



Department of Child and  
Adolescent Psychiatry

# Child & Adolescent Psychology Postdoctoral Fellows

As part of NYU Grossman School of Medicine's Child and Adolescent Psychology Postdoctoral Fellowships, our fellows are honored to work in a variety of subspecialty focus areas, including attention deficit hyperactivity disorder (ADHD), anxiety and mood disorders, autism spectrum disorder, developmental brain science, disruptive behavioral disorders, early childhood development, pediatric integrated behavioral health, and pediatric neuropsychology.

# Child & Adolescent Psychology Postdoctoral Fellows



## **Anxiety and Mood Disorder Service and Gender & Sexuality Service** **Jorge Cienfuegos Szalay, PhD, MPH**

Dr. Jorge Cienfuegos Szalay (he/him) is a postdoctoral fellow within the Anita Saltz Institute for Anxiety and Mood Disorders and the Gender and Sexuality Service at the Child Study Center, part of Hassenfeld Children's Hospital at NYU Langone. He completed his predoctoral internship at Mount Sinai Morningside & West on the child track and earned his doctorate degree Health Psychology and Clinical Science at The Graduate Center of the City University of New York. He has received extensive clinical training in evidence-based interventions, including providing gender-affirming care for transgender and gender non-conforming youth and their families.

Dr. Cienfuegos Szalay's body of research has focused on examining the psychological and structural factors that impact the health and well-being of sexual and gender minority youth and young adults, and specifically those who are impacted most by the HIV epidemic. He is the recipient of several NIH-funded research awards, including a National Institute of Child & Human Development (NICHD) training award, and a National Institute on Drug Abuse (NIDA) F31 Predoctoral National Research Service Award for his dissertation work on examining the impact of intersectional stigma on the physical and mental health of Black, Latino, and Multiracial young sexual minority men. His first-author and co-author works have been published in several journals, including *Journal of Sex Research*, *Translational Behavioral Medicine*, *Stigma and Health*, and *Journal of Acquired Immune Deficiency Syndromes*.



## **Anxiety and Mood Disorder Service** **Tina Halabian, PsyD**

Dr. Tina Halabian (she/her) is a postdoctoral fellow within the Anita Saltz Institute for Anxiety and Mood Disorders at the Child Study Center, part of Hassenfeld Children's Hospital at NYU Langone. She completed her predoctoral fellowship at the Yale University School of Medicine. She received her Doctor of Psychology degree in Clinical Psychology from Loma Linda University, where she worked under the mentorship of Dr. Tori Van Dyk in the Pediatric Health Behaviors Lab. Her research focuses on investigating the role of sleep in the physical and mental functioning of children and adolescents. She is interested in factors, including social influences, that affect sleep within a population of youth who suffer from clinically significant sleep pathology and sleep disorders.

Dr. Halabian's experience highlights her passion working with children, adolescents, and their families within outpatient and intensive outpatient settings. She completed clinical training at the UCLA Semel Institute for Neuroscience and Human Behavior in the Anxiety, OCD, and Tic Disorders program, providing assessment and Cognitive Behavioral Therapy (CBT) interventions such as Exposure Response Prevention (ERP) to children and teens with severe anxiety disorders. At the Children's Hospital of Orange County (CHOC), she provided fully adherent Dialectical Behavioral Therapy for Adolescents (DBT-A) to youth facing significant emotion dysregulation, suicidal ideation, self-harm behaviors, and other maladaptive patterns. Dr. Halabian also has multiple years of experience providing behavioral health services within integrated primary care settings. She has experience delivering bilingual services with Farsi-speaking families.



## **Autism Spectrum Disorder Service** **Caroline Carberry, PhD**

Dr. Caroline Carberry (she/her) is a postdoctoral fellow within the Autism Spectrum Disorders Service at the Child Study Center. Before coming to NYU Langone, she completed her predoctoral internship at Kennedy Krieger Institute/ Johns Hopkins University School of Medicine in the Child and Family Therapy Clinic, focusing on individual and family therapy for youth using behavioral interventions, acceptance commitment therapy, and dialectical behavior therapy. Dr. Carberry earned her doctorate in combined Clinical-School Psychology from the University of Texas at Austin, where she was the recipient of the Donald Harrington Graduate Research Fellowship. Her research focuses primarily on developing and evaluating assessments for children and adolescents in school, clinical, and pediatric settings. She also received clinical training at the Developmental Pediatrics department at Dell Children's Medical Center, the Eating Recovery Center, and Austin Child Guidance Center.



