THE NYU SoM STUDENT GUIDE TO (ALMOST) EVERYTHING IN NYC

BY THE NYUSoM CLASS OF 2019



NYU School of Medicine

Orientation Class of 2020

TIPS FOR NYU MEDICAL STUDENTS

- With your NYU undergraduate ID, you have access to many resources around the city
 - <u>NYU Route E shuttle</u> can take you down to the undergraduate campus at Washington Square (a short walk from SoHo), Trader Joe's, and the Palladium athletic facility
 - Route map and schedules here: <u>https://www.nyu.edu/life/travel-and-</u> <u>transportation/university-transportation/routes-and-schedules/route-e.html</u>
 - Free admission to the <u>MoMA</u> (Museum of Modern Art)
 - Others can be found here: <u>http://www.nyu.edu/life/student-life/getting-involved/museum-gateway.html</u>
- Utilize the Ticket Xpress Box Office to get great deals on movie tickets, Broadway shows, etc.
 - Volunteering for other clubs such as NYU SoM Ambassadors, and Student Diversity Initiative can also get you AMC Gold Passes
- The laundry system only accepts bills of \$5 and greater, so be sure to carry some cash when starting up or reloading your card
 - Make sure you do not lose your laundry card! Treat it as if it was cash.
- The Vilcek gym may be small, but it's close by and ALWAYS open
- **Student Council** is here to listen to you! Be sure to voice your concerns to your representatives or at meetings, because it is very easy to affect change at NYU
- The Vilcek lounge is a great place to gather before social events or to watch major televised events
- Need a caffeine fix before class? Thanks to the Parents' Association, we have free Keurig coffee in the Vilcek lounge (sorry Greenbergers). Argo Tea, right in the medical center, is also a student favorite. For both food and coffee, there's a go-to cafe in Tisch and a cafeteria in Smillow.
 - There is also a Keurig in the Student Lounge at the Student Study Center in the medical center thanks to Student Council
- If you live in Greenberg, you can, in fact, leave at 8:54 A.M. and be on time for 9 A.M. lecture. This was learned by many through large amounts of trial and error. Sorry, Vilcekers. You're gonna need to leave 5 or 10 minutes earlier.
- Getting involved in club or student council-sponsored events is a great way to have fun and get to know your classmates better
 - Keep an eye out for events like the <u>ski trip, camping, and whitewater rafting</u>
- One of the most convenient and well-stocked **grocery stores** is Fairway Market, but it's certainly not the cheapest
 - <u>Trader Joe's</u> and the local produce stands have great deals on your consumable needs
 - If you're on a budget, there are many events with free dinner hosted by student-run clubs
- **Amazon Prime** and **Google Shopping Express** both offer 6 months of free shipping and they are a great way to outfit your apartment
 - With NYU, you have a couple email addresses you can use to keep Amazon prime going: kerberosID@nyu.edu, first.last@med.nyu.edu, etc.
- **IKEA** and **Bed**, **Bath**, **& Beyond** both offer a flat-rate delivery fee, so team up with your roommates and friends if you're looking for some new apartment goods and furniture
- Get the Venmo app for those times when you owe a friend money and don't have exact change
- If you travel out of town often, keep a close eye on the BRIGHTSPACE calendar; events sometimes change without announcement!
- Be sure to read all emails carefully; they may contain important information ranging from a change in class schedule to updates on which study spaces are open
- Don't get too bogged down with getting top grades; after all, it is a pass/fail curriculum and you're in NEW YORK CITY!

GETTING AROUND NYC

One of the amazing things about going to NYU is being in NYC! Although being in medical school keeps you busy, you will definitely have more than enough time to explore all of the amazing things right at your doorstep. In this section, we hope we can guide you through the many options for getting around.



By Foot

This is by far the most convenient way to get around. In NYC it is a totally reasonable mode of transportation for most people going <2 miles, and it's easy to navigate the grid system of NYC streets.

By Bicycle

New York City is one of the best biking cities in the country, and it gets better every year! As an NYU student, you can join the NYU credit union and get a discount on an annual membership to Citi Bike, NYC's hugely popular bicycle share system, with many stations located right around the medical center. NYC has hundreds of miles of protected bike lanes, making your journey more convenient. From the medical center, you can take Ist Ave uptown to the MOMA or take 2nd Ave downtown to Chinatown and the Financial District.

By Train and Bus

The NYC subway system will take you just about anywhere in the city, all for **\$2.75 one-way**; where the subway doesn't go, the bus does. All you need to access NYC's buses and trains is a MetroCard, which you can get at any subway station.

