

# BRAIN INJURY REHABILITATION BY THE NUMBERS

Rusk Rehabilitation is a national leader in treating patients with Brain Injury. Our Brain Injury Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

**196 Patients Served in 2024**

**#4 Best Rehabilitation Hospital**  
U.S. News & World Report Ranking

**62 Years**  
Average age of patients served

**11.9 Change in Self-Care**  
Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.\*

**3.3 Hours Per Day**  
Average amount of therapy provided  
Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.

**28.3 Change in Mobility**  
Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**15.3 Days**  
Average length of patient hospital stay

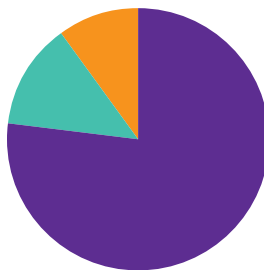
**36.5 Self-Care at Discharge**  
Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**94.9% Satisfaction**  
of Overall care by persons served  
Based on Press-Ganey Inpatient Rehabilitation Survey ratings.

**72.3 Mobility at Discharge**  
Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

## Where patients are discharged to following their hospital stay:

- Home: 77%
- Long term care (Subacute): 10%
- Acute care: 13%



\*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument

# What Patients Are Saying About Our Care

"My doctor was amazing. My doctor and the staff have been very helpful and supportive. Thank you from the bottom of my heart."

"The doctor and her resident were excellent. They were willing to take time to discuss my case and were responsive to my needs."

"The doctors would listen to my husband, who knew more about my condition."

"The inpatient rehab care I had was exceptional. Doctors checked in with me daily to explain treatment, offer support & suggestions."

"The doctors were always concerned about my treatment. Always keeping up with my condition."

"Nurses were always very professional and helpful. Great experience."

"All the nurses were compassionate, friendly, and always had an upbeat personality. Everyone had a smile on their face."

"Thank you for everything you have done for me. You're all amazing nurses and PCT's. Thank you for your compassion and dedication. I will always remember your kindness. Thank you."

"Very caring and compassionate nurses, the staff were also professional."

"Patience is the one word I could use to describe my physical therapists; they were compassionate and worked well with me, relentless, never giving up on me, working me hard every day, truly remarkable people. I arrived paralyzed from the chest down and I walked out."

"They were very cautious, careful and worked with me every step of the way. They made me feel very comfortable and I trusted them."

"The physical therapists were wonderful. I also suffer from migraines. If I had one during therapy, they would adapt to the session."

"The therapist treated me as if I were their family, very well, something that I will never forget."

"I must say my experience was very good, it was GREAT! No other facility is even close!"

"With occupational therapy, I was trained to do basic things in the bathroom, kitchen and good suggestions on how to do certain things at home."

"My occupational therapists were so helpful & supportive. She gave me confidence to move forward in my daily functions. Kudos!"

"The occupational therapist was organized, thorough, well prepared & helpful with activities."

"Therapists were very concerned about every facet of my recovery and worked carefully with me in supervising all my activities. Highest recommendations."

"I loved going to speech. The opportunity to speak, write, and self-correct was fun. Staff were also extremely in tune to my needs here and at home...they were great."

"My speech therapist was awesome. Goals explained and met."

"The speech therapist was thorough, always prepared and directed to identify & assist in my improvement."

"My psychologist was understanding and upbeat and concerned, friendly. Down to earth and professional."

"The psychologist was a pleasure to talk to. Listened to me carefully & addressed my concerns."

"I was very happy with the care I received. It would take the whole page to name everyone. This place shows what excellence is, in terms of care."

"My husband received top-notch care and treatment at Rusk Rehab Center. I appreciate it. Thanks to everyone who cared for and treated him."

"Rusk is a great rehabilitation facility. Everyone pulls together as a team to offer patients great medical care alongside rehab activities that improve quality of life and offer hope."

"The hospital was excellent. Can't say enough about it, if you need rehab, this is the best place in the country."

