Program Overview
FMAT is an innovative 3-year accelerated medical school curriculum that culminates in the M.D. degree and leads to a standard 3-year family medicine residency at one of three Texas Tech programs, in Lubbock, Amarillo, or the Permian Basin. The purpose of FMAT is to prepare primary care physicians more efficiently and with less cost.

FMAT students complete two years of basic science coursework in Lubbock, followed by at least 4 years on the campus where they complete the final year of medical school and the three years of family medicine residency training. The FMAT program is limited to 10-12 students per year in each class. The regular 4-year curriculum at Texas Tech School of Medicine covers 160 weeks of instruction, whereas the FMAT curriculum covers 149 weeks.

FMAT Costs and Financial Aid
FMAT students save about 1/2 the cost of tuition and fees for medical school:
• 3 years of medical school instead of 4
• 1 year of scholarship to cover tuition and fees

FMAT Student Support
• Closed mentoring from faculty across MS2-MS3 and PGY1 years
• Apple iPads for students to use during their FMAT & residency training years
• Support for travel to Family Medicine or medical education conferences
• FMAT Student Enrichment Activities (FMAT SEA) sessions during the FMAT2 course focusing on preparation for Step1 and block exams

Program Curriculum

<table>
<thead>
<tr>
<th>Year</th>
<th>Course</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1</td>
<td>FMAT1:</td>
<td>Lubbock</td>
</tr>
<tr>
<td></td>
<td>Course</td>
<td></td>
</tr>
<tr>
<td></td>
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<td></td>
</tr>
<tr>
<td>Year 2</td>
<td>FMAT2:</td>
<td>Lubbock</td>
</tr>
<tr>
<td></td>
<td>Course</td>
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</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 3</td>
<td>FMAT3:</td>
<td>Lubbock</td>
</tr>
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<td>Course</td>
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</table>

Program Status & Accomplishments
• 65 students have begun FMAT training (c 2013-2019)
• 8 of the 66 are currently in the FMAT1 course
• 31 FMAT graduates are now in residency (c2013-2016)
• 8 students will graduate in June 2017 and enter FM residency at TTUHSC & JPS (Ft. Worth)
• 8 SOM applicants have been offered seats (c2020)
• 5 students have opted to return to the 4-year program (reasons: couples match, residency elsewhere, residency other than FM)
• 4 students have been counseled to return to the traditional curriculum

Advice for Other Institutions
• Take advantage of the program’s small size and close involvement with faculty and students for constant fine-tuning of student progress and program development
• Increase involvement of residency program faculty and current residents in FMAT student recruitment, selection, orientation and socialization; also involve programs on regional campuses
• Link the student selection process to the SOM admissions process to expand the applicant pool and use FMAT as a recruiting tool for motivated students
• Select/mentor students with the highest likelihood for success in a challenging and fast-paced program
• Provide continuous support to help students strongly identify with Family Medicine
• Expect a significant institutional impact: increased stature for FM within the institution, improved collaborations between basic and clinical science departments, opportunity to pilot curricular innovations, increased national profile for TTUHSC

Program Contact
FMAT Website: http://www.ttuhsc.edu/fammed
Betsy Goebel Jones EdD betsy.jones@ttuhsc.edu
Simon Williams simon.williams@ttuhsc.edu
## Program Curriculum

<table>
<thead>
<tr>
<th>Year 1:</th>
<th>Family Medicine Accelerated Track (FMAT) Curriculum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul</td>
<td>P 3 1 A</td>
</tr>
<tr>
<td>Aug</td>
<td>FMAT1</td>
</tr>
<tr>
<td>Sept</td>
<td></td>
</tr>
<tr>
<td>Oct</td>
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<table>
<thead>
<tr>
<th>Year 2:</th>
<th>Family Medicine Accelerated Track (FMAT) Curriculum</th>
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<tbody>
<tr>
<td>P 3 2 B</td>
<td>Psychiatry</td>
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</table>

<table>
<thead>
<tr>
<th>Year 3:</th>
<th>Family Medicine Accelerated Track (FMAT) Curriculum</th>
</tr>
</thead>
<tbody>
<tr>
<td>P 3 1 C</td>
<td>Psychiatry</td>
</tr>
</tbody>
</table>