Nearest Subway Stops: 33rd and Park Ave, or 28th and Park Ave (6 train)

Nearest Bus Stops: 33rd and Ist/2nd (uptown) or 28th and Ist/2nd (downtown) or 34th and Ist (crosstown)

The Shuttles

NYU is a large, urban university, and its campus is spread out throughout the city (Bronx Community College and Hofstra University used to be parts of NYU). To accommodate students living all around, or just taking classes at one of its satellite sites, NYU runs a huge shuttle bus system. From the medical center you can take a free shuttle to just about any of the other campus locations, most importantly Bobst Library, Coles Gym, and Palladium Gym. All you need to show is your ID. And no, you can't take a shuttle to NYU Abu Dhabi.

Car

Don't bring your car from home. NYC is a crazy city when it comes to parking and traffic, but you just might take a taxi or use a Zipcar to get around. Taxis are convenient, but they can be expensive. Their use is almost entirely relegated to sharing with others, or for that date night when you want to impress. In NYC you will see three types of cabs, Black/Livery, Yellow, and the newest, Green. ONLY TAKE YELLOW CABS FROM AIRPORTS (or you will be scammed). The black cabs are not legally allowed to pick up passengers off the street, rather they are supposed to be called by a phone call to a car service or by using Uber. Yellow cabs are your bread and butter in the city, they are the only ones legally allowed to pick you up off the street. The green cabs are are meant to only operate in the "outer boroughs" (i.e. not Manhattan), but you will see them around the medical center dropping patients off.

Tips and Tricks

I. When it's daytime and you need to go crosstown, don't take a cab because the traffic is horrendous. Bike or walk instead.

Use Google maps to plot your routes. It can give you routes for walking, biking, mass transit, or by car. It's one of the most useful things in NYC.
Embark NYC is a good alternative, and it works

underground!

4. NYU is right on the water and there are ferries that leave right around the corner going to Williamsburg, Long Island City and, perhaps the best kept secret, Governor's Island.

5. Take the E Shuttle to Trader Joe's

6. For the SBS buses you need to pay first at the paystation and keep your receipt on you. DON'T FORGET THIS!

7. Every bus line now has Bus Time allowing you to track where your bus is.

8. Many trains now have Train Time. Though not as pervasive or accurate, it is still great to use.

THE ESSENTIALS

Banks

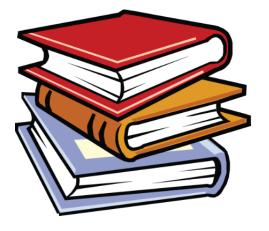
- **Bank of America**: 345 Park Avenue South (25th Street), ATM in the Tisch Hospital lobby!
- Chase: 501 2nd Avenue (28th Street), ATM at 2nd Avenue between 32nd and 33rd Streets
- Citibank: 485 Ist Avenue (28th Street), ATM at same location
- HSBC: 2 Park Avenue (33rd Street), ATM at same location
- **TD Bank:** 475 Park Avenue South (32nd Street), ATM at 2nd Avenue between 30th and 33rd Streets
- Wells Fargo: 180 Madison Avenue (34th Street), ATM at same location

Beauty: Hair/Nails/Eyebrows/Dry Cleaner

- Annie Ji's Nail Salon: 230 E. 25th Street #2 (between 2nd and 3rd Avenues), \$15 mani/pedi during the week
- Buddha Nails: 479 3rd Avenue (between 32nd and 33rd Streets)
- City Barber Shop: 309 E. 37th Street (between 1st and 2nd Avenues)
- Dazzle Beauty Salon: 590 3rd Avenue (between 38th and 39th Streets)
- Thread: 160 E. 33rd Street (between 3rd and Lexington Avenues), \$8 eyebrows
- Suits and Skirts Cleaners: Two locations: 120 E 34th St and 160 E 28th St; coupons on Yelp

Bookstores

- Barnes and Noble: 33 E. 17th Street (between Park Avenue S. and Broadway)
- NYU Bookstore: 726 Broadway (Waverly Place)
- The Strand: 828 Broadway (12th Street), the best independent bookstore in NYC





Grocery Stores

- Costco: 517 E. 117th Street (East River), take M15 bus
- D'Agostino: 528 3rd Avenue (38th Street) and 341 3rd Avenue (26th Street)
- Fairway: 550 2nd Avenue (30th Street), BEST GROCERY STORE NEAR NYU SoM!
- Food Emporium: 200 E. 32nd Street (3rd Avenue)
- Gristedes: 512 2nd Avenue (29th Street)
- Morton Williams: 311 E. 23rd Street (2nd Avenue)
- Trader Joe's: 142 E. 14th Street (between 3rd Avenue and Irving Place), CHEAPEST AND A STU-DENT FAVORITE, TAKE THE E SHUTTLE HERE!
- Whole Foods: 40 E. 14th Street (Union Square between Broadway and University Place)

