

NYU / Bellevue Neonatology Fellowship FAQs

What is the overview of schedule for the 3 years?

Our schedule is broken down by the calendar month. Over your 36 months in the program, you will have approximately 14-15 months of service time, 3 months of vacation (broken into two week blocks every 6 months), with the remaining months a combination of research and sick call and an elective block in the pediatric cardiac intensive care unit.

1st year fellows usually have 6 months of service while never having more than 1 month consecutively on service. 2nd years usually have about 5 months of service with the 3rd years having approximately 3 months of service.

What is the day to day schedule for a fellow?

On service fellows start their day at 7am by receiving sign out from the night team. Rounds usually begin at 9am with the team before devoted to looking at lab results and imaging studies. Rounds are usually until 12pm depending on the acuity, with fellows leading rounds but also available to step away for emergent deliveries or procedures. Afternoons are devoted to patient care, lectures / conferences, and family meetings. Sign out is at 4pm to the night fellow on weekdays or the following morning for weekend 24 hour shifts.

How does the call schedule work?

Team 1 (resident team) and Bellevue service fellows are on call the Friday and Saturday of that week so to keep continuity for those teams the following week. The other 6 fellows are on call the Sunday through Thursday. On average, you have 1 call about every 8 days.

What is the breakdown of teams between the units?

NYU's NICU has two medical teams designated as Team 1 and Team 2. Team 1 is the resident team, consisting of a 2nd year senior resident and two 1st year residents. Rounds and the patients placed on the team tend to be more academic in nature with scheduled learning throughout the week. Team 2 at NYU is the provider team, usually consisting of 3 NP/PAs per shift and is the designated team for ECMO. There is also a Team 3 at NYU consisting of one attending only who helps triage new admissions, transports and emergent deliveries. Bellevue has one team, also consisting of 3 NP/PAs per shift.

How do transports work?

NYU and Bellevue's NICU are the regional perinatal centers for both respective hospital systems. Transports are received through our transport centers and coordinated on timing with the referring hospital. Any transport where patient is not on room air at NYU and all transports going to Bellevue require a fellow to be the transport. While the fellows who are scheduled to work are ultimately responsible for the transport, off service fellows are offered the opportunity to go on the transport for extra pay.

What are research opportunities / expectations through fellowship?

One of the benefits of being in the NYU ecosystem is the access to the many different schools and disciplines to shape one's research idea for a vast array of subjects in neonatology. Previous research done by fellows have ranged from traditional bench and clinical research within the unit, as well as medical education, financial implications of prematurity, social inequality in Neonatology, palliative care in the NICU and many other areas.

1st year fellows are expected to start exploring research ideas by talking to various faculty and seeing their research projects and starting to formulate their own idea. By the beginning of the 2nd year, the project should be solidified and IRB approved. 3rd years are expected to complete their research, write a manuscript and present at various research conferences.

Where do fellows normally live?

Fellows have lived in a variety of areas happily! The majority live somewhere in Manhattan or Northern New Jersey. Some live very close to the hospital, but other options abound. The Upper East Side and Long Island City are popular options, as they have a relatively easy commute to the hospital.

Is there maternity / paternity leave?

Yes! Many of our fellows have children and we are happy to offer maternity / paternity leave! Fellows are allowed to take 6-8 weeks of leave that can be combined with vacation time. Service blocks will be worked around the leave time and calls for the academic year will be made up either before or after the leave depending on the schedule.

How do holidays and vacations work?

There are 8 federal holidays (Martin Luther King Jr. Day, President's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving, Christmas, New Year's) that we make into 3 day weekends. Fellows work 2 out of these 8 holidays and are on sick call for 1 other holiday. Vacations are broken up as 2 two week blocks every 6 months.

Are there fellow events / socials?

We love to do monthly get togethers, birthday celebrations and events with our fellows! We also have a yearly retreat where all fellows are excused from clinical duties; previous retreats included Broadway show, boat cruise, and axe throwing among others.