School of Medicine Columbia Program. Her interests include medical education, emergency psychiatry, and suicide prevention. She has researched risk factors for self-harm, the impact of the COVID-19 pandemic on child and adolescent suicide, and lethal means restriction for suicide prevention. She is piloting an undergraduate course at NYU about youth suicide and self-harm. Radhi has been actively involved in program recruitment and program evaluation committees, has mentored medical students, and currently services as a chief fellow in the NYU CAP fellowship. As a second-generation immigrant, she is passionate about destigmatizing mental health treatment in South Asian communities. In her free time, she enjoys spending time with her family and extended family (she has nineteen first cousins and seventeen nieces and nephews!), spending time outdoors, baking cakes, and traveling!



## **Mehmet Utku Küçüker, MD**

PGY-5

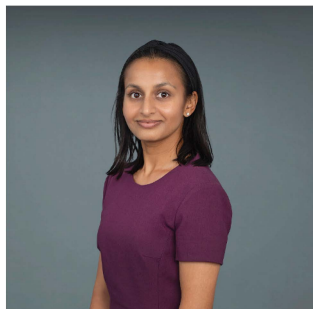
Utku completed his medical education at Koç Üniversitesi Tıp Fakültesi in Turkey, and is currently an adult psychiatry resident at Rutgers. Utku has published more than nine peer-reviewed journal articles. As a resident, Utku has been an instructor for the psychiatry/neurology rotation of MS-2 students. His classes were found to be very engaging, and he was nominated for the Golden Apple Teaching award by medical students. Utku was a professional chess player for nearly seven years and had an international rating close to 2000. In addition to chess, Utku also enjoys playing basketball, soccer, and swimming in his free time.



## **Lauren Rae Nagy, MD**

PGY-5

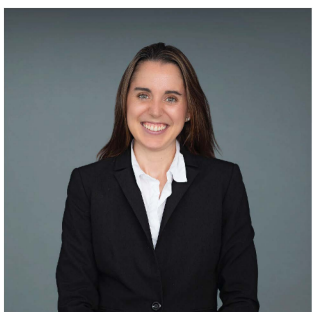
For her Bachelor's she graduated from The University of Pennsylvania, studying the Biological Basis of Behavior with minors in Chemistry and Theatre Arts, and conducted research on the neurodevelopmental effects of ketamine use. She obtained her MD from Rutgers Robert Wood Johnson Medical School in New Jersey, and worked with the Psychiatry department to develop a scale for the detection of language and communication disorders. Dr. Nagy completed her adult psychiatry residency at The Mount Sinai Hospital in NYC. While in residency she started an annual clothing and shoe drive for patients and became involved in research in Child and Adolescent psychiatry and the American Academy of Child and Adolescent Psychiatry (AACAP). She is now a trainee member of the AACAP committee for Autism and Intellectual Disability, and with this group has worked on the development of educational materials and programming for patients, families, and providers caring for people with ASD and IDD. In her spare time, she enjoys seeing Broadway performances, growing a vegetable garden, and traveling.



## **Sejal Patel, MD, MSc**

PGY-5

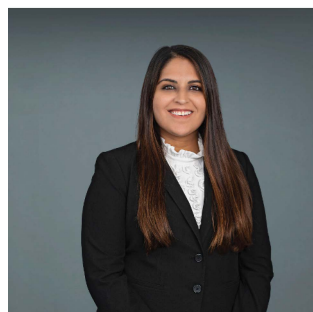
Sejal received her Bachelor of Arts in Biology and Religious Studies from Colby College. She went on to obtain her Master of Science in Child and Adolescent Mental Health from University College London. Sejal completed her medical education from University of California, San Diego School of Medicine, where she is currently an adult psychiatry resident. While in residency, she trained medical students in how to complete psychiatric evaluations for their volunteer clinic. She is a Fellow at the San Diego Psychoanalytic Institute. Sejal has lived in five countries and five states and has travelled across five continents. In her free time, Sejal enjoys yoga, running half marathons, boulder canyons, playing piano, and developing a "green thumb".