Gyms

- Vilcek Gym: Basement of Vilcek, FREE! Treadmills, ellipticals, bikes, free weights and machines, bare bones, but does the job. Did we mention, IT'S FREE! Outdoor basketball court across the street.
- Palladium: 140 E. 14th Street, next to Trader Joe's, FREE WITH YOUR NYU UNDERGRAD ID DURING THE ACADEMIC YEAR! Cardio room, weight room, basketball court, rock climbing wall, pool. Can get crowded very quickly. TAKE THE E SHUTTLE.
- Crunch Gym: 22 E. 34th Street (between 2nd and 3rd Avenues)- While a little pricey with a student rate of \$80/month, Crunch is a great choice for frequent gym goers. It is clean, has updated cardio equipment, and has perks like free towel service, lemon ice water, and a sauna and steam room. Crunch also offers a large variety of classes such as spinning, yoga, dance, strength and interval
- training.

THE ESSENTIALS

- New York Sports Club: 614 2nd Avenue (33rd Street)- More of a basic gym with fewer options for classes, slightly less expensive than Crunch (about \$60 per month)
- Equinox: I Park Avenue (33rd Street) \$170/month so fancy.
- Jerome S. Coles Sports Center: 404 Lafayette St., New York, NY, 10003. It is home to the new stateof-the-art 404 Fitness, which has a membership fee of \$88/semester for students. It also has two pools, 3 basketball and 2 volleyball courts, rooftop tennis courts, and 3 racquetball courts, ALL available FOR FREE with your NYU PURPLE ID.

Pharmacies

- CVS: 222 E. 34th Street (between 2nd and 3rd Avenues) and 342 E. 23rd Street (between 1st and 2nd Avenues)
- Duane Reade: 465 2nd Avenue (26th Street) and 585 2nd Avenue (32nd Street)
- Rite-Aid: 542-576 2nd Avenue (31st Street)
- NYU Langone HC Outpatient Pharmacy: Located in the Langone Medical Center down the green pathway





Home Goods/Furniture

- Bed, Bath, and Beyond: 620 6th Avenue (between 18th and 19th Streets)
- Home Depot: 40 W. 23rd Street (between 5th and 6th Avenues)
- IKEA: 1 Beard Street, Red Hook, Brooklyn
- K-Mart: 770 Broadway (Astor Place)
- Nut House Hardware: 202 E. 29th Street (between 2nd and 3rd Avenues), more expensive than other places, but open 24 hours and good in a pinch.
- Target: 517 E. 117th Street (East River), next to Costco, take the M15 bus

Mail/School Supplies

• Post Offices: 149 E. 23rd Street (between 3rd and Lexington Avenues) and 115 E. 34th Street (between Lexington and Park Avenues)

Staples: 574 2nd Avenue (between 30th and 33rd)

Things to See and Do in NYC:

Events Throughout the Year

- Chinese Lunar New Year Parade (January/February)
- Fleet Week (May)
- Greenwich Village Halloween Parade (October)
- Macy's 4th of July Fireworks (July)
- Pride Parade (June)
- Restaurant Week (Winter and Summer)
- Rockefeller Center Christmas Tree Lighting (December)
- Sporting events including the NY Yankees and Mets (Spring, Summer, Fall), the NY Rangers, Knicks, and Brooklyn Nets (Fall, Winter, Spring), the NY Jets and Giants (Fall and Winter), and the NY Red Bulls (Spring, Summer, Fall)
- St. Patrick's Day Parade (March)
- Thanksgiving Parade (November)
- US Open Tennis (end of August-beginning of September)

Essential references

- New York Magazine (not the one in the Sunday Times): especially annual compendiums like Cheap Eats (<u>http://www.grubstreet.com/2014/07/101-best-new-cheap-eats-ranked.html</u>) or Best of Summer
- Ice Skating Rinks Guide: <u>http://nymag.com/guides/everything/ice-skating-2014-1/</u>
- Time Out New York
- Yelp App \rightarrow Restaurants
- TodayTix App \rightarrow Broadway shows and Off-Broadway shows
- Night Owl App \rightarrow Nightlife

Central Park South & 5th Ave

- The Plaza
- Apple Store
- Tiffany & Co.
- Bergdorf's
- Many other high-end window-shopping locales

Upper West Side

- The Museum of Natural History: worthy of a whole day all on its own
- Central Park: The Lake, the Pond, the Great Lawn, Strawberry Fields
- Lincoln Center
- Zabar's: Broadway Ave. & W. 80th St.
- Riverside Park: Starting on W. 70th St. and 12th ave.

Midtown East

- Take the 6 train to 59th Street and Lexington Avenue to visit:
 - o Bloomingdale's
 - о Н**&**М
 - Other popular shops: Banana Republic, Gap, Victoria's Secret, The Container Store.
- Dylan's Candy Bar: E. 60th St. & 3rd Ave.
- Serendipity 3: E. 60th St. & 3rd Ave. