

Happy Holidays; The 20th Anniversary of the Division of General Internal Medicine and Clinical Innovation; Medical Student Summer Research Fellowship Dinner; Department of Medicine Annual Holiday Party; Innovations in Medicine featuring Tyler D. Webster, MD; Honoring Bruce N. Cronstein, MD; Fluoridation; Patient Experience Book Club to Host “Big 100 Read”; CME Highlight featuring the 4th Annual Critical Care Cardiology Symposium

*December 2024*

# INSIDE *Medicine*

The Newsletter of the Department of Medicine

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## A Message from the Chair, Steve Abramson



# Happy Holidays

As we approach the end of the year, I want to express my gratitude to all members of the Department's faculty, staff, residents, and fellows for your hard work and dedication. Your achievements have been instrumental in elevating NYU Grossman School of Medicine to a premier academic medical center. Wishing you and your loved ones a joyful holiday season and a prosperous New Year.

With deep appreciation,

— Steve

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# Commemorating Two Decades of Innovation

## The 20th Anniversary of the Division of General Internal Medicine and Clinical Innovation



Leaders of the Division of General Internal Medicine and Clinical Innovation at the anniversary reception  
(L-R) Isaac P. Dapkins, MD; Melanie R. Jay, MD, MS; Kelly J. Crotty, MD, MPH; Julia Adamian, MD; Sondra R. Zabar, MD;  
Ann R. Garment, MD; Andrew B. Wallach, MD; Kathleen Hanley, MD

This year marks a major milestone for the Division of General Internal Medicine and Clinical Innovation (DGIMCI) at NYU Langone Health as it celebrates its 20th anniversary. Since its founding in 2004, DGIMCI has significantly advanced the fields of internal medicine, medical education, and patient-centered care, becoming a cornerstone of innovation within the institution.

On Monday, November 18, 2024, a special reception was held to honor this important occasion. The event, hosted by Steven B. Abramson, MD, Chair of the Department of Medicine, and Sondra R. Zabar, MD, Director of DGIMCI, brought together faculty, staff, and friends of NYU Langone Health. Held in the Science Building, the evening provided an opportunity to reflect on the division's achievements and to celebrate its impact on patient care, education, and research.



(L-R) Chair Steven B. Abramson, MD; Sondra R. Zabar, MD; CEO and Dean, Robert I. Grossman, MD; Judith and Stanley Zabar (Parents of Sondra R. Zabar, MD)

A highlight of the evening was the recognition of the establishment of the *Judith and Stanley Zabar Associate Professorship*. This endowed position, made possible by the generosity of Judith and Stanley Zabar, will provide support for cutting-edge research and medical education in general internal medicine and reinforces the division's commitment to academic excellence.

Dr. Zabar, a leader in medical education and innovation, spoke to the division's legacy of shaping the next generation of clinicians through programs like the Program for Medical Education Innovations and Research, Addiction Medicine Fellowship, and General Internal Medicine Fellowship. In his remarks, Dr. Abramson emphasized how DGIMCI's focus on interdisciplinary collaboration and clinical innovation aligns with NYU Langone's mission of advancing healthcare through education, research, and compassionate care.

[View full gallery of photos from the event](#)

As the division embarks on its third decade, its faculty, staff, and collaborators remain steadfast in their dedication to pioneering solutions for the challenges facing internal medicine and clinical education. The DGIMCI's 20th anniversary not only highlights its extraordinary accomplishments but also sets the stage for continued innovation and growth in the years ahead.

## Medical Student Summer Research Fellowship Dinner

**Showcasing Summer Research Opportunities for First-Year Medical Students**



Leadership, faculty, and first-year medical students connect during the Medical Student Summer Research Fellowship dinner

The Department of Medicine recently hosted the Medical Student Summer Research Fellowship dinner on the evening of Tuesday, November 19th, in Alumni Hall at the NYU Grossman School of Medicine. This annual event served as a pivotal opportunity to engage with our first-year medical students and introduce them to the robust research opportunities offered by the Department of Medicine's Summer Research Fellowship Program.