## **ADHD, Disruptive Behavior Disorders, and Early Childhood Service** **Shaylea Badovinac, PhD**

Dr. Shaylea Badovinac (she/her) is a postdoctoral fellow in the Attention Deficit Hyperactivity and Behavior Disorders Service and the Early Childhood Service at the Child Study Center. She received her undergraduate degree from the University of Toronto, followed by her Master's and PhD in Clinical-Developmental Psychology at York University in Toronto, Canada. Her graduate research investigated the behavioral and biological substrates of parenting and was funded by awards from the Canadian Institutes of Health Research and the Social Sciences and Humanities Research Council of Canada. Dr. Badovinac completed her clinical internship in Pediatric and Child Clinical Psychology at the Alberta Children's Hospital. She has extensive experience providing evidence-based assessment and intervention for children struggling with a range of mental health and neurodevelopmental concerns.



## **Neuropsychology & Learning Service - 2nd Year** **Patricia Pehme, PhD**

Dr. Patricia Pehme (she/her) is a postdoctoral fellow within the Neuropsychology and Learning Service. Opens in a new tab at the Child Study Center. She completed her predoctoral internship on the pediatric track at NYU Langone's Rusk Rehabilitation. Opens in a new tab and earned her doctorate in clinical psychology at the CUNY Graduate Center. Dr. Pehme's graduate research under the mentorship of Dr. Yoko Nomura at the Stress in Pregnancy Laboratory has investigated prenatal stress and epigenetics of the placenta in association with child cognitive, behavioral, and emotional functioning development. Her first-author and co-author work has been published in journals, including *Infant and Child Development*, *Journal of Neuroendocrinology*, and *Infant Mental Health Journal*.

Dr. Pehme's research into how oxytocin gene expression in the placenta predicts later mother-child psychophysiological co-regulation was awarded a grant from the American Psychological Foundation (APF) and a Fulbright Student Research Fellowship. Dr. Pehme is also the recipient of numerous scholarships, including the 2021 Ernesto Malave Scholarship, which recognized her leadership and mentorship within the CUNY community. She has taught undergraduate courses in general psychology and statistics at Queens College.



## **Neuropsychology & Learning Service - 1st Year**

### **Sarah Mandelbaum, PhD**

Dr. Sarah Mandelbaum is a postdoctoral fellow within the Neuropsychology and Learning Service at the Child Study Center, part of Hassenfeld Children's Hospital at NYU Langone. She also provides consultation and neuropsychological evaluations through the Robert I. Grossman and Elizabeth J. Cohen Pediatric Diabetes Center. Before coming to NYU Langone, she completed her predoctoral internship at Northwell Health's Staten Island University Hospital, focusing on neuropsychology. Dr. Mandelbaum earned her doctorate from Ferkauf Graduate School of Psychology, Yeshiva University and completed a master's degree in clinical psychology at Teachers College, Columbia University.

During her doctoral training, Dr. Mandelbaum completed clinical practicum experiences at Mount Sinai Hospital, Memorial Sloan Kettering Cancer Center, and Weill Cornell Medicine. She primarily focused on accumulating experience in providing comprehensive neuropsychological evaluations with individuals across the lifespan, with a pediatric focus. Dr. Mandelbaum is especially interested in evaluating children with various conditions that affect academic functioning, including ADHD, acquired brain injury, autism spectrum disorder, verbal and nonverbal learning issues, and social and emotional difficulties.



## **Integrated Behavioral Health**

### **Stephanie Joseph, PhD**

Dr. Stephanie Joseph (she/her/hers) is a postdoctoral fellow within the Integrated Behavioral Health program within the Department of Child and Adolescent Psychiatry. She completed her Pediatric Behavioral Health Internship at the Cleveland Clinic and earned her doctorate in School Psychology from Temple University. During her graduate training, she developed multiple projects and programs geared towards providing mentorship and support of Black women within academia and diversifying the field of psychology through the establishment of a graduate school pipeline. Her research is dual focused on Black Mental health and Black Academic Identity, with a special interest in Growth Mindset.

Her clinical work centers on providing equitable access to mental health services and support to children, adolescents, and their families. Dr. Joseph has extensive experience in conducting comprehensive neuropsychological and academic evaluations across a broad age range, from early childhood to young adults. She has extensive experience in implementing evidence-based interventions, including acceptance and commitment therapy, cognitive behavior therapy (including Trauma-focused CBT), exposure therapy, and school-based interventions. She is interested in evaluating and providing brief interventions with children and families with various medical conditions. Additionally, she has a special interest in developing and supporting anti-racist and social justice programming within institutions and at the community level.