

January 2025

INSIDE *Medicine*

The Newsletter of the Department of Medicine

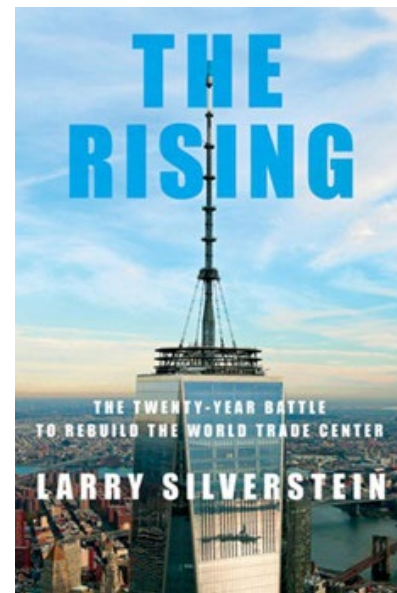
A Message from the Chair, Steve Abramson

Resilience

It is difficult to fully grasp the surreal devastation in Los Angeles and the profound impact it will have on the city and each individual as they begin to recover from their loss. While every crisis is unique, the resilience that will be needed in the months and years ahead brought to mind what was to be this month's Book Club selection, "The Rising" by Larry Silverstein, a longstanding member of the NYU and NYU Langone Health Boards of Trustees. "The Rising" recounts Mr. Silverstein's two-decade effort to rebuild the World Trade Center following the tragic attacks of September 11, 2001. As misfortune would have it, Mr. Silverstein had signed a lease for this national landmark just seven weeks prior to 9/11. "The Rising" details his dedication and resilience as he overcame years of challenges, including political and bureaucratic obstacles, disputes among architects, and the engineering complexities of rebuilding on a site of such historical significance. "The Rising" not only highlights Mr. Silverstein's relentless dedication to restoring the landmark, but also serves as a valuable historical document that captures his contributions to the renewal and transformation of lower Manhattan in the aftermath of 9/11. We are honored to have Larry Silverstein as a longstanding trustee of both the university and the medical school. A notable example of his generosity occurred in 2012, when Larry and his wife Klara established the Silverstein Scholars Program. This initiative, which anticipated the tuition-free policy for all medical students introduced in 2018, has provided free tuition to over 70 exceptional students since its inception.



Larry Silverstein at the World Trade Center construction site



Bellevue Appoints New Chief Medical Officer



NYC Health + Hospitals/Bellevue Lobby

NYC Health + Hospitals/Bellevue has named Amit Uppal, MD, Associate Professor in the Division of Pulmonary, Critical Care, & Sleep Medicine in the Department of Medicine, as its new Chief Medical Officer (CMO), effective January 6, 2025. Dr. Uppal, a 15-year veteran of Bellevue, succeeds Nate Link, MD, who served as CMO for 12 years and will transition to a hospitalist role while also serving as Associate CMO to support Dr. Uppal during this leadership transition.

Previously Chief Quality Officer, Dr. Uppal has been a pivotal leader at Bellevue since joining in 2008. His work has focused on advancing clinical outcomes, including initiatives to improve sepsis detection, airway safety, and critical care capacity. He has also demonstrated exceptional leadership during crises such as Superstorm Sandy, the Ebola outbreak, and the COVID-19 pandemic.



Amit Uppal, MD

Under Dr. Uppal's guidance, Bellevue's Quality Department has expanded its impact across regulatory compliance, performance improvement, and staff wellness. In his new role, he aims to further enhance patient care delivery and operational excellence.

Dr. Link's legacy as CMO includes steering Bellevue through defining moments such as Superstorm Sandy and the COVID-19 pandemic. His ongoing contributions will ensure a seamless leadership transition while maintaining the hospital's commitment to exceptional care.

The Department of Medicine extends its congratulations to Dr. Uppal as well as profound gratitude to Dr. Link for his exemplary service.

Honoring Our Residents' Next Steps in Medicine

Our Internal Medicine Residency Program Matches to Prestigious Fellowships Nationwide



The Internal Medicine Residency Program at NYU Grossman School of Medicine and NYU Langone Health celebrated an exceptional Fellowship Match Day on December 4, 2024. This milestone highlights the achievements of our residents as they embark on the next steps of their medical careers in prestigious fellowship programs across the country.

We are proud of the outstanding positions our residents have earned, reflecting their dedication, skill, and commitment to excellence. From addiction medicine to pulmonary and critical care and other specialties, our residents are poised to make significant contributions to their chosen fields.