## **Stephanie Rademeyer, MD**

PGY-6

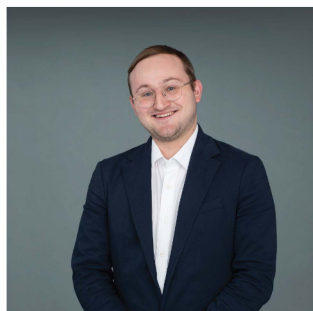
Stephanie graduated from Middlebury College with a Bachelor of Arts in International Studies, with a focus on Africa and History. She worked as a Princeton in Africa Fellow with Save the Children in Bamako, Mali, upon graduation. She then completed a premedical baccalaureate program at University of Virginia and attended medical school at University of Arizona College of Medicine in Tucson, where she was inducted into the Gold Humanism Honor Society. She completed her adult psychiatry residency at Los Angeles County + University of Southern California. There, she conducted asylum evaluations, developed a QI project supporting postpartum physicians, completed formal training in healthcare administration, and received additional training in Cognitive Processing Therapy. She is an American, Belgian, and British citizen. She is fluent in French, conversant in Spanish, and retains some Bambara (though she is very rusty). She enjoys spending time with her husband and two children, exploring NYC, being outdoors, and preparing meals from around the world.



## **Parul Shanker, MD, MS**

PGY-5

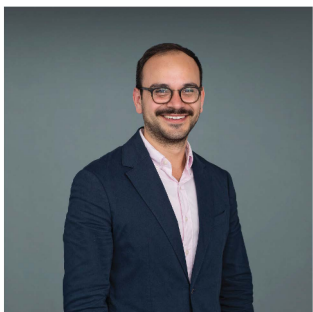
Parul received her Bachelor of Science in Behavioral and Cognitive Neuroscience from the University of Florida. She then pursued her Master of Science in Medical Sciences from University of South Florida in Tampa. Prior to medical training, Parul worked in an outpatient psychiatric clinic as the lead medical assistant. She went on to complete her medical education at New York Medical College, followed by her adult psychiatry residency training at Mount Sinai Beth Israel in New York. During her residency, Parul spearheaded an IRB approved retrospective chart review examining child and adolescent inpatient admissions over a 3-year period resulting in multiple publications and posters regarding COVID-19 related trends in trauma, substance use, social media, and suicidality. She also participated in a quality improvement project to improve pharmacology education for patients in both inpatient and outpatient settings. Currently, Parul is working on various pediatric consult liaison projects including fellow course development and hospital-based protocols. Her hobbies include event planning, traveling, playing with her tiny Bernedoodle, and attending live music shows.



## **Michael Zingman, MD, MPH**

PGY-5

Michael graduated from Northwestern University with a Bachelor of Arts in Biological Science. He subsequently received his Master of Public Health with a focus on Epidemiology from the Columbia University Mailman School of Public Health. Michael went on to complete his medical education at the Columbia University Vagelos College of Physicians and Surgeons. Michael completed adult psychiatry residency here at NYU before transitioning to CAP fellowship. As a resident, Michael became involved with CIR (Committee of Interns and Residents), the largest physician union in the country, and recently completed a 2-year term as the elected National Secretary-Treasurer. For almost 10 years, he has been involved in NY politics with a particular focus on advocating for universal healthcare as well as social policy reform (particularly mental health, housing, and drug policy). He is interested in working with systems-involved youth and has focused on research related to family interventions and engagement in youth mental health care. Michael's hobbies include hiking, yoga, live music and road trips.



## **Natan Vega-Potler, MD**

PGY-5

Natan graduated from Swarthmore College with a Bachelor of Arts in Cognitive Science. He then completed his medical education at the Albert Einstein College of Medicine after completing a Post-Baccalaureate at Hunter College. Natan was the first fellow to join the six-year accelerated research fellowship in the Department of Child and Adolescent Psychiatry, and is our Child Research Track Chief. Natan has extensive previous research experience, including work at the NYU Child Study Center investigating interactions between ADHD and motor inhibition in functional connective networks. Natan has published on this and a variety of other topics including neural networking and the association between immigration status and anxiety and depression. Natan is the recipient of numerous accomplishments including induction into the Gold Humanism Society, the Excellence in Public Health Award, the Fruhman Estate Scholarship, Dean's Recognition Award for exceptional clinical and personal attributes. His research interests include child and adolescent psychiatry, migrant and refugee mental health, community-based participatory research, and health services research.