Under the leadership of Milna Rufin, MD, Director, and Adam Skolnick, MD, Associate Director of the program, the gathering provided a welcoming environment for division directors and research faculty to highlight the department's commitment to medical student career development, underscoring NYU Grossman School of Medicine's role in shaping the next generation of clinician-scientists.

"The energy at the dinner was absolutely remarkable, and it was even more inspiring to showcase the amazing work of four of our 2024 summer fellows. We are so unbelievably proud of their achievements, and are excited to see what the 2025 fellows will accomplish! The future is very bright indeed, and we are honored to help guide these future physician scientists and leaders early on in their medical careers," said Dr. Rufin.

The dinner featured engaging discussions on the diverse research opportunities available within the department, emphasizing its dedication to mentoring and guiding medical students in their academic and professional pursuits. Faculty members from various divisions shared insights into their work, showcasing the breadth of research initiatives that students can explore as part of the fellowship program.

This event not only celebrated the department's investment in student development but also reaffirmed its commitment to fostering innovation and academic excellence within the field of medicine. The Department of Medicine thanks all attendees for contributing to the evening's success and looks forward to seeing the impactful research that will stem from these early connections.





[View full gallery of photos from the event](#)

## Festive Holiday Celebration

### Department of Medicine Hosts Annual Holiday Party for Faculty and Staff Leadership



The Department of Medicine hosted its annual Faculty and Staff Leadership Holiday Party at Sarabeth's (L-R) Milna R. Rufin, MD; Christian L. Torres, MD; Mark B. Pochapin, MD; Renee L. Williams, MD, MHPE; Michael P. Janjigian, MD

The Department of Medicine hosted its annual Faculty and Staff Leadership Holiday Party at Sarabeth's Park Avenue South. The evening offered attendees a chance to connect in a festive atmosphere filled with holiday cheer. While many individual divisions within the department also held their own holiday celebrations, this gathering provided a unique opportunity for all divisions on both the faculty and staff sides to come together as one to celebrate the season.

This annual event not only reinforced a sense of unity within the department but also provided an opportunity to reflect on the successes of 2024 and share aspirations for the upcoming year. The evening highlighted the dedication of the faculty and staff who continue to drive excellence in research, education, and patient care. The Department of Medicine extends its gratitude to everyone who contributed to organizing the event and ensuring its success.



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## Innovations in Medicine:

### Conversations with Our Expert Faculty



**Tyler D. Webster, MD**  
Assistant Professor, Department of Medicine  
Director, Medical Education in the Pre-Clinical Sciences  
Co-Director, Cardiology Content  
NYU Grossman School of Medicine

We are proud to spotlight Tyler D. Webster, MD, Assistant Professor in the Department of Medicine and Director of Medical Education in the Pre-Clinical Sciences at NYU Grossman School of Medicine. Recently honored with the Undergraduate Medical Education (UME) Pre-Clerkship Educator of the Year Award, Dr. Webster has been recognized for his exceptional leadership, unwavering commitment, and dynamic engagement in shaping the future of medical education. Sponsored by the Educator Community and the Office of Medical Education, this prestigious award celebrates educators who inspire excellence in foundational medical training. Dr. Webster shares his insights, philosophy, and vision for pre-clinical education at NYU Grossman School of Medicine.

#### **Congratulations on being named the UME Pre-Clerkship Educator of the Year! What does this award mean to you?**

Thank you! It's a humbling honor to receive this award. The pre-clerkship year is a challenging time when students essentially learn the language of medicine. Knowing that my role as Director of the Pre-Clerkship Year and Co-Director of the Cardiology Content has positively impacted students means the world to me. My passion for education is deeply connected to my love for practicing medicine, and I hope that passion reflects in all I do.

#### **What is your overarching philosophy when it comes to medical education, particularly in the pre-clinical phase?**

My philosophy is to prepare every first-year student to excel as a clerkship student. When they enter the wards—whether in medicine, surgery, or OB/GYN—I want them to be fully equipped with the clinical knowledge and reasoning needed to diagnose and treat patients effectively from day one. Equally important, I strive to inspire them to embody empathy, compassion, and a strong bedside manner—the qualities we'd all want in a physician caring for us or our loved ones. If my curriculum achieves these goals, I know I've fulfilled my role as an educator.