Congratulations to all who participated in this year's fellowship match process. Your success is a testament to your hard work and to the robust training and mentorship within our program. We look forward to witnessing the remarkable impact you will have as leaders in medicine.

Below, a few of our residents share encouraging words about their fellowship match and time here at NYU Grossman School of Medicine.



Juan Cerezo, MD, Resident Physician, PGY-3

"I am thrilled to have matched in gastroenterology at my top choice: NYU Grossman School of Medicine! This institution has provided me with excellent clinical training, research opportunities, and mentorship which has prepared me for this next step of my career. I am very excited to continue my training here and continue to learn from our faculty and patients."

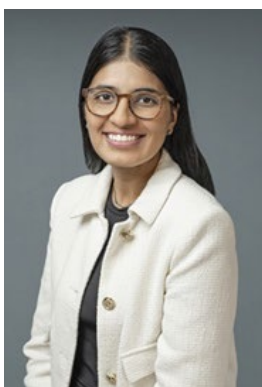
Scott Thomas Meyer, MD, Resident Physician, PGY-3

"I am incredibly excited to have matched into endocrinology and have the opportunity to dive further into the world of hormones. I'll be returning to UCLA, where I did medical school, taking all that I've learned here back with me. I'm thankful for my time at NYU Grossman School of Medicine, where I was able to shape my clinical skills and build a strong foundation within internal medicine. I will forever be grateful for the mentorship I received and all those who helped me along the way."



Sharnendra Sidhu, MD, Executive Chief Resident, Internal Medicine

"I am beyond thrilled to begin my cardiovascular training at NYU Grossman School of Medicine. Since starting medical school here in 2018, this institution has truly felt like home. I approached the fellowship match process with an open mind, and the Division of Cardiology's supportive and collegial culture, exceptional mentorship, and rigorous clinical training made the decision to rank this program first an easy one. The people I work with on a daily basis are what make NYU Grossman School of Medicine so special — their camaraderie makes coming to work a joy, and I feel incredibly fortunate to have matched here for fellowship."



Jacqueline Wang, MD, Executive Chief Resident, Internal Medicine

"I am absolutely thrilled to have matched to Memorial Sloan Kettering Cancer Center for hematology and oncology fellowship! I feel incredibly grateful for all of the personal and professional growth I have undergone throughout my residency training at NYU Grossman School of Medicine and the immense support I have received from my colleagues, mentors, program and institutional leadership. I could not ask for a better clinical training and research mentorship experience and am greatly looking forward to the next phase of my training and career!"



[View the 2024 Fellowship Match List](#)

Staff Milestone Celebration Event

Honoring Exceptional Contributions of Staff Members in the Department of Medicine



Chair Steven B. Abramson, MD, addresses the Department of Medicine staff at the milestone celebration

On December 18th, the Department of Medicine hosted its inaugural staff milestone celebration to honor employees who have dedicated 5, 10, 20, and even up to 50 years of service to the institution. This event celebrated not only the longevity and dedication of staff but also their essential contributions to the mission of excellence in patient care, education, and research.

The gathering underscored the importance of teamwork and collaboration across the department's many divisions. The afternoon included words of appreciation from department leaders, recognizing the critical roles played by staff members in achieving shared goals. "We come together to honor and celebrate our exceptional staff who have achieved significant milestone anniversaries. We are not only honored to have such an outstanding group of individuals working with us, but even more honored that they have chosen to stay and continue to grow within the Department of Medicine," noted Patricia Gaeta, MBA, Senior Department Administrator, and host of the event.

A highlight of the event was the recognition of Madeline "Maddy" Rios, Executive Assistant to the Chair, Steven B. Abramson, MD, who marked an extraordinary 50 years at NYU Langone Health. Maddy's half-century of dedication embodies the values of loyalty and excellence that define the department. Her unwavering commitment has left an indelible mark on the department and continues to inspire colleagues.

As Dr. Abramson shared during the celebration, "Maddy has been by my side through it all, and anyone who knows her understands how truly exceptional she is. Everyone values Maddy's warmth and kindness in every interaction. It's been an incredibly special relationship. We've weathered many challenges together—the turmoil at the Hospital for 9/11, the COVID pandemic, and many more. I don't think I, or anyone, could ask for a better partner in their career than Maddy Rios."

Congratulations to all honorees for their dedication and service. The Department of Medicine is grateful for your unwavering commitment to advancing our mission and looks forward to continued success together in the years ahead.