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**For questions about inpatient admissions, contact the Rusk Outreach and Admissions Department at 212-263-6034. For any other information, call Rusk Rehabilitation at 855-NYU-RUSK.**

# STROKE REHABILITATION BY THE NUMBERS

Rusk Rehabilitation is a national leader in treating patients with Stroke. Our Stroke Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

**318 Patients Served in 2024**

**#4 Best Rehabilitation Hospital**

*U.S. News & World Report Ranking*

**67 Years**

**Average age of patients served**

**11.9 Change in Self-Care**

*Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.\**

**3.3 Hours Per Day**

**Average amount of therapy provided**

*Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.*

**27.8 Change in Mobility**

*Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\**

**18.6 Days**

**Average length of patient hospital stay**

**34.1 Self-Care at Discharge**

*Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\**

**94.9% Satisfaction**

**of Overall care by persons served**

*Based on Press-Ganey Inpatient Rehabilitation Survey ratings.*

**67.3 Mobility at Discharge**

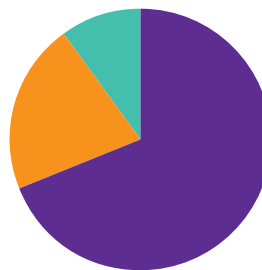
*Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\**

**Where patients are discharged  
to following their hospital stay:**

■ Home: 69%

■ Long term care (Subacute): 21%

■ Acute care: 10%



\*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument

# What Patients Are Saying About Our Care

"Clear & complete explanations; questions answered & if an MD didn't know the answer, they acknowledged it & replied after they'd researched the question."

"Excellent, all the doctors were outstanding. They were compassionate, explained everything truly remarkably."

"I feel like Rusk Rehab helped me so much. I felt like they care for you from head to toe."

"I was treated respectfully, nicely, they were very helpful with my treatment, and I was able to walk out of rehab with a cane which was good."

"The medical team listened and advised carefully. They were on top of all the issues. As a consumer, I'm very appreciative."

"All the nurses followed all protocols and were extremely helpful in getting my needs fulfilled."

"Evaluation of course varied from one person to another, but in general nurses were extraordinarily courteous, friendly and empathetic."

"I feel wonderful because of these nurses because they work so hard taking care of me and the other patients."

"The nurses are respectful and reliable. Good manners & compassionate."

"The nurses were amazing. They had positive energy & treated me so well. I'd like to make special mention of the nursery manager who allowed my family to visit me (which was an important part of my recovery!)"

"Very caring and compassionate nurses, the staff were also professional."

"All the physical therapists at Rusk Rehab are incredibly nice and welcoming. My condition improved after a few days of physical therapy. They are amazing and help me a lot."

"Both OT & PT specialists were excellent, being both sympathetic & empathetic. Very responsive focusing on my unique needs."

"My physical therapist was amazing! She pushed me, had fun, new activities & creative ways to simulate real life scenarios for me."

"Every therapist was great. They got me to walk and climb steps, which has helped me in my recovery at home. I don't think I would be at the point I am now if it wasn't for NYU."

"Excellent care, very professional, caring and helpful. Always on time. I made considerable progress thanks to their expertise."

"I had a very good experience with the physical therapist, he told me as long I do my exercises, I will be well."

"I looked forward to my sessions with physical therapy because it was going to help me get stronger."

"My therapist was the best, very reliable, respectful and has a good knowledge of what he does. Very consistent and assertive."

"Occupational therapy helped me and my spouse get prepared for my life at home."

"The occupational therapist were great. They got me to a point where I can do everything at home. I don't think I would be able to do the things I'm doing now if it wasn't for them. They showed me and my husband how to take a shower and wash my hair."

"Everything is explained to me. I learned so much regarding the safety I have to do when I go home. My daughter and son were so thankful to them for the experience we had with them."

"My occupational therapist created a program targeted to my physical needs. She was very encouraging and supportive."

"My speech therapist is a pleasant and funny person, she got the job done. I was often surprised how our sessions began but by the end achieved her goal for me. She is an amazing person."

"The speech therapist was wonderful! She was so well prepared for each session & found activities that were relevant to my life & my experience. I really enjoyed my time with her."

"My husband was very lucky to have his speech therapist. She is a very experienced and professional therapist who is very compassionate and empathetic. She taught me many things I need to pay attention to when recovering at home, as well as simple and effective recovery methods."

