Rusk Rehabilitation is a national leader in treating individuals with brain injury and driving research in the field. Rusk is one of 16 nationally designated model systems for brain injury care and research by the National Institute on Disability and Rehabilitation Research. Our Brain Injury Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities, holding us to the highest international standards in rehabilitation.

| **173** Persons Served | **#7** Best Rehabilitation Hospital  
U.S. News & World Report Ranking |
|------------------------|--------------------------------|
| **58.4 Years**  
Average age of persons served | **10.0 Change in Self-Care**  
Change in patients’ ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42; the higher the number, the higher the ability.* |
| **3.2 Hours Per Day**  
Average amount of therapy provided  
Compared to 3.0 CMS standard | **25.8 Change in Mobility**  
Change in patients’ ability to move around during their rehabilitation stay. This measure is scored from 0 to 90; the higher the number, the higher the ability.* |
| **18.7 Days**  
Average length of patient hospital stay | **32.9 Self-Care at Discharge**  
Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42; the higher the number, the higher the ability.* |
| **93.6% Satisfaction**  
of Overall care by persons served  
Based on ratings on the Press-Ganey Inpatient Rehabilitation Survey | **68.9 Mobility at Discharge**  
Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90; the higher the number, the higher the ability.* |

**Where patients are discharged to following their hospital stay:**
- Home: 69%
- Long term care (Subacute): 14%
- Acute care: 17%

*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument
“All the doctors were courteous, informative & willing to answer my questions.”

“The best nursing staff! Caring & attentive.”

“My rehab doctor was quite attentive to all my needs & responded quickly. I could not have a better doctor. I am quite content with my treatment.”

“The therapists could not have been nicer - showed care & concern.”

“I arrived at Rusk unable to walk. By the time I left - 1 week later - I was able to walk to the car and upon arrival to my home able to walk up 16 stairs. My physical therapist were excellent.”

“Thanks to the occupational therapist, I can dress & undress myself, they gave me exercises to practice at home. They were wonderful.”

“Each of the occupational therapist were exceptional. They taught us so much in caring for our son. They were all professional, caring and compassionate. The OT aide was the best.”

“I enjoyed doing the crafts, planting & gardening & learning about different plants & flowers.”

“The psychologist was a wonderful addition to my treatment & when I needed it most. Her influence was very calming and appreciated.”

“My speech therapist was awesome. Since I have word - finding problems, she took time in listening to me. She made our therapy session like a casual conversation which helped me relax hence better communication.”

“I have no complaints. Only praise for the heroic work by the entire staff. I received excellent care with courtesy and compassion from everyone, including the tremendously responsive kitchen staff.”

“Thank you to the PT staff for everything, you encouraged me to achieve my goals and go beyond what I thought I was capable of.”
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<td><strong>815 Persons Served</strong></td>
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<tr>
<td><strong>#7 Best Rehabilitation Hospital</strong></td>
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<td><strong>66.8 Years</strong> Average age of persons served</td>
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<td><strong>11.3 Change in Self-Care</strong> Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42; the higher the number, the higher the ability.*</td>
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<td><strong>3.1 Hours Per Day</strong> Average amount of therapy provided Compared to 3.0 CMS standard</td>
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<td><strong>35.3 Self-Care at Discharge</strong> Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42; the higher the number, the higher the ability.*</td>
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<td><strong>90.7% Satisfaction of Overall care by persons served</strong> Based on ratings on the Press-Ganey Inpatient Rehabilitation Survey</td>
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<td><strong>71.0 Mobility at Discharge</strong> Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90; the higher the number, the higher the ability.*</td>
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Where patients are discharged to following their hospital stay:
- Home: 78%
- Long term care (Subacute): 12%
- Acute care: 10%

*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument
“My rehabilitation doctors are excellent. They kept me informed about my treatment and progress. A very good experience. I have no complaints at all.”

“It’s the doctors that make Rusk what it is. They were a pleasure to have as my doctor always checked in on me and answered all my questions.”

“The night nurses were excellent, very knowledgeable, and caring.”

“My stay at Rusk - the nurses were very accommodating, respectful, helpful - overall I think their care was superb.”

“I would like to express my gratitude to the physical therapy team. They provided a great program.”

“My physical therapist was excellent. She was always on time, cared about my overall health and made sure I wasn’t in pain from any of the exercises. She would make a good trainer/ instructor.”

“I had the best physical therapist, they were patient encouraging and funny.”

“This was very helpful and my occupational therapist was exceptional and truly looked out for my best interests.”

“I really liked the occupational therapist & she covered a lot of basic abilities & provided me with useful tools which I am using at home. She was warm and helpful and spoke with my husband as well.”

“The recreational staff really gave me a great boost in spirits. I played scrabble tosses etc. and I also planted some basil and lemon basil.”

“My psychologist was such a nice woman she came to visit when I first got to Rusk and we had great talks during my stay. She was very understanding and sensitive to my feelings. Upon discharge, she came running after me to say goodbye to me.”

“My speech therapist was very concerned and helpful in my rehab. She was also very professional. Watched me eat and drink then gave me suggestions.”

“Overall I received excellent care and would like to thank all my caregivers for being the wonderful people they are.”

“The nutritionist visited me and discussed any needs I had. Also the food handlers were very kind.”

For questions about inpatient admissions, contact the Rusk Outreach and Admissions Department at 212-263-6034. For any other information, call Rusk Rehabilitation at 855-NYU-RUSK.
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### By the Numbers

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*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument*

**Where patients are discharged to following their hospital stay:**
- Home: 75%
- Long term care (Subacute): 19%
- Acute care: 6%
“My rehabilitation doctor was always concerned about my welfare and came regularly to see me. She’d ask if I had any pain.”

“My doctor was always very courteous & professional. He kept me up to date on my progress and actually delayed my discharge for 2 days so that he could keep an eye on an condition that I had.”

“The team worked hard to get me home even with a complication, they kept my discharge as planned so I did not have to stay over the holiday weekend. So appreciated!!”

“All of the nursing staff were gracious and helpful in every instance.”

“All the nurses & attendants were kind & supportive. My needs, concerns and mental were met in an efficient manner.”

“Everything was really very pleasant and professional. I must mention how great the physical therapist was, truly the most professional and friendly person I had the pleasure of working with.”

“My physical therapist was very good at what she did. We talked about goals, and she encouraged me to do each exercise to my best ability. She provided me with papers to take home with good exercises.”

“The occupational therapist was simply wonderful very professional, kind, courteous and caring. She was my angel. What an excellent addition to the staff at NYU.”

“My therapist was well trained, and very thorough. Also informative, explained what each exercise was for.”

“I absolutely loved the pottery and horticulture.”

“I want to thank *my psychologies for her help in resolving a condition in my room. She went above and beyond her job to resolve the issue.”

“The Speech therapist explained to me why there was a trach in my throat and that it would eventually come out and I would be able to swallow, cough normally and get real food.”

“Our social worker was helpful made sure my questions and concerns were addressed with my daughter & myself.”

“Everyone at the rehab facility were great. The workers who took care of my meals were so friendly & courteous.”

“Being with Rusk for rehabilitation made a huge difference in the quality and speed of my recovery - Thank you!”

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218 Persons Served

65.2 Years
Average age of persons served

9.5 Change in Self-Care
Change in patients’ ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42; the higher the number, the higher the ability.*

3.2 Hours Per Day
Average amount of therapy provided
Compared to 3.0 CMS standard

24.4 Change in Mobility
Change in patients’ ability to move around during their rehabilitation stay. This measure is scored from 0 to 90; the higher the number, the higher the ability.*

20.5 Days
Average length of patient hospital stay

29.4 Self-Care at Discharge
Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42; the higher the number, the higher the ability.*

93.9% Satisfaction of Overall care by persons served
Based on ratings on the Press-Ganey Inpatient Rehabilitation Survey

61.1 Mobility at Discharge
Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90; the higher the number, the higher the ability.*

Where patients are discharged to following their hospital stay:
- Home: 61%
- Long term care (Subacute): 28%
- Acute care: 11%

*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument
“My rehabilitation doctor was very encouraging and always supportive. I felt that she was invested in my recovery.”

“The doctor always answered my questions no matter how silly I would think it was. He always took time to cheer me up and speak the truth of my condition to me.”

“Any test that I needed the doctor ordered right away. He was patient and took time to answer any questions I had.”

“My stay at Rusk - the nurses were very accommodating, respectful, helpful - overall I think their care was superb.”

“Great nurses and aids, excellent staff. I 100% recommend NYU Rusk Rehab. Thank you.”

“My physical therapist made me work hard and made sure that my stay here in rehab was well spent. No time wasted. Hence, after 3 weeks I was back on my feet.”

“All the therapists are superb! My physical therapist was wonderful and set up an extra group session to participate in.”

“The occupational therapist worked closely with me to be able to do all functions in preparation for going home. They were pleasant, professional & always encouraging.”

“My OT pushed me very hard - I’m glad she did. She explained the therapies and their importance. It was especially helpful to add bars to our home bathroom.”

“Horticultural classes was such a welcome treat. Don’t know how I found energy for it, the ladies helped me plant so many plants. I still have them. I love looking daily at my special treat therapy.”

“The psychologist was very caring and compassionate. Always checking on us.”

“My Speech Therapist was awesome. Since I have a word - finding problem, she took time in listening to me. She made our therapy session like a casual conversation which helped me relax hence better communication.”

“Every concern and question was treated with respect. We appreciated how the staff listened to us.”

“Without the rehab at Rusk I feel I wouldn’t have been able to take care of myself when I got home. They are angels and hero’s and it was the best place in the country and I feel I was the luckiest man to have gotten in. God Bless all of the staff.”