[List of Staff Honored at the Event](#)

[View Full Gallery of Photos](#)

Innovations in Medicine:

Conversations with Our Expert Faculty



Nikhil Kumta, MD, MS

Chief, Endoscopy, Tisch Hospital/Kimmel Pavilion

Member of the Faculty, Department of Medicine

Nikhil Kumta, MD, MS, a nationally recognized expert in advanced interventional endoscopy, has joined NYU Langone Health as Chief of Endoscopy at Tisch Hospital and Kimmel Pavilion. Specializing in minimally invasive techniques for gastrointestinal cancer prevention, detection, and treatment, he brings extensive experience in managing complex pancreatic, biliary, and gastrointestinal conditions without major surgery. In his new role, Dr. Kumta aims to advance NYU Langone Health's endoscopy program with innovative procedures, cutting-edge technologies, and a patient-centered approach. We discussed his vision for the endoscopy program at Tisch Hospital and Kimmel Pavilion.

Congratulations on your new role as Chief of Endoscopy at Tisch Hospital/Kimmel Pavilion. What excites you most about this position and your vision for the program moving forward?

Thank you! This role represents an incredible opportunity to elevate the field of endoscopy and redefine what's possible in patient care. What excites me most is the chance to work with and lead a world-class team in transforming how we diagnose and treat gastrointestinal diseases. My vision is to continue to advance a program that combines cutting-edge technology, multidisciplinary collaboration, and an unwavering commitment to patient-centered care. Together, we will expand access to the most advanced procedures, innovate through research, and inspire the next generation of endoscopists to push the boundaries of what we can achieve.

With advancements in technology and endoscopic techniques, how do you plan to integrate innovation into the our clinical and academic missions?

Endoscopy is at the forefront of a medical revolution, and we have a responsibility to lead the way. My approach is to integrate the latest advancements—such as artificial intelligence, robotics, and next-generation imaging—into both clinical care and research. We'll expand programs like third-space

endoscopy and advanced therapeutic techniques, ensuring NYU Langone Health remains a destination for complex and innovative procedures. Academically, we'll foster a culture of discovery to explore novel ideas, tools, and technologies and develop solutions that set new standards in care.

As Chief of Endoscopy, you'll be working closely with a diverse team of physicians and staff. How do you plan to foster collaboration and enhance patient care?

Collaboration is the cornerstone of excellence in healthcare. I plan to cultivate a culture where every voice—whether from physicians, nurses, or support staff—is valued and contributes to our shared mission of outstanding patient care. Regular multidisciplinary case discussions, cross-departmental partnerships, and transparent communication will be foundational. Additionally, we'll implement streamlined systems to enhance efficiency, ensuring patients receive timely and comprehensive care. By empowering our team with the tools, resources, and recognition they deserve, we can achieve extraordinary outcomes together.

Are there specific areas of research or clinical focus you hope to prioritize?

My primary focus is advancing therapeutic endoscopy, including minimally invasive techniques such as endoscopic submucosal dissection (ESD), peroral endoscopic myotomy (POEM), and endoscopic suturing. These interventions can be an alternative to more invasive surgeries, improving recovery times and outcomes. I'm also passionate about exploring the role of endoscopy in managing obesity and metabolic disorders, particularly as we align with innovations in GLP-1 medications. Research on integrating AI to enhance early cancer detection and optimize procedural precision will be another key priority, as these technologies can profoundly impact lives.

How do you plan to approach mentorship and education for trainees and young faculty members?

Mentorship is one of the most impactful ways to shape the future of medicine. My approach is to provide individualized mentorship that aligns with each trainee's or faculty member's unique aspirations, whether in clinical practice, research, or education. We'll create structured opportunities for hands-on training in advanced techniques, robust feedback loops, and collaborative research projects that inspire intellectual curiosity. Above all, I want to instill a sense of purpose and possibility, empowering the next generation to innovate and lead with compassion.

Humanities and Art in Medicine

Announcements from the Humanistic Medicine Program

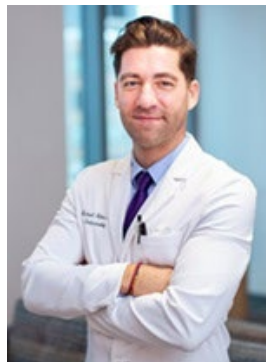


The Humanistic Medicine Program is excited to announce the new programming for the upcoming 2025 year. We are pleased to bring to the NYU Grossman School of Medicine a new *Artist in Residence*, who will facilitate visual workshops for medical students each month, helping create regular spaces for humanities. The *Artist in Residence* (or AIR) is a two-year program that will allow the artist to interact and form creative bonds with the students, help them to learn new artistic mediums, hone skills of observation, and help complement their medical curriculum.