**How do you foster curiosity, critical thinking, and connections between foundational sciences and clinical practice among medical students?**

I always aim to connect concepts back to a patient to make foundational sciences relevant. In our Foundations of Medicine module, we tie topics like cellular biology and biochemistry to clinical conditions such as liver and heart disease through patient-focused small group seminars. Additionally, we offer "Lunch and Learn" sessions—optional lectures that dive deeper into clinical and research innovations for a more nuanced perspective. To further bridge classroom learning with clinical practice, we have a robust shadowing program where students observe physicians in action, whether rounding with transplant nephrologists or interacting with dialysis patients. We also host patient presentations where students see diseases they're studying come to life, reinforcing the human connection to foundational sciences.

**What challenges have you faced in teaching pre-clinical medical education, and how has student feedback shaped your approach?**

Teaching in the digital age, with hyperspecialization and limitless online resources, presents the challenge of deciding which breakthroughs to include in the pre-clinical curriculum. To address this, I focus on building a strong foundation in language and pathophysiology, preparing students for a constantly evolving medical landscape and fostering a mindset of lifelong learning. Student feedback plays a crucial role in refining this approach. Some of the most impactful moments come from small group seminars, where students often share that a concept they didn't understand initially became clear by the end. These "light bulb" moments are incredibly rewarding and affirm the importance of interactive, student-focused learning. Supporting students and seeing their growth as future doctors is one of the most gratifying aspects of teaching.

**How do you envision the role of technology in shaping and evolving pre-clinical medical education over the next 5 to 10 years?**

Technology is already transforming pre-clinical education and will play an even greater role in the future. Virtual reality and patient simulation will become key tools, enabling students to "walk around" inside structures like the heart's left atrium or engage with patient simulators that closely mimic real humans. These innovations allow students to explore patient care while mastering foundational medical concepts. Additionally, AI will personalize the learning experience by guiding students along tailored pathways that align with their learning styles and career interests, identifying areas where they need support and providing targeted resources. As pedagogy improves and curricula become more concise, I foresee a trend toward reducing redundancy, getting students to the bedside sooner, and potentially enabling them to complete training at their own pace through milestone-based assessments. These advancements will not only make education more efficient but also better prepare students for success in clinical training.

**What advice would you offer to aspiring medical educators in academic medicine?**

Get involved as early as you can in medical education at any level that interests you and make sure the leaders in that level know you are interested. The author Louisa May Alcott has one of my favorite quotes that I leaned on in all my career endeavors, "There is not much danger that real talent or goodness will be overlooked long." If you have a knack and a fire for medical education, make yourself known to the medical education leaders around you and take every opportunity offered. Recognition of your passion and talent is rarely overlooked and there will be a place for you at the table.



Chair, Steven B. Abramson, MD, presents Tyler D. Webster, MD, with the Undergraduate Medical Education Pre-Clerkship Educator of the Year Award

## Honoring Bruce N. Cronstein, MD

### Celebrating a Legacy of Excellence in Medicine



Bruce N. Cronstein, MD

The Department of Medicine announces the retirement of Bruce N. Cronstein, MD, marking the conclusion of a distinguished career dedicated to advancing medical science and patient care. Dr. Cronstein's impactful work has helped shaped both clinical and translational medicine.

Dr. Cronstein, the Dr. Paul R. Esserman Professor of Medicine, held esteemed roles across multiple departments, including Biochemistry and Molecular Pharmacology and Pathology. As Director of the Division of Translational Medicine from 2014 to 2021 and the Program in Collaborative Research within the Clinical and Translational Science Institute, Dr. Cronstein's leadership fostered innovative collaborations, positioning NYU Langone Health as a leader in precision and translational research.

Throughout his career, Dr. Cronstein's investigations into adenosine receptors, inflammation, and immune regulation laid the foundation for novel therapies in rheumatologic diseases and beyond. His pioneering insights have significantly advanced our understanding of conditions such as arthritis and fibrosis, with many of his findings serving as the basis for new therapeutic approaches in clinical settings.



Scores of colleagues have benefited from Dr. Cronstein's mentorship and commitment to academic excellence. His legacy extends beyond his scientific contributions, influencing countless careers and shaping the next generation of physician-scientists.