"My psychologist was wonderful in understanding my emotional state & was so positive."

"I have never had a psychologist before NYU Rusk, but it was a great experience to discuss things about me."

"An excellent staff provided a caring and wonderful experience preparing me for life outside."

"For all the attention and care that I received, I will recommend the hospital. Including their medical staff, therapists, nurses, and staff in general from the hospital. I will always recommend it here and wherever."

"I especially liked the staff and therapist along with the doctors at Rusk. I was touched by one of the doctors from the medical center who followed up on me and came to say he was so happy about my progress. That was just awesome."

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# LIMB LOSS REHABILITATION BY THE NUMBERS

Rusk Rehabilitation is a national leader in treating patients with Limb Loss. Our Limb Loss Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

**20 Patients Served in 2024**

**#4 Best Rehabilitation Hospital**  
U.S. News & World Report Ranking

**58 Years**  
Average age of patients served

**12.0 Change in Self-Care**  
Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.\*

**3.0 Hours Per Day**  
Average amount of therapy provided  
Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.

**26.4 Change in Mobility**  
Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**15.1 Days**  
Average length of patient hospital stay

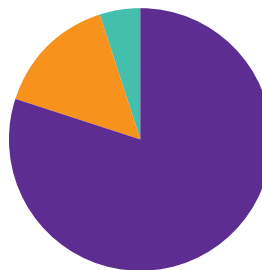
**35.5 Self-Care at Discharge**  
Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**95.7% Satisfaction**  
of Overall care by persons served  
Based on Press-Ganey Inpatient Rehabilitation Survey ratings.

**54.8 Mobility at Discharge**  
Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**Where patients are discharged to following their hospital stay:**

- Home: 80%
- Long term care (Subacute): 15%
- Acute care: 5%



\*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument

# What Patients Are Saying About Our Care

"The doctors came by every day to see our progress/problems and kept us well-informed about our discharge."

"I had a wonderful experience from Doctors, Nurses, PCT including food Service and the servers. I am very grateful to my physical therapist, occupational therapist, for helping me throughout my stay at Rusk. That was well dedicated and never did they show up late. These professionals are awesome, and I am very grateful. Thank you."

"Everyone was informative regarding my condition, discussed issues with me, asked how I was feeling/doing, and made sure I understood everything."

"All the hospital personnel were very kind and responsive to my needs. Nursing staff were compassionate, knowledgeable and thoughtful."

"Some of the best nurses in NYU Langone. Attentive, caring, knowledgeable, courteous & professional all shifts- they are all gems."

"My physical therapist was amazing, very knowledgeable, helpful, and alert. Also, it gave me confidence and felt optimistic about my progress."

"My therapist always treats me with respect & care and always took the time to explain any exercise I was going to do. I will say, my physical therapists were fantastic. Also, my art therapist was great, they can't be better than they were."

"Physical therapy was a gift! Not only is she an excellent therapist but she is such a caring person who knows how to motivate and get results. Very professional & courteous. Excellent!"

"Occupational therapy was wonderful. She went above and beyond in terms of making the hospital stay almost enjoyable. The other occupational therapists I had were also great."

"I especially want to thank my occupational therapist for demonstrating how much she cared about me getting back to my own personal norms."

"Occupational therapy was so innovative on helping me achieve my goals."

"The speech therapist, like the others, started where I was & because my operation left me with swollen lips and mouth, she had a lot to do. The exercises allowed me to improve the movement of the interior of my mouth."

"My therapist was very courteous and respectful when she explained things to me. She always takes her time to be sure I understand her. She explains things so clearly that she help me to meet my goals sooner that what I was expected."

"My psychologist helped center me. She not just listened to me but subtly helped me feel so much better."

"Excellent! The entire staff (including aides, house cleaning & food service) are exceptional. NYU Langone is the very best!"

"Comfortable and satisfactory. Everyone was helpful."

"I have no question at all and will recommend NYU Langone to anyone. I considered in all respect that NYU is the place to be when you need to take care of your health."

"I recommend NYU to all my co-workers, friends & family."