Additionally, during the spring 2025 semester, we are looking forward to offering a student-led AI ethics seminar, a short seminar on writing op-eds, and other workshops that span from history to dance and writing. We hope to again curate an arts showcase to celebrate the creative students, staff, and faculty in our community!

The aim of our Humanistic Medicine Program is to advance and enrich medical education by infusing humanism through artistic endeavors which we believe these programs will help foster.

If you are interested in getting more involved, supporting, or staying updated on our humanities and ethics programming, please email Jordan.Reif@nyulangone.org.



Michael Natter, MD

Clinical Assistant Professor of Medicine

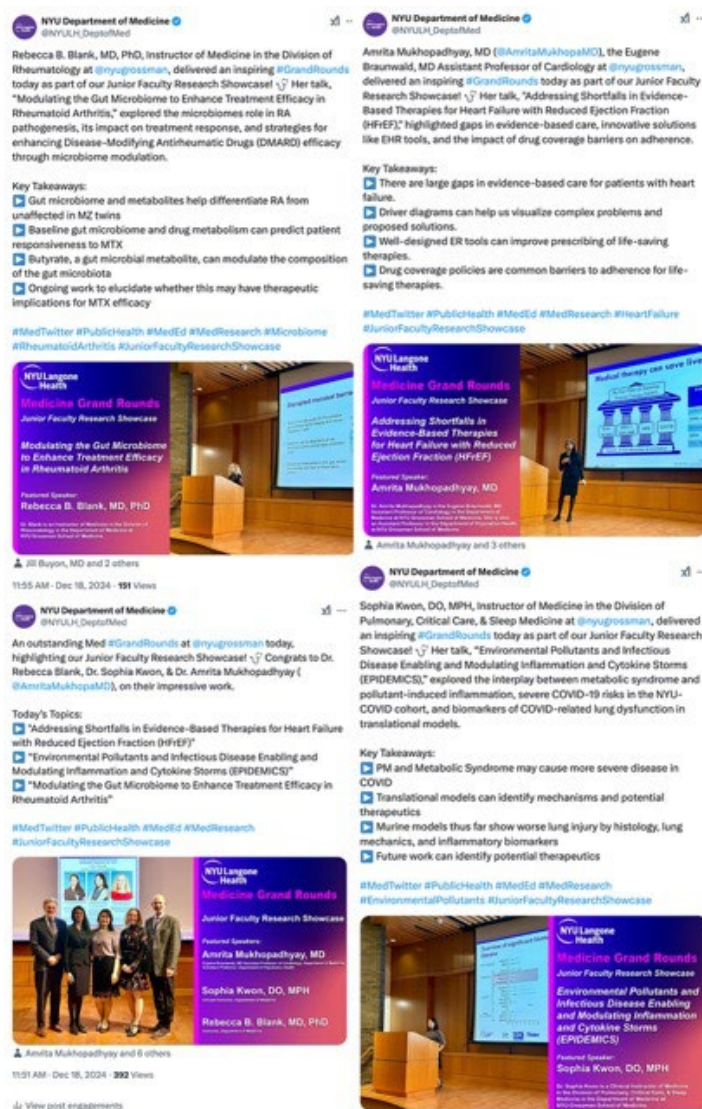
Co-Director of the Humanistic Medicine Program

NYU Grossman School of Medicine

The Digital Pulse

A roundup of select posts from our social media channels.

Be sure to join the conversation, and don't forget to tag us as you share your accomplishments!



Follow our social channels by clicking the photo or icons above!

Featured Student Essay

I Found Mine, But He Didn't Find His: Should We Screen for Testicular Cancer?

**Disclaimer: I acknowledge that not everyone with testicles identifies as male. However, the research discussed below studied individuals with testicles who were categorized as male. Therefore, I use this term only as a reflection of the data presented.*

Remember at the start of medical school when someone stood before the class and warned everyone not to contract the dreaded medical student syndrome (MSS)? It's the condition where medical students self-diagnose the diseases they're studying. Well, this is great advice, but boy am I glad I didn't listen! In April 2024, near the end of my preclinical year, I noticed something was off about one of my testicles. It was bigger than the other and felt oddly firm, but it didn't hurt. Curious about this, I found a slide in my notes titled "Testicular Germ Cell Tumors" with a photo of testicles almost identical to mine and the symptomatic syndrome of "painless, enlarged, and firm"¹. "Not cool", I thought. Then my MSS kicked in, and two

student clinic visits, three weeks, and one orchiectomy later, my whirlwind dance with cancer was (hopefully) over. I'm fortunate that I found it so early, but I also had the privilege of having medical knowledge available and a school administration that supported me the whole time.