"Dr. Cronstein has profoundly impacted the NYU Langone scientific community as a scientist, leader and mentor. As friends and colleagues we are deeply grateful for his legacy." - Steven B. Abramson, MD, Chair of the Department of Medicine.

As we bid farewell to Dr. Cronstein in his professional capacity, we thank him and celebrate his unparalleled contributions and wish him the very best in his retirement. His indelible mark on the medical field will continue to inspire progress and innovation for years to come.

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## The Historian Is In

### Fluoridation



A woman rinsing her toothbrush at a sink

It is perhaps the most indelible Hollywood moment of the Cold War era: Jack D. Ripper, the rogue Air Force general in Stanley Kubrick's classic *Dr. Strangelove*, ordering a nuclear strike against the Soviets for trying "to sap and impurify all of our precious bodily fluids" by fluoridating America's water supply. The story line rings true because the introduction of fluoride as a protection against tooth decay in this era seemed so safe and sensible that only a "conspiracy nut" could take issue with it, much less blow up the world. That was 1964.

Sixty years have passed, the Cold War seems a distant memory ... and fluoride is back in the news. Several weeks ago, Robert F. Kennedy, Jr., the incoming administration's choice to lead Health and Human Services, declared that removing fluoride from the nation's water supply will be among his top priorities. His announcement is hardly surprising, given his penchant for spreading anti-science propaganda. He's already claimed, after all, that vaccines cause autism, that raw milk is safer than pasteurized milk, that AIDS may not be related to HIV, that COVID-19 was "ethnically targeted" to spare Ashkenazi Jews and people of Chinese descent, and that "gender confusion" among children may be caused by toxins in our reservoirs.

But some public health officials today think that Kennedy's views on fluoridation are worth a closer look. For one thing, fluoride is now widely available in toothpaste and other dental products, minimizing its need to be added to the public water supply. For another, research on fluoride exposure in the past decade has pointed to risk factors that weren't known before. In 2019, a study published in *JAMA* concluded that "maternal exposure to higher levels of fluoride during pregnancy was associated with lower IQ scores in children 3 to 4 years old." And a second study published in *JAMA* this year concluded that "prenatal fluoride exposure was associated with increased neurobehavioral problems" in infants. Findings such as



these have encouraged most Western European nations to discontinue the fluoridation of their water supplies. In the United States, only Hawaii and a handful of municipalities have followed suit.

The difficulty here lies in separating the legitimate concerns raised by fluoridation from the junk science regularly preached by RFK, Jr. And this will become even more difficult as the reach of his bully pulpit expands. As Leana S. Wen, MD, MSc, noted recently in The Washington Post: "I would caution the medical and scientific community against knee-jerk reactions. Not every proposal from Trump and Kennedy is a five-alarm fire... [We] need to save our outrage for when it's really warranted."

Excellent advice in difficult times.

