

## PHYSICAL THERAPY

# PERFORMING ARTS FELLOWSHIP

NYU Langone's Harkness Center for Dance Injuries serves as the clinical site for the American Board of Physical Therapy Residency and Fellowship Education–accredited Performing Arts Physical Therapy Fellowship Program.

This 12-month program provides fellows with an intensive, individualized experience in performing arts physical therapy. The goal of the program is to enable fellows to develop the advanced clinical skills necessary to provide a superior level of patient care within the subspecialty of performing arts medicine.

The Harkness Center is dedicated to enhancing the health and well-being of dancers by providing breakthrough approaches to injury prevention, medical treatment, education and training, and research. Founded in 1989 through a partnership between the Harkness Foundation for Dance and the Hospital for Joint Diseases, the Harkness Center provides expert clinical care for dancers of all ages, levels, and genres. The scientific foundation for this advanced care comes from research into understanding the dancer's body in motion coupled with workplace requirements.

The Harkness Center's evidence-based practice has produced globally accepted approaches to the recognition, treatment, and prevention of dance injuries.

## PROGRAM OVERVIEW

### Clinical:

Outpatient Orthopedic/Performing Arts Physical Therapy

- Course duration: 12 months
- Location: Harkness Center for Dance Injuries at NYU Langone Health's midtown Manhattan state-of-the-art clinical facility and offsite theater and dance company locations
- Fellow-in-training will gain experience in treating patients with a wide range of orthopedic performing arts-related conditions with emphasis on repetitive stress injuries common to professional and recreational performers of various genres
  - Offsite experiences include management of preventative care at Broadway venues, nationally recognized dance companies, and university dance programs
  - Common post-surgical conditions encountered include anterior cruciate ligament reconstruction, hip labral repair, total hip replacement, total knee replacement, foot-ankle interventions, rotator cuff and shoulder labral repair

### Didactic:

The fellowship curriculum is delivered through web-based interactive learning as well as one-on-one lectures and labs comprising over 300 hours of academic education. Lectures and labs are complimentary to mentored patient care to facilitate a functional learning experience for the fellow in training.

### **Teaching:**

Harkness offers multiple venues for the fellow in training to advance their teaching skills in the form of preventative care workshops; online and in-person continuing education presentations; and community outreach programs.

### **Research:**

Fellow in training will contribute to the performing arts scientific literature by developing a patient case study selected from their clinical caseload during the fellowship. This case study will be presented as a Capstone Project and be submitted to JOSPT for review.

### **Community Outreach:**

The Harkness Center prioritizes educational programming for diverse dance communities. Fellows will have the opportunity to participate in efforts to continue growing the Center's clinical, educational, and research outreach across dance genres and a range of dance organizations.

### **Specialty Clinics/Physician collaboration:**

Fellows in Training will have an opportunity to participate in and observe physician clinics for performing artists.

## **TO APPLY**

Any New York State–licensed physical therapist who has completed an orthopedic residency program or is a board-certified orthopedic/sports specialist by the American Board of Physical Therapy Specialists, or both, is welcome to apply. We strongly prefer candidates who hold a doctor of physical therapy degree and who have work experience and a background in dance.

Applications will be accepted for the Performing Arts Fellowship from January 1 to May 31.

Candidates who meet the criteria for admission will be invited to interview.

Candidate acceptance notification will occur on or before July 1.

The program, which begins in September, is a 12-month engagement that consists of clinical and didactic components, independent study, research, community wellness workshops, screenings, and prevention education.

This is a paid, full-time position with benefits. We accept one fellow each year. One candidate will be selected for the position, which is full-time, paid with benefits (35 hrs/wk).

Please contact Mark Hall, PT, MPT, CSCS, Physical Therapy Supervisor, Fellowship Program Coordinator at [Mark.Hall@nyulangone.org](mailto:Mark.Hall@nyulangone.org) with questions.

To apply, submit your application by the application deadline through RF-PTCAS, the centralized application service for residency and fellowship programs in physical therapy.

<https://rfptcas.liaisoncas.com/applicant-ux/#/login>

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