Not everyone's cancer experience is such a smooth ride. Last month, the very first patient I cared for during my inpatient medicine clerkship had the very same cancer I had just beaten. However, he hadn't noticed his until it had already metastasized to his lungs, spine, and retroperitoneum. His whole life had just been turned upside down all because he *didn't* know what to look for. We eventually bonded over our shared membership to the club no one wants to be in (The Cancer Club), but this got me thinking; This person maybe could've caught it earlier. Instead, he was bedbound receiving potent chemotherapy that was taking a heavy toll on his spirits. I was frustrated that the same disease that left me virtually unscathed was forcing my patient to fight so hard for his life. So, should we be screening everyone for testicular cancer (TC)? And if we did, would it make any difference?

First, let us consider the characteristics of TC. TC is a relatively rare form of cancer, with an incidence of 5.4 cases per 100,000 males². However, according to the National Cancer Institute, "testicular cancer is the most common malignancy in men aged 15 to 34 years"³. Although not a prevalent disease, it affects young men during a significant social and professional period of life, causing a considerable impact on the community⁴. Fortunately, significant advances in TC management have improved the 5-year relative survival rate from 83% in 1977 to 95% in 2019⁵. Additionally, TC is curable even in late stages. Sandeman reported no statistical differences in success rates (disease-free at three years) according to the interval between the first consultation and the first treatment⁴. Therefore, TC is a rare cancer occurring mainly in young men that even when treated after metastasis has a high cure rate.

We can now consider what we would want from a TC screening test. An ideal screening test accomplishes two goals⁶:

1. It detects the disease during its preclinical phase when treatment is more effective than after the patient develops signs and symptoms.
2. It aids in identifying risk factors for disease development so they can be used to prevent or lessen their impact.

To accomplish these goals, the test must⁶:

1. Have a high disease detection rate prior to disease symptom onset.
2. Be safe for the patient.
3. Not be cost-prohibitive.
4. Lead to improved outcomes.
5. Be accessible to the population.

In addition, the disease itself must⁶:

1. Cause significant morbidity and mortality in the population.
2. Allow more effective treatment with earlier detection.

Some may argue that TC causes significant morbidity and mortality, but because it is curable even at later stages, it does not fit the criteria for an easily screenable disease. But let's still examine existing TC tests for completeness. Moul reports that "the principal screening test for testicular cancer is palpation of the testis by an examiner"⁷. However, the sensitivity, specificity, and positive predictive value of testicular

examination in asymptomatic patients are unknown^{2,7}. Moreover, no harms of testicular self-examination (TSE) as a screening tool have been quantified⁸. To date, no studies have evaluated the benefits or harms of TC screening⁹. Without knowing these crucial characteristics, there is no way to confidently state that TSE is an adequate screening test for TC. For these reasons, the US Preventive Services Task Force (USPSTF) recommends against screening adolescent and adult men for testicular cancer based on a Grade D recommendation².

Other possible methods of TC screening exist. Serum tumor markers and testicular ultrasound are tests used to confirm the diagnosis of TC at presentation¹⁰, but these have their pitfalls. Serum tumor markers (alpha-fetoprotein, beta-hCG, lactate dehydrogenase) are typically used to differentiate types of TC¹¹ but are not specific enough to be useful as screening tests¹⁰, while Lin and Sharangpani determined that the number needed to screen using testicular ultrasound is too high to be viable⁹. It appears that there are no evidence-supported screening tests for TC, and this is predominantly based on a *lack* of evidence demonstrating benefit or harm⁹. More research into TSE as a screening tool would likely give a more definitive answer.

Although the USPSTF recommends against screening for TC, Rovito et al. endorse using TSE as a secondary prevention tool¹². Germ cell tumors, which are primary testicular tumors, account for approximately 95% of all testicular tumors¹³, and according to Bosl and Motzer, “A painless testicular mass is pathognomonic of a primary testicular tumor”¹¹. Said differently, a firm¹, enlarged⁹, painless⁹ testicle is very likely a primary testicular tumor. I like the way my wife put it best, she calls it the Four Fs: If your testicle is Firm and Fat but Feels Fine, go see your doctor.