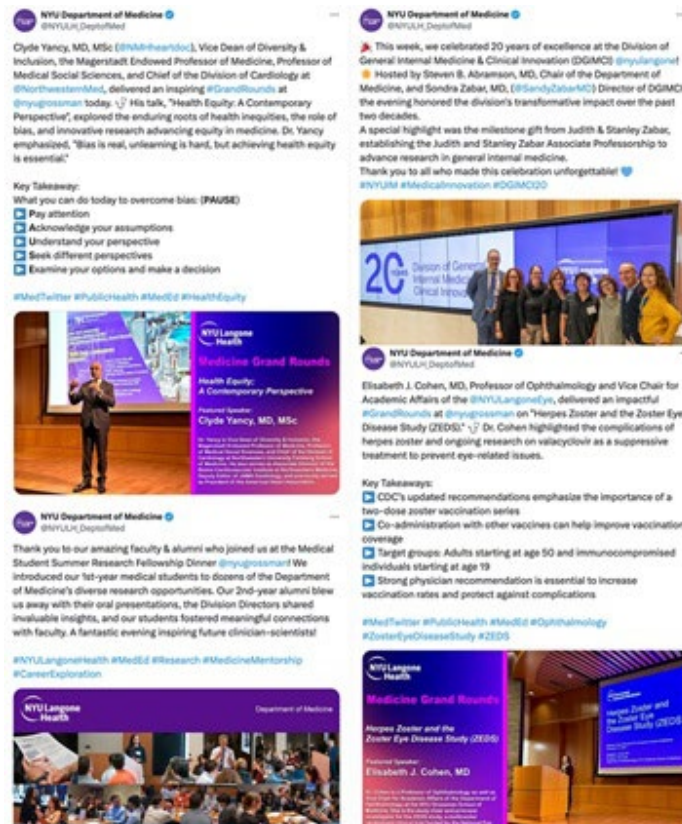


**David M. Oshinsky, PhD**  
Professor, Department of Medicine  
Director, Division of Medical Humanities

## The Digital Pulse

*A roundup of select posts from our social media channels.*

*Be sure to join the conversation, and don't forget to tag us as you share your accomplishments!*





Follow our social channels by clicking the photo or icons above!

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## The Book Report

### **Jennifer G. Adams, MD - *Small Things Like These***

*Small Things Like These* by Claire Keegan is the perfect winter read. Set in a small Irish town during the 1985 Christmas season, the book beautifully explores themes of empathy, morality, and the complexities of family life.

The story centers on Bill Furlong, a hardworking coal and timber merchant devoted to providing for his family while treating others with compassion. As we follow Bill on his daily deliveries, the narrative takes a profound turn when he discovers a young girl imprisoned and impoverished within the Magdalene Laundry. This moment forces Bill—and the reader—to confront themes of injustice, moral responsibility, courage, and the strength required to act righteously in the face of societal indifference.

Keegan's prose is poetic, with every word carrying weight and significance. Despite its brevity, the book leaves a lasting impression, offering a depth and resonance that linger well beyond the final page. In a world where difficult choices are unavoidable, *Small Things Like These* serves as a poignant reminder of the power of empathy and the necessity of standing up for what is right.



#### **Jennifer G. Adams, MD**

Associate Professor, Department of Medicine  
Coach, Transition to Residency Advantage  
Director, Primary Care and Community Medicine Residency Tracks  
Frankfort Family Director, Center for Empathy in Medicine

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### **Patient Experience Book Club to Host "Big 100 Read" in January 2025**

The Patient Experience Book Club, founded by Katherine Hochman, MD, MBA, in 2012, will commemorate its 100th book with a special "Big 100 Read" series in January 2025. The selected book, *The Last Lecture* by Randy Pausch, offers profound reflections on life from a Carnegie Mellon professor who faced terminal pancreatic cancer.

Supported in part by a grant from The NYU Langone Auxiliary Board, the book club brings together members from across NYU Langone Health, spanning from New York to Florida.

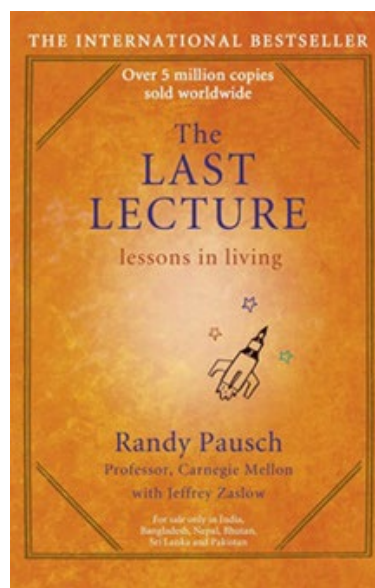
This event builds on the success of the club's 2017 "Big Read," which engaged over 700 participants. Join us in celebrating this milestone and engaging in meaningful discussions inspired by Pausch's reflections on living life to its fullest.

#### Event Details:

- **Sessions:**
  - WebEx & in-person sessions available
  - January 21 - February 20, with midday and afternoon time options
- **Registration is required:** [Click here to register](#)



**Katherine Hochman, MD, MBA**  
Associate Professor, Department of Medicine  
Division Director, Hospital Medicine  
Associate Chair, Quality of Care, Department of Medicine



[Register for the "Big 100 Read"](#)

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## Featured Student Essay

### Learning to Practice Mindfulness in Medicine

My first memory of New York City during NYU's Revisit Weekend was watching a group of people—some in business formal, others barefoot in Buddhist robes—seated cross-legged outside Moynihan Train Hall. As the city buzzed around them, they sat unmoving, eyes serenely shut, a scene that took me back to my college days of meditating in a quiet room overlooking a grassy campus. In those sessions, we learned to devote our attention completely to the present moment—our breath, a repeated phrase, or the sensation of our body in space—and to constantly redirect our thoughts if they wandered. But here on 8th Avenue, amidst the city's chaos, I marveled at how they could stay focused.

