Brain Injury Rehabilitation by the Numbers

Rusk Rehabilitation is a national leader in treating patients with Brain Injury. Our Brain Injury Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

214 Patients Served in 2022

#7 Best Rehabilitation Hospital
U.S. News & World Report Ranking

58 Years
Average age of patients served

10.0 Change in Self-Care
Change in patients’ ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*

3.1 Hours Per Day
Average amount of therapy provided
Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.

23.8 Change in Mobility
Change in patients’ ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

16.6 Days
Average length of patient hospital stay

31.4 Self-Care at Discharge
Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

95.7% Satisfaction of Overall care by persons served
Based on Press-Ganey Inpatient Rehabilitation Survey ratings.

65.1 Mobility at Discharge
Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

Where patients are discharged to following their hospital stay:
- Home: 70%
- Long term care (Subacute): 15%
- Acute care: 15%

*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument
“My doctor was excellent and attentive. He was upbeat, pleasant and informative. The resident was very personable, kept me informed of process throughout.”

“The doctors & their team saw me every morning - checked me out, questions, progress - No rush and so professional.”

“All nurses were excellent. So, caring & friendly despite how busy they were. All worked very hard & treated all w/respect. My nurses were very helpful & always checking in.”

“As a retired nurse I found the care to be excellent. It was ‘hands on’ professional and personal. I also found the PCT care to be wonderful. I would like to give a special thank you to my PCT who went above and beyond.”

“Can’t rate the nurses high enough! Always there for their patients. I was very impressed with the knowledge and sensitivity of the nurses.”

“You need an excellent category as that is the term I would use to rate your nurses. They cared for my physical needs while being sensitive to my emotional state.”

“I would like to praise my Occupational Therapist with whom I worked extensively and we clocked personally as well as work. She did little extra things like play my musical requests on her phone.”

“Thanks to my OTs for helping me strengthening my left hand by working on therapy putty, TheraBand exercise and Foam Block Exercises. Till this day I’m still doing the routine my therapist told me to do, it’s more exercises but I just remember those three. anyway, thanks for everything Ladies!!!”

“Given my daughter’s condition the PTs were great to work with, explaining everything always helpful.”

“My primary PT is a rock star. She even gave me her e-mail address and replied to a question I sent her after discharge. She and the PT who worked with me coordinated my treatment. The PT’s and OT’s also worked together.’”

“The therapists were miracle workers. They sensed my ability to make progress at each step. I felt good about their encouragement.”

“The psychologist, helped me with feelings to my adjustment to home.”

“The speech sessions were the best part of my experience at Rusk. I was able to make significant improvement in my cognitive functioning & I felt that the therapist was extremely skilled & committed to HELPING ME.”

For questions about inpatient admissions, contact the Rusk Outreach and Admissions Department at 212-263-6034. For any other information, call Rusk Rehabilitation at 855-NYU-RUSK.
Rusk Rehabilitation is a national leader in treating patients in need of comprehensive medical rehabilitation. Our Comprehensive Integrated Inpatient Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

### Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) by the Numbers

<table>
<thead>
<tr>
<th>Category</th>
<th>Statistics</th>
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<tbody>
<tr>
<td><strong>Patients Served in 2022</strong></td>
<td><strong>940</strong></td>
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<tr>
<td><strong>Average age of patients served</strong></td>
<td><strong>67 Years</strong></td>
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<tr>
<td><strong>Average amount of therapy provided</strong></td>
<td><strong>3.0 Hours Per Day</strong>&lt;br&gt;Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.</td>
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<tr>
<td><strong>Average length of patient hospital stay</strong></td>
<td><strong>12.5 Days</strong></td>
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<tr>
<td><strong>Satisfaction of Overall care by persons served</strong></td>
<td><strong>93.3%</strong>&lt;br&gt;Based on Press-Ganey Inpatient Rehabilitation Survey ratings.</td>
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<td><strong>Best Rehabilitation Hospital</strong></td>
<td><strong>#7</strong>&lt;br&gt;<em>U.S. News &amp; World Report Ranking</em></td>
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<tr>
<td><strong>Change in Self-Care</strong></td>
<td><strong>11.6 Change in Self-Care</strong>&lt;br&gt;Change in patients’ ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*</td>
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<tr>
<td><strong>Change in Mobility</strong></td>
<td><strong>27.0 Change in Mobility</strong>&lt;br&gt;Change in patients’ ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*</td>
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<tr>
<td><strong>Self-Care at Discharge</strong></td>
<td><strong>36.0 Self-Care at Discharge</strong>&lt;br&gt;Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*</td>
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<tr>
<td><strong>Mobility at Discharge</strong></td>
<td><strong>69.8 Mobility at Discharge</strong>&lt;br&gt;Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*</td>
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Where patients are discharged to following their hospital stay:

- Home: 77%
- Long term care (Subacute): 13%
- Acute care: 10%

*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument*
What Patients Are Saying About Our Care

“Outstanding! My rehab doctor was always available and extremely empathetic.

“The doctor was very positive; quickly had me working to strengthen my legs; became independent in my room quickly.

“Established a good rapport with the nurses and thought they were superb. Nursing was better than I have ever experienced in my life.

“I cannot imagine more respectful treatment. I never had to ask for anything. I was sometimes fearful and the nurses always reassured me that things would work out well, doing so with kindness and compassion.

“I was extremely pleased! All the nurses were helpful and caring! Nursing was kind, patient, professional - the best care was given & gratefully received.

“My occupational therapist helped me gain confidence with my ostomy.

“The OTs were excellent staff. Very educational, patient, extremely helpful, kind and caring. She gave me excellent suggestions for self-improvement.

“A lot of my goals were met at Rusk. You have a great program that deserves to be expanded and given newer facilities.

“The psychologist was an empathetic person, gave me helpful suggestions to cope with ED and PD.”

“I felt blessed to have admitted to Langone because everyone at Langone had made noticeable effort to make my unpleasant experience a lot more bearable.”

“No one can ask for anything more - your staff was super! The care was excellent. I progressed rapidly.”

“Everything was top quality - PT & OT really good. Even the food was not bad.”

“Therapists described & executed the rehab necessary to strengthen me. They are excellent.”

“The discharge process was very thorough, gave specific information regarding doctor’s appointments, and medications.”

“I left Rusk Rehab feeling healthier, stronger, more determined, motivated and above all hopeful since my diagnosis in 2020.”
Rusk Rehabilitation is a national leader in treating patients with Limb Loss. Our Limb Loss Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

<table>
<thead>
<tr>
<th>18 Patients Served in 2022</th>
<th>#7 Best Rehabilitation Hospital</th>
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<tr>
<td></td>
<td>U.S. News &amp; World Report Ranking</td>
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<tr>
<th>61 Years</th>
<th>10.4 Change in Self-Care</th>
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<tr>
<td>Average age of patients served</td>
<td>Change in patients’ ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*</td>
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<tr>
<th>3.0 Hours Per Day</th>
<th>19.3 Change in Mobility</th>
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<tr>
<td>Average amount of therapy provided</td>
<td>Change in patients’ ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*</td>
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<th>14.6 Days</th>
<th>36.4 Self-Care at Discharge</th>
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<td>Average length of patient hospital stay</td>
<td>Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*</td>
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<th>93.3% Satisfaction</th>
<th>53.8 Mobility at Discharge</th>
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<td>of Overall care by persons served</td>
<td>Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*</td>
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*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument

Where patients are discharged to following their hospital stay:
- Home: 72%
- Long term care (Subacute): 28%
What Patients Are Saying About Our Care

“The rehab doctors were great. They were all very helpful and responsive to my needs. They all dealt with me in very respectful way!!!”

“The rehab doctors were very attentive, helped me out a lot.”

“Rehabilitation doctors were excellent!! If it wasn’t for them I wouldn’t have been able to get home.”

“The team was extremely professional, pleasant, understanding and warm. True care!!!”

“I was under the care of teams of highly cohesive, responsive, and compassionate professionals throughout my stay.”

“Each and every nurse offered me something different. The overall experience was great!!”