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## COMPREHENSIVE INTEGRATED INPATIENT REHABILITATION PROGRAM (CIIRP) BY THE NUMBERS

Rusk Rehabilitation is a national leader in treating patients in need of comprehensive medical rehabilitation. Our Comprehensive Integrated Inpatient Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

**887 Patients Served in 2024**

**#4 Best Rehabilitation Hospital**  
U.S. News & World Report Ranking

**68 Years**  
Average age of patients served

**12.7 Change in Self-Care**  
Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.\*

**3.3 Hours Per Day**  
Average amount of therapy provided  
Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.

**30.7 Change in Mobility**  
Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**13.5 Days**  
Average length of patient hospital stay

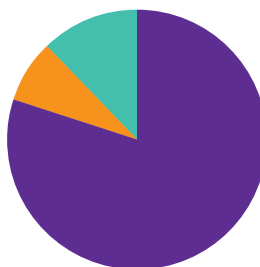
**38.1 Self-Care at Discharge**  
Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**95.7% Satisfaction**  
of Overall care by persons served  
Based on Press-Ganey Inpatient Rehabilitation Survey ratings.

**73.9 Mobility at Discharge**  
Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.\*

**Where patients are discharged to following their hospital stay:**

- Home: 80%
- Long term care (Subacute): 8%
- Acute care: 12%



\*Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument

# What Patients Are Saying About Our Care

"What a blessing to have great doctors take the time to discuss your treatment and everything."

"Staying at Rusk made such a difference in me being able to go home stronger and more mobile. It was a good decision to stay at Rusk."

"Physicians were thorough in describing my ability to continue to progress."

"I'm increasingly impressed with the high ratio of caregivers, everyone from support staff, hospitality, janitorial, nurses & doctors have been excellent at providing care, listening, and going the extra mile. Probably something overlooked in many other healthcare environments, but not lost on me, is the level of collaboration & communication with the interdisciplinary professionals at NYU. The left hand is fully aware of what the right hand is doing. And that by itself is worth writing home about. Kudos to NYU for cultivating & nurturing this culture."

"NYU what great nurses you trained, can't ask for more, caring when you need help the most. Thank God!"

"All my nurses were amazing, they went above and beyond to make sure I had everything I needed."

"Nurses were amazing - helpful, kind & understanding."

"Physical therapy has helped me so well they all explain my exercise to me and guide me in the right direction. What a privilege to be taught by your staff I cannot thank them enough."

"My physical therapists were just wonderful. They are truly an asset to your team. I couldn't be where I am walking and taking care of myself, if it wasn't for them. Thanks!!!"

"The PTs were knowledgeable. They encourage you to reach your potential."

"My physical therapist was amazing & very knowledgeable, helpful, and alert, and was able to give me confidence, and feel optimistic about my progress."

"PT was very understanding, supportive and encouraging. Provided information as to PT and my physical condition."

"I had a wonderful occupational therapist that pushed me to get to the place I am now."

"My occupational therapist was great. She showed me how to use equipment to get dressed & stand transfer from bedside to chair. The best."

"OT helped me learn new skills to accommodate my limitations. It was encouraging, supportive & understanding."

"My therapist was a Godsend, very good. She knows her job very well."

"Speech therapy was a bright light in the darkness for me. Senses long forgotten were brought back, and together those senses have brightened my future. The BEST."

"I loved my speech therapist; a pleasure to work with. We did a lot of exercises with my swallowing so I could stop taking pills with apple sauce/thicken liquid."

"The speech therapist went above & beyond to help with communication given the complications with Aphasia. Very in tune to patients' needs, always making him feel respected. Exceptional!"

"The psychologist was understanding, listened, and provided me with helpful documents in dealing with powerful feelings."

"Rusk is an exceptional rehab with a very trained & skillful staff. All therapists went above and beyond. The art therapy had a calming effect. Housekeeping was outstanding as well."

"The therapists were excellent, all of them. The nurses were also very helpful, especially at the beginning when I came from the surgical part of the hospital."

"There's simply no facility like Rusk. I left feeling more confident and able to face the world so easily."

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