Once I moved to the city and started medical school, I quickly adapted to and even enjoyed the chaos and distraction that was so readily available. I prided myself on multitasking—turning walks into flashcard sessions, squeezing in question blocks before concerts, even listening to lectures while running. It seemed like a way to succeed while still enjoying life. But soon, the pressure to be productive invaded every moment. At a dinner with friends celebrating the end of an exam, I realized we were all on our phones,

trying to “get a little work done.” That’s when it hit me: the demands of medical education were reshaping how we interacted with the world, eroding our ability to be fully present.

As I transitioned to a clinical environment during clerkships, I saw how these pressures compounded for residents and attending physicians. Medical trainees must balance their own learning, teaching others, coordinating care, writing notes, reviewing labs, conducting research, and, of course, caring for patients. It’s easy to bring this habit of distraction and multitasking into patient care.

We were warned early in medical school that empathy erodes during training, and I began to understand why. By the time we reach clinical rotations, we are pulled in so many directions that it becomes difficult to remain fully present with each patient. I thought about what it must feel like for patients who have waited months for an appointment or are experiencing a life-altering hospitalization, only to find their physician distracted by a screen, preoccupied with other tasks. In these moments, we risk losing the human connection that drew us to medicine in the first place. The patient becomes another item on a to-do list, rather than a person in need of care. As we become more skilled at multitasking, we risk losing the empathy we vowed to uphold as healers.

One way to counteract these tendencies is mindfulness. Although it has become a buzzword, mindfulness is fundamentally about focusing fully on the present moment, quieting both external distractions and internal dialogue. Whether it’s concentrating on your breath or giving undivided attention to a patient amidst the noise of a hospital ward, mindfulness allows us to be truly present.

For medical professionals, mindfulness can be a powerful tool to combat burnout, promote empathy, and foster deeper patient connections. It not only reduces stress and anxiety but also improves patient care by encouraging active listening and engagement. By focusing on the present, we can resist the urge to multitask and give patients the attention they deserve, preserving the humanistic side of medicine.

Integrating mindfulness into the fast pace of medicine is challenging but possible. I found inspiration in small moments, like attending a yoga event in Times Square this summer. I realized how much I’d changed since arriving in the city. The noise of the streets had only increased, but my ability to focus had strengthened. I didn’t need to retreat to a serene center to practice mindfulness; I needed to practice it amidst the chaos around me.

In the hospital, we face similar challenges. It’s easy to feel overwhelmed by the sheer volume of patients, tasks, and responsibilities. But mindfulness offers a way to stay grounded. Taking a moment to breathe before entering a patient’s room, fully focusing on their words without letting your mind wander to the next task—these small acts of mindfulness can make a big difference in patient care.

The distractions of medical training won’t disappear. But learning to manage them through mindfulness—by constantly redirecting my attention—will help me stay present. Some walks will remain “Anki walks,” but others will be moments of presence, allowing me to reconnect with myself and be refreshed for my interactions with loved ones and future patients. The practice of mindfulness, this constant redirection of attention, is what I’ll carry with me moving forward.

As I continue my medical training, I hope to stay connected to these principles. Mindfulness won’t solve all the challenges of modern medicine, but it will help me stay grounded and present with the patient sitting in front of me.

#### *Citations:*

Howick, J., Dudko, M., Feng, S.N. et al. Why might medical student empathy change throughout medical school? a systematic review and thematic synthesis of qualitative studies. *BMC Med Educ.* 23, 270 (2023). <https://doi.org/10.1186/s12909-023-04165-9>.



Mindfulness and empathy for healthcare professionals. National Center for Biotechnology Information. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC11036457/>. Published 2023. Accessed September 23, 2024.

Yang Y, Makowski D, Fung F, et al. The effectiveness of mindfulness-based interventions on empathy and compassion in medical students: a systematic review and meta-analysis. *BMC Med Educ*. 2023;23(1):456. doi:10.1186/s12909-023-04165-9.