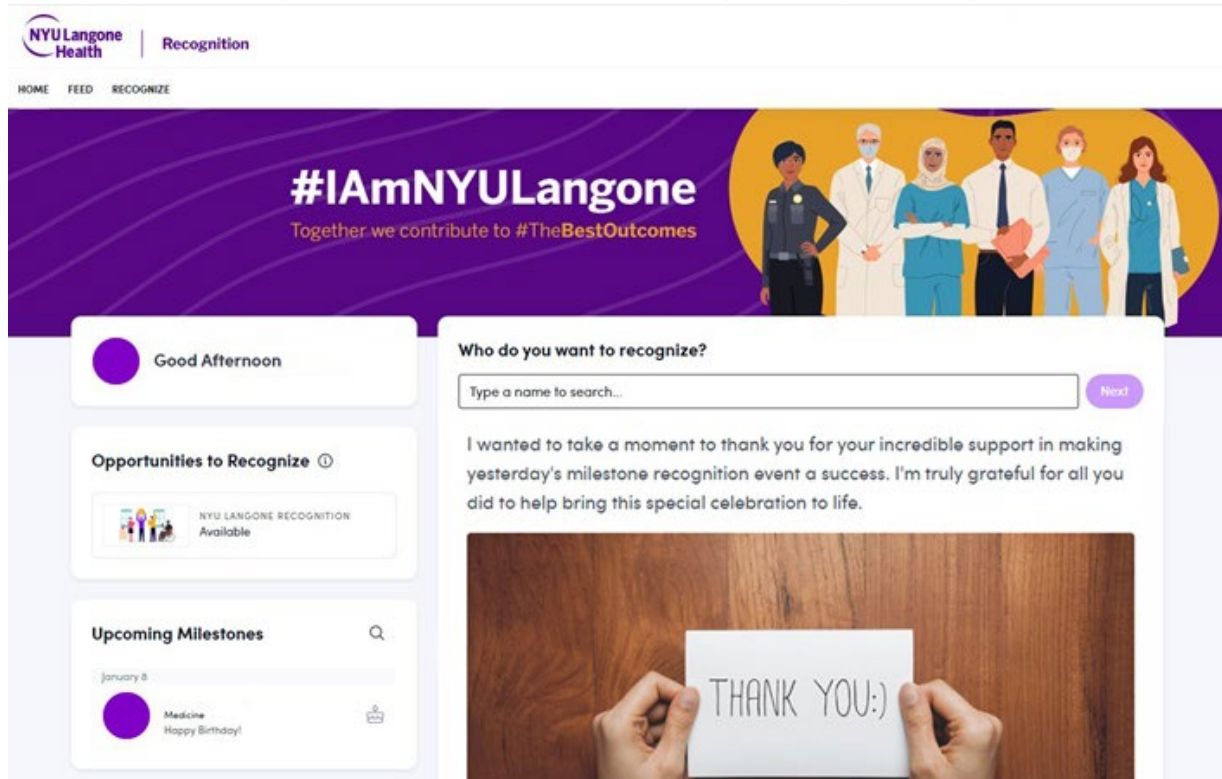
Essay References

Ian Dahlseng is a second-year medical student at NYU Grossman School of Medicine in the Three-Year MD Pathway for Emergency Medicine. He graduated from Western Carolina University in 2018 where he studied Emergency Medical Care. Ian retired from the U.S. Army in 2024 after 20 years of service as a U.S. Army Special Forces Medical Sergeant, where he developed his interest in medicine while deployed to numerous countries around the world. Ian is happily continuing to develop his clinical skills during his clerkship year at NYU Langone Health. Outside of medical school, he enjoys kickboxing and spending time with his family and friends in New York City.



Employee Recognition Platform

Building a Culture of Appreciation Through Employee Recognition



Screenshot of Employee Recognition Platform Homepage

As part of our Department of Medicine mission, we strive to foster a culture of community, belonging, and appreciation for all members of our team. Recognition of contributions, achievements, and service is key to promoting this sense of community and support across the department and NYU Langone Health. To help further advance recognition of our employee achievements, we want to encourage department faculty and staff to utilize the NYU Langone Employee Recognition platform to recognize and support other faculty, staff, and members of the team.

This platform is a valuable resource and tool that provides faculty and staff with the opportunity to celebrate achievements and contributions that exemplify the dedication, innovation, and teamwork within the department. It empowers members of the Department of Medicine to acknowledge accomplishments across various dimensions, from project successes and leadership to extraordinary efforts in supporting colleagues. By facilitating these acknowledgments, the platform reflects and fosters an environment where appreciation is integral to the department's culture.

This initiative strengthens bonds within teams and across the institution, highlighting individual successes and honoring special professional recognition days. By emphasizing the department's commitment to excellence and mutual respect, the platform not only elevates morale but also promotes collective growth and support.

Recognizing the talent and dedication that drive NYU Langone Health creates a meaningful impact, brightening the days of colleagues and reinforcing the exceptional sense of community within the Department of Medicine.