# First Year Fellows Class of 2026

## Nicole Anzai, MD

Nicole Anzai, MD, is a PGY-4 in the Child and Adolescent Psychiatry Research Track here at the NYU Grossman School of Medicine. Nicole graduated from Santa Clara University in the San Francisco Bay Area with a Bachelor of Science in Psychology. She completed medical school at the University of Hawaii John A. Burns School of Medicine where she was a member of the Gold Humanism Honor Society and class president. Her research with Stanford Prevention Research Center included several NIH-funded randomized controlled trials in smoking cessation among populations facing health disparities including adult psychiatry inpatients, unemployed Californians, and rural Alaskan Natives. Her current research focuses on the intricate dynamics between vaping, eating disorder symptoms, and perceived discrimination within the context of Asian American youth receiving outpatient psychiatric care. Her academic interests include digital behavioral addictions and the impact of technology on youth mental health. In her free time Nicole enjoys equestrian, skiing, travel and trying new restaurants.

## Julia Black, MD, MPA

Julia Black, MD, MPA, is currently a PGY-4. Julia joined our fellowship program after completing her adult residency training in the combined Adult-Child/Adolescent Psychiatry Program at Massachusetts General Hospital. She graduated from Cornell University with her Bachelor of Science degree in Human Biology, Health, and Society and a Minor in Policy Analysis and Management. She received her medical education at the Duke University School of Medicine. While at Duke, Julia chose to complete two research years, during which time she completed her Master of Public Administration at the NYU Wagner School of Public Service to further explore her career interests in health systems, health policy, and population health. During her MPA, Julia worked as a researcher at the NYU Child Study Center. Julia also joined a steering committee of executive leaders from NYC Health+Hospitals during her time at the Child Study Center, where she wrote the Integrated Model of Parents and Children Together (IMPACT) grant, which was awarded \$3.38M which was matched by H+H for a total of \$6.76M. Julia has been the recipient of numerous awards, including the Citizen's Committee for NYC Neighborhood Grant, AACAP Life Member Mentorship Grant, Ray E. Hefler Society of Child Abuse Pediatricians Annual Meeting Scholarship, and the National Data Archive on Child Abuse and Neglect Summer Research Fellowship. Through the Citizen's Committee for NYC Neighborhood Grant, she started a free, narrative therapy support group for survivors of sexual violence.

## Philip Burns, MD

Philip Burns, MD, is a PGY-4. Philip graduated from DePaul University with a BS in Neuroscience and completed his medical education at the University of Louisville School of Medicine, where he received the Dr. S. Spafford Ackerly Award for outstanding performance in psychiatry. Philip completed his adult psychiatry residency training at Loyola University Medical Center. His passion for Child and Adolescent Psychiatry began while working with high schoolers in brain and medicine activities as a camp counselor. Philip previously worked as the lead organizer and volunteer coordinator at The Healing Place, a drug recovery facility in Louisville, KY. He conducted patient examinations, established treatment plans with volunteer doctors, and organized a 5K run that raised over \$9,000 for the facility: an experience that inspired him to pursue psychiatry. Originally from Franklin, Tennessee, he is excited for this new journey on the east coast. Philip has a passion for musical theater and has performed in several professional productions. He finds ways to incorporate his theater background into his therapeutic work with patients. In his free time, he enjoys creating digital art, playing the kalimba, and attending live theater.



## **Krishanu “Kris” Chatterjee, MD**

Krishanu “Kris” Chatterjee, MD is a PGY-4. Kris received his Bachelor of Arts in Philosophy from the University of Chicago. Upon graduation, he worked at a residential facility for adolescents at McLean Hospital in Belmont, MA, which planted his interest in child psychiatry. He then went on to attend Mayo Clinic School of Medicine - Arizona, where he was interested in student wellness, patient narratives, and research in clinical ethics (specifically on the topic of brain death criteria). He joins our fellowship program after completing his adult psychiatry residency training at the University of Illinois at Chicago. His current interests include: psychoanalysis, eating disorders, and phenomenology/nosology of psychiatric illness.