Christine Schremp is a second-year medical student at NYU Grossman School of Medicine with an interest in psychiatry and neurology. She graduated from Brown University in 2022 where she studied neuroscience and data science. Before medical school, she worked as an EMT and engaged in neurostimulation research for treatment-resistant depression. She is excited to continue developing her clinical skills throughout her clerkship year. Outside of medical school, she enjoys running, trying new recipes, and exploring NYC's cafes.



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## CME Highlight

### 4th Annual Critical Care Cardiology Symposium



Director, Leon H. Charney Division of Cardiology, Glenn I. Fishman, MD, addresses attendees of the 4th Annual Critical Care Cardiology Symposium

The Leon H. Charney Division of Cardiology hosted the 4th Annual Critical Care Cardiology Symposium, underscoring its leadership in the specialty of cardiac critical care. With over 100 esteemed speakers from across the globe and more than 800 participants—300 attending in person—this event has cemented its reputation as a premier gathering for advancing this evolving field.

The symposium itself serves as a key platform for education and collaboration, bringing together leaders in the field to exchange insights and explore advancements. This year's event further highlighted NYU Langone's role in the establishment of the Society of Critical Care Cardiology, positioning the institution as a driving force in shaping the future of this discipline.

NYU Langone Health stands at the forefront of cardiac critical care, housing the nation's largest team of specialists in this emerging discipline. The division is home to 12 attending physicians dedicated exclusively to cardiac intensive care—a remarkable feat in a field with fewer than 200 specialists nationwide.

NYU Langone's investments in cardiac critical care are integral to its broader goals of enhancing patient outcomes and maintaining its top-tier rankings in Vizient and cardiology metrics. Through initiatives like the Critical Care Cardiology Symposium and its comprehensive fellowship program, NYU Langone continues to set benchmarks for excellence in cardiac intensive care, ensuring better outcomes for patients and advancing the field as a whole.

This year's symposium celebrated not only the division's achievements but also its enduring commitment to innovation, education, and exceptional care.



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## News & Awards

### Faculty Honors

#### *Division of Environmental Medicine*



**George D. Thurston, ScD**, was recently confirmed as a Co-Chair of the [Policy Committee](#) of the International Society for Environmental Epidemiology.



**Arul Veerappan, PhD**, has received a K01 Award from the Centers for Disease Control and Prevention for his work: "World Trade Center Particulate Matter-Associated End Organ Dysfunction: Targeting Early Vascular Dysfunction and Injury".

### *Division of Gastroenterology & Hepatology*



**Jordan E. Axelrad, MD, MPH**, has been awarded the national Sherman Emerging Leader Prize for his contributions to the advancement of inflammatory bowel disease research and care. See [video here](#).

### *Division of General Internal Medicine & Clinical Innovation*



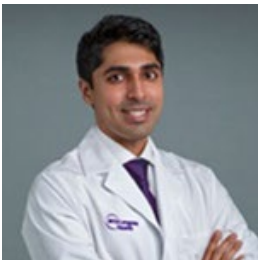
**Olugbenga G. Ogedegbe, MD, MPH**, has been named to the Highly Cited Researchers 2024 [list](#), compiled annually by Clarivate Analytics.

### *Division of Precision Medicine*



**Souptik Barua, PhD**, presentation on “Fitbit-Measured Physical Activity Is Inversely Associated with Incident Atrial Fibrillation Among All of Us Participants” has been featured by [NYU Langone Newshub](#), [Healthline](#), [HealthDay](#), and [Science Daily](#). It was also presented in the Chairman’s Circle Research Scholars Celebration at NYU Langone.

### *Division of Pulmonary, Critical Care, and Sleep Medicine*



**Vivek Murthy, MD**, was named Director of the Lung Cancer Screening Program at Bellevue Hospital.



**Daniel H. Sterman, MD**, was the invited plenary speaker at Immuno-Oncology Hong Kong 2024 to speak about “The Impact of Local Therapy on Systemic Treatment of Lung Cancer.”

