



## **DUTY HOURS POLICY**

### **Core Clerkships and Beyond**

#### **Rationale**

It is important for medical schools to develop and implement policies and procedures regarding the amount of time medical students are required to spend in clinical and educational activities during clerkships. As medical students share the clinical and the learning environment with residents, most schools use the ACGME policies as the basis for medical student policies. NYU Grossman School of Medicine, therefore, expects that medical students in the clerkship year and beyond will adhere to the ACGME Duty Hour Requirements, as well as the New York State 405 regulations, as outlined below. As has been noted by the LCME, medical students may voluntarily exceed the duty hours limits based on their motivation to learn.

#### **Policy**

**Violations of duty hours can be reported via direct communication with the clerkship director or coordinator, or via the end of clerkship evaluation (in COMET).**

To be in compliance with both the NYS 405 Regulations and ACGME Duty Hour Requirements (Section VI of the ACGME Common Program Requirements):

Clinical and educational duty hours must be limited to a maximum of 80 hours per week averaged over 4 weeks, inclusive of all in-house clinical and educational activities and clinical assignments.

- Must have 24 hours off per week not averaged.
- Must have 8 hours off between scheduled clinical work/ educational periods.
- Must have at least 14 hours free of clinical work and education after 24 hours of in-house call.
- Continuous on-site duty, including in-house call, must not be scheduled for/exceed 24 consecutive hours. Students may remain on duty for up to 3 additional hours (total of 27 hours) of transition time to be used for transfer of patient care, rounds, or grand rounds. No new patient care may be assigned during the 3-hour transition time.
- Must be scheduled for in-house call no more frequently than every third night.
- Night float must occur within the context of the maximum work hours per week, mandatory weekly time off, and mandatory time off between work periods.
- Maximum for “High Intensity” Shifts: Up to 12 consecutive hours on duty assignment in the ER, followed by at least an equal period of continuous time off. No more than 60 scheduled hours per week seeing patients in the ED and no more than 72 hours per week.
- NYS requires on-site supervision 24/7 by the attending or supervising physician.

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