Upcoming Professional Recognition Dates

- **January 19-25 – National Activity Professionals Week**

Celebrating activity professionals for creating engaging events and meaningful moments.

- **January 19-25 – Certified Registered Nurse Anesthetists (CRNAs) Week**

Recognizing CRNAs for their exceptional care in providing safe anesthesia.

- **January 24 – Healthcare Continuing Education Professionals Day**

Appreciating professionals advancing healthcare

News & Awards

Faculty Honors

Leon H. Charney Division of Cardiology



Jason N. Katz, MD, has been named the inaugural Editor-in-Chief of *Journal of the Cardiac Failure–Intersections* by the Heart Failure Society of America and Elsevier Cardiology. He will lead the journal's mission to advance knowledge in heart failure and cardiovascular care.

Division of Gastroenterology & Hepatology



Renee L. Williams, MD, MHPE, was named UCLA GI Fellowship Schwabe-Walsh Visiting Professor, February 2025.

Division of General Internal Medicine & Clinical Innovation



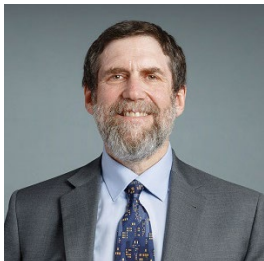
Robert Pitts, MD, MPH, has been recognized by The Arnold P. Gold Foundation and the American Association of Colleges of Nursing (AACN) as a recipient of the 2024 AACN-Gold Interprofessional Humanism in Healthcare Award. This distinguished honor highlights his compassionate care and dedication to serving underserved LGBTQIA+ patients through The Pride Health Center at NYC Health + Hospitals/Bellevue.

Division of Hospital Medicine



Anand Viswanathan, MD, was appointed to Inaugural Medical Director of Pharmacy Services at NYU Langone's Tisch/Kimmel Pavilion.

Division of Nephrology



David S. Goldfarb, MD, was elected to serve as Chair of the 2026 International Urolithiasis Symposium which will occur in Chicago in October of 2026. See flyer [here](#).

Division of Precision Medicine



Kelly V. Ruggles, PhD, was appointed to Director of Plus One Advising in the Office of Student Affairs for NYU Grossman School of Medicine.

Division of Rheumatology



Jose U. Scher, MD, was cited in *Medscape Medical News*, in an article titled, "Tackling the Barriers to Combined Clinics, Personalized Medicine in Dermatology and Rheumatology". Full article [here](#).

We want to hear from you!

Have ideas or topics for the next issue of *Inside Medicine*? Email us at InsideMedicineNewsletter@nyulangone.org with your topic suggestions, updates, or achievements. Let's work together to showcase the incredible contributions across the Department of Medicine!



Upcoming Events & CME

CME: Inspired MD Summit: A Professional Growth and Leadership Development CME Event for Physicians

February 7, 8:00am – 4:45pm

Details and registration link [here](#)

CME: Updates in Endocrinology 2025

February 21, 7:15am – 5:20pm

Details and registration link [here](#)

CME: 18th Annual Clinical Research Methodology Course

March 13, 9:00am – 12:20pm

Details and registration link [here](#)

CME: Advances in Home Mechanical Ventilation: From the Iron to Artificial Lung

March 14-15, 7:30am – 12:50pm

Details and registration link [here](#)

CME: NYU Langone Seminar in Advanced Rheumatology

March 20-21, 7:00am – 6:00pm

Details and registration link [here](#)

CME: Ultrasound for Rheumatologists and Other Musculoskeletal Providers: Beginner and Intermediate Levels

March 22-23, 7:30am – 3:15pm

Details and registration link [here](#)

CME: Sarcoidosis: Navigating Complexities of Multidisciplinary Care

March 26, 8:00am – 5:15pm

Details and registration link [here](#)

CME: Big Gut Seminars: Focus on Complex Inflammatory Bowel Disease

March 28, 7:30am – 5:00pm

Details and registration link [here](#)

CME: The 2nd Annual New York Sleep Conference: Cutting Edge Topics in Sleep Medicine

April 10-11, 7:00am – 6:00pm

Details and registration link [here](#)

CME: Venous Thrombosis Update 2025

April 11, 7:15am – 4:30pm

Details and registration link [here](#)

CME: Asthma, Airways and the Environment

April 24, 7:30am – 4:35pm

Details and registration link [here](#)

CME: 5th Annual Cardiometabolic Risk in Inflammatory Conditions: Emerging Insights and Treatment of Inflammation in Cardiovascular Disease

April 25, 7:45am – 3:30pm

Details and registration link [here](#)

Select Publications

Leon H. Charney Division of Cardiology

Bloom MW, Vo JB, Rogers JE, Ferrari A, Nohria A, Deswal A, Cheng RK, Kittleson MM, Upshaw JN, Palaskas N, Blaes A, Brown SA, Ky B, Lenihan D, Maurer MS, Fadol A, Skurka K, Cambareri C, Chauhan C, Barac A. Cardio-Oncology and heart failure: a scientific statement from the Heart Failure Society of America. *J Card Fail*. 2024 Sep 18:S101-914(24)00363-4. doi: [10.1016/j.cardfail.2024.08.045](https://doi.org/10.1016/j.cardfail.2024.08.045). Epub ahead of print. PMID: 39419165.

