



Department of Child and
Adolescent Psychiatry

Child & Adolescent Psychology Postdoctoral Fellows

As part of NYU Grossman School of Medicine's Child and Adolescent Psychology Postdoctoral Fellowships, our fellows are honored to work in a variety of subspecialty focus areas, including attention deficit hyperactivity disorder (ADHD), anxiety and mood disorders, autism spectrum disorder, developmental brain science, disruptive behavioral disorders, early childhood development, pediatric integrated behavioral health, and pediatric neuropsychology.

Child & Adolescent Psychology

Postdoctoral Fellows



Valerie Carozza, PsyD

Dr. Valerie Carozza (she/her) is a postdoctoral fellow in the Innovations in Treatment Delivery of Empirically Supported Treatments fellowship, working within the Organizational Skills Training program and Selective Mutism service. She received her undergraduate degree from New York University and earned her master's and doctorate degrees from Ferkauf Graduate School of Psychology at Yeshiva University in School-Clinical Child Psychology. Prior to beginning her postdoctoral fellowship, she completed her predoctoral internship at Center For Anxiety, where she provided Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT) to children, adolescents, and adults. Dr. Carozza's graduate research focuses on the psychometric assessment of selective mutism and social anxiety disorder. Throughout her clinical training, she has developed specific expertise in the fields of selective mutism, disruptive behavior, and ADHD and has worked closely with young children, adolescents, caregivers, and schools.



Tiffany Dangleben, PhD, ITDS

Dr. Tiffany Dangleben (she/her) is a postdoctoral fellow within the Autism Spectrum Disorder Service at the Child Study Center. Before coming to NYU Langone, she completed her predoctoral internship at the University of South Florida – Pediatrics Department, where she focused on providing neurodevelopmental and developmental evaluations on patients birth to adolescent, individual therapy, and group behavioral interventions to caregivers. Additionally, Dr. Dangleben's also earned a certification as an Infant Toddler Developmental Specialist while servicing patients and families from birth to 3. Dr. Dangleben earned her doctorate in School Psychology from North Carolina State University. Prior to her internship, she focused on the evaluation of neurodiverse individuals at the CIDD, TEACCH, and Physical Medicine and Rehabilitation clinics at UNC. During her graduate training, Dr. Dangleben served as Vice President of the Black Graduate Student Association, and co-founded a program geared towards the recruitment and retention of BIPOC graduate students within the school psychology program. Dr. Dangleben's research focuses on the experiences of Black caregivers of children on the autism spectrum, while engaging with school and medical personnel. She has also taught undergraduate courses in applied and social psychology at North Carolina State University.



Veronica Milito

Dr. Veronica Milito (she/her) is a postdoctoral fellow within the Neuropsychology and Learning Service at the Child Study Center, part of Hassenfeld Children's Hospital at NYU Langone. Before coming to NYU Langone for postdoctoral fellowship, she completed her predoctoral internship at Northwell Health's Staten Island University Hospital, focusing on neuropsychology across the lifespan in both outpatient and inpatient settings. Dr. Milito earned her doctorate in School Psychology from St. John's University. She completed her dissertation on suicide prevention and postvention in the school setting.

During her doctoral training, Dr. Milito completed clinical practicum experiences at Stony Brook University, NYU Langone, and the St. John's University Center for Psychological Services. She primarily focused her clinical experiences on providing comprehensive neuropsychological assessments to patients with medical complexities and/or neurodevelopmental disorders across the lifespan, with a specialization in pediatrics. In addition, Dr. Milito is a New York State certified school psychologist, with prior experience working as a school psychologist at Port Washington Union Free School District. Dr. Milito is especially interested in evaluating and advocating for children with neurodevelopmental disorders that impact their academic functioning.



Hara Stephanou, PsyD

Dr. Hara Stephanou (she/her/hers) is a postdoctoral fellow within the Integrated Behavioral Health Program in the Department of Child and Adolescent Psychiatry. She recently completed a rotation as a conditional fellow at Boston Children's Hospital on their Psychiatry Consultation Service. Dr. Stephanou's clinical training includes an internship at Wright State School of Professional Psychology, where she completed pediatric psychology rotations at Dayton Children's Hospital and in lifespan primary care within community health settings. She earned her doctoral degree in school psychology from St. John's University.