## **Robin Du, MD, MPH**

Robin Du, MD, MPH, is a PGY-4. From Carlisle, Massachusetts, she completed her undergraduate studies at the Johns Hopkins University and received a Bachelor of Science in Molecular & Cellular Biology and Neuroscience. She then attended the Keck School of Medicine at the University of Southern California, where she received dual MD/MPH degrees and completed an institution-funded research year as part of the USC Dean's Research Scholar's Program. For her MPH practicum, she worked on a community assessment project to characterize medications for addiction treatment (MAT) access in Los Angeles County community health centers. She completed psychiatry residency at University of Illinois at Chicago, where she worked with the Institute for Juvenile Research to analyze data collected on youth experiencing homelessness in Chicago using a combination of psychiatric measures and mHealth data from smartphones. She received the UIC Department of Psychiatry Resident-Fellow Research Writing Award, which is awarded to one psychiatry trainee each year to recognize exceptional research writing. She also worked with the Chicago People's Rights Collaborative to provide pro bono forensic psychiatric evaluations for survivors of injustice and persecution. During residency, she also served as her program's representative on the Resident-Fellow Member Committee of the Illinois Psychiatric Society. Her interests in psychiatry include public psychiatry, global mental health, interventional psychiatry / neuromodulation, and AAPI youth/family mental health. In her free time, she enjoys indoor climbing, running, reading, learning languages, trying new restaurants around the city, and being a dog mom to her 11-year-old Samoyed.

## **Priyanka Kolli, MD, MA**

Priyanka Kolli, MD, MA, is a PGY-4. She completed her Bachelor of Arts degree in Biology with a minor in Spanish Language and Literature from Siena College and completed her medical education at Albany Medical College. During this time, Priyanka participated in a semester abroad in Valencia, Spain and two summers abroad in Kolkata, India and Dundee, Scotland, which she says helped broaden her perspectives, fostered cultural understanding, empathy, and a dedication to serving vulnerable populations. After growing up in Pittsburgh, Priyanka returned to PA for her residency at Temple University. Whilst in residency, Priyanka has been working towards her Master's degree in Urban Bioethics at Temple University, and her thesis project is exploring the ethical considerations in providing culturally sensitive mental health care to refugee and immigrant families in urban settings. Priyanka credits her engagement with urban bioethics and its application to psychiatry with igniting a deep commitment to social justice and advocacy in health care in her and further fueling a passion to address inequities as a career. Presently, Priyanka is President-elect of the American Association of Physicians of Indian Origin (AAPI) Medical Student, Resident, Fellow section (MSRF), an organization for which she had previously served as Vice President, Convention Chair and Publication Committee member. She is also a member of the AACAP Committee for Children and the Law, the House Staff Representative for the Temple University Hospital Ethics Committee, and the co-chair of Temple's Department of Psychiatry's Wellness Committee and Recruitment Committee. Additionally, Priyanka is a founding committee member of the Temple University Health – Episcopal Campus Food Pantry, which she helped design and establish to address food insecurity in North Kensington, PA.

## **Zhijia “Zach” Liang, MD, MBA**

Zhijia “Zach” Liang, MD, MBA, is a PGY-4. Zach studied neuroscience and behavioral economics at Emory University. He obtained his MD degree from the Medical College of Georgia and MBA degree from the University of Southern California. He completed residency at the Charles R. Drew University program training across various healthcare systems in Los Angeles County. His research interests include behavioral modification, computational modeling of neural circuitry in neuropathology and psychopathology, and emerging technologies such as AI and prosthesis. His clinical interests are youth in foster and forensic settings. Zach has experience in advocacy and community organizing, and he is passionate about the intersection of psychiatry and law at multiple strata. He enjoys film and the arts, feeding his friends, and exploring new things.

## **Ari Morgenstern, MD**

Ari Morgenstern, MD is a PGY-5. He received his Bachelor of Science in Molecular Genetics with a minor in “Psychology as a Social Science” from the University of Rochester. Ari attended Albert Einstein College of Medicine and remained in NYC for his psychiatry residency at Mount Sinai Morningside/West. Before residency even started, Ari volunteered for several months in Mount Sinai’s Graduate Medical Corps, a newly formed mini-residency for medical students who graduated early due to the pandemic. Ari was the first Education Chief Resident at Mount Sinai Morningside/West and will strive to continue improving his skills as a clinician educator. Ari has volunteered with the Mount Sinai Human Rights Program since 2021, where he provides psychological evaluations for refugees seeking asylum in NYC and prepares affidavits describing the interviews and his findings – so far, at least three of the individuals he has evaluated have been granted asylum. Ari is a supervising psychiatrist with the Story Time & Teen Talk program at Mount Sinai’s inpatient child and adolescent psychiatry unit. Ari provides telepsychiatry supervision to a nurse in Liberia, where he also taught a three-week course in therapy and psychopharmacology in the capital of Monrovia.