### Key:
- **FMAT Courses**
- MS1/MS2 Courses
- MS3 Clerkships
- Longitudinal Experiences
- Patients, Physicians & Populations (P3) Weeks

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**Family Medicine Accelerated Track**

**rev. June 2015**
## Post-Residency Practice

<table>
<thead>
<tr>
<th>FMATc2013/ Res Grad 16</th>
<th>Practice Location</th>
<th>Practice Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cooper (Amarillo)</td>
<td>Sulphur Springs, TX</td>
<td>FM Physician Recruitment</td>
</tr>
<tr>
<td>Wilhelm (Amarillo)</td>
<td>Tulia, TX</td>
<td>Clinic, Hospital, ER</td>
</tr>
<tr>
<td>Hartman (Amarillo)</td>
<td>Amarillo, TX</td>
<td>Wound Care</td>
</tr>
<tr>
<td>Bramblett (Lubbock)</td>
<td>TTUHSC-Lubbock, TX*</td>
<td>FM Attending</td>
</tr>
<tr>
<td>Buchanan (Lubbock)</td>
<td>San Antonio, TX</td>
<td>Private Practice</td>
</tr>
<tr>
<td>Dosier (Lubbock)</td>
<td>Canton, TX*</td>
<td>Private Practice w/OB</td>
</tr>
<tr>
<td>Sprys (Lubbock)</td>
<td>TTUHSC-Lubbock, TX*</td>
<td>Student Health/ FM Attending</td>
</tr>
<tr>
<td>Willnauer (Lubbock)</td>
<td>Arizona</td>
<td>1-year Integrative Med fellowship</td>
</tr>
</tbody>
</table>

*HPSA

<table>
<thead>
<tr>
<th>FMATc2014/ Res Grad 17</th>
<th>Practice Location</th>
<th>Practice Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cruz (Lubbock)</td>
<td>Baton Rouge, LA</td>
<td>Private Practice</td>
</tr>
<tr>
<td>Fitzgerald (Lubbock)</td>
<td>Abilene, TX</td>
<td>Clinic, Hospital, ER</td>
</tr>
<tr>
<td>Nelson (Lubbock)</td>
<td>Childress, TX*</td>
<td>Clinic, Hospital, ER</td>
</tr>
<tr>
<td>Reddick (Lubbock)</td>
<td>Post, TX*</td>
<td>Clinic, Hospital, ER</td>
</tr>
<tr>
<td>Weaver (Baylor-Garland)</td>
<td>Dallas-Fort Worth</td>
<td>Private Practice</td>
</tr>
</tbody>
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Publications


Selected Presentations


Jones BG, Cook RL, Williams S. Medical Student to Resident in 3 years: Experiences with an Emerging Solution and Disruptive Innovation. Southern Group on Educational Affairs Conference, Austin, April 2016.


Jones BG, Babb F, FMAT Students, Accelerating Medical Education for Family Medicine: Student Perspectives on the 3-Year MD. Poster, 43rd Annual STFM Conference on Medical Student Education. February 2015.

FMAT Team

**Steering Committee**
- Betsy Jones EdD, Med Ed/FM, Co-Director
- Ron Cook DO, FM/MedEd, Co-Director
- Rodney Young MD, Ama
- Jerry Kirkland MD, Ama
- Fred Onger MD, LBB
- Tim Benton, PB
- Ikemefuna Okwuwa MD, PB
- Steve Berk MD, Dean
- Simon Williams PhD, Assoc Dean Academic Affairs
- Lauren Cobbs MD, Assistant Dean Stu Aff
- Felix Morales MD, Assoc Dean Admissions
- Resident Rep
- Kale Bates, Coordinator

**Family Medicine**
- Nimat Alam MD
- Frank Babb MD
- David Edwards MD
- Jamie Haynes MD
- Ellen Hampsten MD
- Kelly Klein MD
- Kit Linton MD
- Fiona Prabhu MD
- Jennifer Mitchell MD
- Kim Peck MD
- Mike Ragain MD
- Randy Sheets MD
- John Slayton DO
- David Trotter PhD

**Basic Sciences**
- Greg Brower PhD*
- Jane Colmer-Hamood PhD*
- Janette Dufour PhD
- Cassie Kruczek PhD*
- Vaughan Lee PhD*
- Raul Martinez-Zaguilan PhD
- Tom Tenner PhD*
- Dan Webster PhD*
*Dept of Medical Education