“The OTs were an awesome group - upbeat & positive the whole way through.”

“I was in very bad shape after illness and being flat on my back for two weeks. Staff helped me with balance, strengthening, endurance, stamina exercises, was close to see that I didn’t fall, were encouraging, & supportive.”

“My therapists were super careful to protect me from getting hurt, while quite vigorous in training me to get better. They were both patience and tough in their approaches.”

“Therapists described & executed the rehab necessary to strengthen me. They are excellent.”

“I had excellent care from the nurses and therapists.”

“The psychologist was awesome. She went out of her way to help with an issue we were having. Thank you!”

“I enjoyed my conversations with the psychologist. She made me feel very relaxed.”

“All the nurse, no matter uniform color was friendly, prompt and attentive. The PT, OT, SLP team were outstanding. Bless you all. NYU/RUSK Rehab offers an exceptional service/rehabilitation for physical limitations/problems.”

“During the discharge process, they were clear, specific and extremely informative.”

“No one can ask for anything more - your staff was super! The staff could not be better trained, more professional or compassionate.”

For questions about inpatient admissions, contact the Rusk Outreach and Admissions Department at 212-263-6034. For any other information, call Rusk Rehabilitation at 855-NYU-RUSK.
Rusk Rehabilitation is a national leader in treating patients with Stroke. Our Stroke Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

243 Patients Served in 2022

67 Years
Average age of patients served

9.2 Change in Self-Care
Change in patients’ ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*

3.1 Hours Per Day
Average amount of therapy provided
Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.

23.3 Change in Mobility
Change in patients’ ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

16.9 Days
Average length of patient hospital stay

30.7 Self-Care at Discharge
Patient’s ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

95.7% Satisfaction of Overall care by persons served
Based on Press-Ganey Inpatient Rehabilitation Survey ratings.

64.3 Mobility at Discharge
Patient’s ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

Where patients are discharged to following their hospital stay:
- Home: 68%
- Long term care (Subacute): 25%
- Acute care: 7%

*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument
What Patients Are Saying About Our Care

“Doctors were very patient and responded to my and my spouse’s questions quickly and thoroughly.”

“Both the rehab doctors and residents were very good at educating me about my plan of care and progress. It was very helpful to know my plan of care and updates about my progress.”

“Excellent. The doctor and resident always kept me informed & were sensitive to my questions.”

“I am so thankful for the professionalism and caring attitude of doctors and nursing staff during my stay.”

“All the nurses I interacted with were very nice and attentive and had a good sense of humor - which is important to me.”

“I felt the nurses were very responsive to my pain and needs. They were very caring and supportive.”

“The nurses did an exact job - checking everything to make sure I was comfortable. They are of utmost professionalism - from behavior & skills to their dress & presentation as an NYU nurse.”

“The Occupational therapist were always encouraging me to help me meet my goals.”

“My occupational therapist was excellent. I learned how to do laundry at home, how to get in and out of the shower as well as taking a real shower. Learned how to put pants on and use elastic no tie shoe laces which makes the world of difference when you can’t bend down to tie your shoelaces.”

“Thanks to my OTs for helping me strengthen my left hand by working on therapy putty, TheraBand exercise and Foam Block Exercises. Till this day I’m still doing the routine. Thanks for everything!!!”

“Truly dedicated, OT worked closely with me to help me navigate kitchen & bathroom routines.”

“My physical therapist was very good. She encouraged me even when I lost my motivation & soured the exercise before me.”

“I had an excellent PT. She was patient, encouraging, understanding & most helpful. She was so easy to work with/non-stress. I feel I made so much progress with her support. She’s so energetic”.

“My therapist was great at picking up the next level I needed to be at. Also had me practice situations I might find myself in on my journey back to Australia.”

“Lots of exercise. No wasted time. Real progress on things I was afraid to do. Great staff!!!! Friendly. Kind. Well trained.”

“Excellent session with the psychologist who was both caring & knowledgeable.”

“Excellent, my psychologist was wonderful - I was lucky to have her. Thank you”

“The speech therapist listened very carefully helped me understand my deficits from the stroke & have address them.”