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## Promotions

### *Division of Gastroenterology & Hepatology*



**Tamara Brodsky, MD, MBA**, Clinical Associate Professor of Medicine

### *Division of General Internal Medicine & Clinical Innovation*



**Melanie R. Jay, MD, MS**, Professor of Medicine

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## Upcoming Events & CME

### **CME: Big Gut Seminars: Focus on Complex Pancreatic Disease**

January 10, 7:30am – 4:45pm

*Details and registration link [here](#)*

### **CME: Inspired MD Summit: A Professional Growth and Leadership Development CME Event for Physicians**

February 7, 8:10am – 4:45pm

*Details and registration link [here](#)*

### **CME: Updates in Endocrinology 2025**

February 21, 7:15am – 5:20pm

*Details and registration link [here](#)*

### **CME: 18th Annual Clinical Research Methodology Course**

March 13, 9:00am – 12:20pm

*Details and registration link [here](#)*

### **CME: Advances in Home Mechanical Ventilation: From the Iron to Artificial Lung**

March 14-15, 7:30am – 12:50pm

*Details and registration link [here](#)*



### **CME: NYU Langone Seminar in Advanced Rheumatology**

March 20-21, 7:00am – 6:00pm

Details and registration link [here](#)

### **CME: Ultrasound for Rheumatologists and Other Musculoskeletal Providers: Beginner and Intermediate Levels**

March 22-23, 7:30am – 3:15pm

Details and registration link [here](#)

### **CME: Sarcoidosis: Navigating Complexities of Multidisciplinary Care**

March 26, 8:00am – 5:15pm

Details and registration link [here](#)

### **CME: Big Gut Seminars: Focus on Complex Inflammatory Bowel Disease**

March 28, 7:00am – 6:00pm

Details and registration link [here](#)

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## **Select Publications**

### **Leon H. Charney Division of Cardiology**

**Bloom MW**, Vo JB, Rogers JE, Ferrari A, Nohria A, Deswal A, Cheng RK, Kittleson MM, Upshaw JN, Palaskas N, Blaes A, Brown SA, Ky B, Lenihan D, Maurer MS, Fadol A, Skurka K, Cambareri C, Chauhan C, Barac A. Cardio-Oncology and heart failure: a scientific statement from the Heart Failure Society of America. *J Card Fail*. 2024 Sep 18:S1071-9164(24)00363-4. doi: [10.1016/j.cardfail.2024.08.045](#)Epub ahead of print.PMID:39419165.

**Hu Y**, Lui A, Goldstein M, Sudarshan M, **Tinsay A**, **Tsui C**, **Maidman SD**, **Medamana J**, Jethani N, Puli A, Nguy V, Aphinyanaphongs Y, **Kiefer N**, **Smilowitz NR**, **Horowitz J**, Ahuja T, **Fishman GI**, **Hochman J**, **Katz S**, **Bernard S**, Ranganath R. Development and external validation of a dynamic risk score for early prediction of cardiogenic shock in cardiac intensive care units using machine learning. *Eur Heart J Acute Cardiovasc Care*. 2024 Jun 30;13(6):472-480. doi: [10.1093/ehjacc/zuae037](#). PMID: 38518758; PMCID: PMC11214586.

### **Holman Division of Endocrinology, Diabetes & Metabolism**

Schatoff D, Jung IY, **Goldberg IJ**. Lipid disorders and pregnancy. *Endocrinol Metab Clin North Am*. 2024 Sep;53(3):483-495. doi: [10.1016/j.ecl.2024.05.009](#). Epub 2024 Jun 18. PMID: 39084821.

Vanegas SM, Curado S, Gujral A, Valverde G, Parraga S, **Aleman JO**, Reid M, Elbel B, Schmidt AM, Heffron SP, Segal E, Li H, Abrams C, Sevvick MA, Popp C, Armijos E, Merriwether EN, Ivezaj V, Ren-Fielding C, Parikh M, Jay M. Cohort profile: study design and baseline characteristics of an observational longitudinal weight loss cohort and biorepository of patients undergoing sleeve gastrectomy in the USA. *BMJ Open*. 2024 Aug 24;14(8):e081201. doi: [10.1136/bmjopen-2023-081201](#). PMID: 39181563; PMCID: PMC11344502.

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#### **Division of Environmental Medicine**

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