Dr. Stephanou's clinical focus centers on working with children, adolescents, and families facing both acute and chronic medical conditions. She has substantial experience collaborating with multidisciplinary teams across various pediatric care settings and medical subspecialties, including adolescent medicine, solid organ transplant, hematology/oncology, chronic pain, gastroenterology, and diabetes. Dr. Stephanou's intervention expertise includes evidence-based practices such as cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT) and acceptance and commitment therapy (ACT)-informed approaches, and motivational interviewing. She addresses concerns related to health management behaviors, transitions of care between developmental stages, adjustment to diagnoses and hospitalizations, procedural anxiety, behavior difficulties, and mood concerns. Her research interests involve enhancing workflows and care delivery in integrated behavioral health settings, consulting and training medical providers in behavioral health, and spearheading quality improvement initiatives. These initiatives include psychosocial risk assessment and program development to support individuals with new onset diagnoses. Dr. Stephanou is also dedicated to collaborating with healthcare providers and community professionals to facilitate discussions on the biopsychosocial model.



Aggy Barnowski Kimball, PsyD

Dr. Aggy Barnowski Kimball (she/her) is a postdoctoral fellow in the Attention Deficit Hyperactivity and Behavior Disorders Service and the Early Childhood Service at the Child Study Center, part of Hassenfeld Children's Hospital at NYU Langone. She completed her predoctoral internship at NYU Child Study Center/Bellevue Hospital Center, received her master's degree in child development from Sarah Lawrence, and earned her doctorate in clinical psychology from the PGSP-Stanford PsyD Consortium. Her clinical training spans outpatient, school, inpatient, and psychiatric emergency room settings, offering her a comprehensive perspective on mental health and treatment. She specializes in assessing and treating children, adolescents, and families with a wide range of mental health and developmental concerns. She is particularly passionate about collaborating with caregivers to support strong parent-child relationships.

Dr. Barnowski Kimball has extensive training in and pulls from a range of evidence-based treatments, including cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), acceptance and commitment therapy (ACT), and parent management training (PMT). Her research interests include examining pediatric anxiety, trauma, and parenting strategies with the goal of advancing evidence-based clinical interventions and expanding access to care.



David Lopez Molina, PhD

Dr. David Lopez Molina (he/him) is a postdoctoral fellow in the Gender and Sexuality Services and Adolescent Dialectical Behavioral Therapy (DBT-A) program within the Anita Saltz Institute for Anxiety and Mood Disorders at the Child Study Center, part of the art of the Hassenfeld Children's Hospital at NYU Langone. He completed his predoctoral internship at New-York Presbyterian – Columbia University Irving Medical Center on the child track. He completed his doctorate degree in Counseling Psychology from Teachers College, Columbia University. He has received extensive training in working with at-risk-youth under evidence-based treatment modalities such as DBT, CBT, and motivational interviewing across multiple settings including inpatient units and partial hospitalization programs.

Dr. Lopez Molina's research has focused on the impact that structural forms of discrimination have on LGBTQ mental health, with a particular focus on suicidal outcomes. More specifically, he has conducted research on the impact that anti-LGBTQ laws and policies have in creating discriminatory environments for LGBTQ populations and its association with suicidal ideation. His research has been awarded with the Doctoral Dissertation Grant and the Dissertation Research Award by Teachers College, Columbia University. His research has been presented in national conferences and in peer reviewed journals.



Olenka Olesnycky, PhD

Dr. Olenka S. Olesnycky (she/her) is a postdoctoral fellow at the Anita Saltz Institute for Anxiety and Mood Disorders within the Child Study Center at Hassenfeld Children's Hospital at NYU Langone. She earned her Ph.D. in Clinical Psychology from Hofstra University, where she was trained in evidence-based mental health care across the lifespan in a community outpatient clinic.

Dr. Olesnycky completed her predoctoral internship on the child track of the combined program at NYU Child Study Center and Bellevue Hospital. Her training included rotations in the Child and Adolescent Partial Hospitalization Program, an Adult Inpatient Unit specializing in psychiatric and substance use comorbidities, and the Child and Adolescent Comprehensive Psychiatric Emergency Program (CPEP) at Bellevue. At the Child Study Center, she completed focused training in Dialectical Behavior Therapy (DBT) for adolescents and in family therapy.

Prior to internship, Dr. Olesnycky trained at the Columbia University Center for Anxiety and Related Disorders (CUCARD), where she delivered evidence-based treatments including Cognitive Behavioral Therapy (CBT) to youth, adults, and families. She also provided inpatient care at the Zucker Hillside Hospital Adolescent Inpatient Unit, using comprehensive DBT adapted for acute settings.

Her research interests include the evolutionary underpinnings of social media use and misuse, as well as the dissemination and implementation of evidence-based mental health care.

Dr. Olesnycky's experience demonstrates her commitment to providing the highest quality of care for children, adolescents, and families struggling with anxiety, mood, and related disorders.