## **Anastasiya Ponomaryova, MD**

Anastasiya Ponomaryova, MD is a PGY-4. Born in Ukraine on the brink of the collapse of the Soviet Union, Anastasiya speaks English, Russian, Ukrainian, and Spanish fluently. She attended the University of Colorado, Boulder where she received her Bachelor of Arts degree in Political Science and International Spanish for the Professions with a minor in Business Administration. After completing a post-baccalaureate program, she attended the University of Colorado School of Medicine. After completing the Health Innovations Scholar Program at the University of Colorado SOM, she developed a strong passion for clinical research, though she lacked research experience. This led her to take a research year during medical school to work full-time as a clinical research assistant at Denver Health Medical Center, where she examined the effect of behavioral interventions in the form of ‘nudge’ messages on enhancing adherence to cardiac rehabilitation. Anastasiya joins our fellowship program from the adult psychiatry residency program at Montefiore Medical Center.



## **Aydar Shaildayev, MD**

Aydar Shaildayev, MD is a PGY-4. He received his Bachelor of Arts in Psychology from Boston University and received his medical education from the Albert Einstein College of Medicine. Aydar completed his adult psychiatry residency training here at the NYU Grossman School of Medicine. Aydar most consistently identifies as a musician and plays the piano, guitar, bass, and drums, and has recorded solo music projects and collaborates with other artists around the US. He has written and recorded music for others, including an international film. He played in a regularly performing rock and roll band throughout his life and played in a professional band from 2013 -2019 touring the US and playing festivals. Aydar used to lead music therapy sessions at the adult inpatient psychiatric units of Metropolitan Hospital center to help spread the joy of music to others while helping patients create and collaborate on building skills. Outside of music, Aydar has worked with the Bronx Community Health Leaders since 2015 conducting research, implementing changes, supporting staff, and running community groups and projects at the Family Health Center in Fordham. Additionally, he has taken part in numerous research projects including using database software to study children and adolescents struggling with eating and anxiety disorders at the NYS Psychiatric Institute, conducting literary research regarding miRNA in schizophrenia at Zucker Hillside Hospital, and conducted literary reviews for motion tracking studies in ASD and social cognition.

## **Gary Wu, MD**

Gary Wu, MD is a PGY-4. Gary is a native New Yorker who attended SUNY Stony Brook where he received his Bachelor of Science in Pharmacology. He graduated from Rush Medical College and remained in Chicago for his adult psychiatry residency at Chicago Medical School of Rosalind Franklin University, where he served as Chief Resident of Academic Affairs and Mental Health Diversity Officer among other leadership roles. Gary was a strong proponent of resident wellness during his time in residency. He took initiative in developing a novel, standardized survey to assess the impact the COVID-19 pandemic and its associated protocol changes on resident wellness in all residency programs at Rosalind Franklin University. His work was well recognized by the Illinois Psychiatric Society which led to the Innovation in Physician Wellness Award. Gary was also awarded the Marc Fahami award in recognition of his passion and dedication to the field of psychiatry. His academic interests lie in neurodevelopment and behavioral disorders. Gary worked closely with his mentor, Dr. Karam Radwan, to publish a pilot study evaluating the therapeutic efficacy of oral glutathione in the treatment of behavioral symptoms in children with Autism Spectrum Disorder. Additionally, he has published several abstracts and presented nationally at both APA and AACAP meetings. Outside of the hospital, Gary was often seen serving the Chicagoland community by volunteering in several organizations aimed at helping underserved populations including The Night Ministry, The Center on Halsted, and the Chicago Department of Public Health. Gary is currently a second year APA Child & Adolescent Psychiatry Fellow, and is actively engaged in learning more about APA governance through active committee and council leadership. When not working, he enjoys spending time with his husband and 2 cats, gardening, and hunting for bargains online.