Holman Division of Endocrinology, Diabetes & Metabolism

Watts GF, Rosenson RS, Hegele RA, **Goldberg IJ**, Gallo A, Mertens A, Baass A, Zhou R, Muhsin M, Hellawell J, Leeper NJ, Gaudet D; PALISADE Study Group. Plozasiran for managing persistent chylomicronemia and pancreatitis risk. *N Engl J Med*. 2025 Jan 9;392(2):127-137. doi: [10.1056/NEJMoa2409368](https://doi.org/10.1056/NEJMoa2409368). Epub 2024 Sep 2. PMID: 39225259.

Schatoff D, Jung IY, **Goldberg IJ**. Lipid disorders and pregnancy. *Endocrinol Metab Clin North Am*. 2024 Sep;53(3):483-495. doi: [10.1016/j.ecl.2024.05.009](https://doi.org/10.1016/j.ecl.2024.05.009). Epub 2024 Jun 18. PMID: 39084821.

Vanegas SM, Curado S, Gujral A, Valverde G, Parraga S, **Aleman JO**, Reid M, Elbel B, Schmidt AM, Heffron SP, Segal E, Li H, Abrams C, Sevic MA, Popp C, Armijos E, Merriwether EN, Ivezaj V, Ren-Fielding C, Parikh M, Jay M. Cohort profile: study design and baseline characteristics of an observational longitudinal weight loss cohort and biorepository of patients undergoing sleeve gastrectomy in the USA. *BMJ Open*. 2024 Aug 24;14(8):e081201. doi: [10.1136/bmjopen-2023-081201](https://doi.org/10.1136/bmjopen-2023-081201). PMID: 39181563; PMCID: PMC11344502.

Division of Environmental Medicine

Yu W, Thurston G, Shao Y, Zhang Y, Copeland WE, Stein CR. Ambient air pollution and depressed mood in the national longitudinal study of adolescent to adult health (add health) wave iv. *Am J Epidemiol*. 2024 Aug 27:kwae314. doi: [10.1093/aje/kwae314](https://doi.org/10.1093/aje/kwae314). Epub ahead of print. PMID: 39191648.

Division of Gastroenterology and Hepatology

Stevens ER, Nagler A, Monina C, Kwon J, Olesen Wickline A, **Kalkut G**, Ranson D, **Gross SA, Shaukat A, Szerencsy A**. Pathology-Driven automation to improve updating documented follow-up recommendations in the electronic health record after colonoscopy. *Clin Transl Gastroenterol*. 2024 Dec 1;15(12):e00785. doi: [10.14309/ctg.0000000000000785](https://doi.org/10.14309/ctg.0000000000000785). PMID: 39665587; PMCID: PMC11671091.

Pan CQ, Dai E, Mo Z, Zhang H, Zheng TQ, Wang Y, Liu Y, Chen T, Li S, Yang C, Wu J, Chen X, Zou H, Mei S, Zhu L. Tenofovir and hepatitis B virus transmission during pregnancy: A randomized clinical trial. *JAMA*. 2024 Nov 14:e2422952. doi: [10.1001/jama.2024.22952](https://doi.org/10.1001/jama.2024.22952). Epub ahead of print. PMID: 39540799; PMCID: PMC11565373.

Singh N, **Faye AS**, Abidi MZ, Grant SJ, DuMontier C, Iyer AS, Jain N, Kochar B, Lieber SB, Litke R, Loewenthal JV, Masters MC, Nanna MG, Robison RD, Sattui SE, Sheshadri A, Shi SM, Sherman AN, Walston JD, Wysham KD, Orkaby AR. Frailty integration in medical specialties: Current evidence and suggested strategies from the Clin-STAR frailty interest group. *J Am Geriatr Soc*. 2024 Nov 25. doi: [10.1111/jgs.19268](https://doi.org/10.1111/jgs.19268). Epub ahead of print. PMID: 39584362.

Division of General Internal Medicine and Clinical Innovation

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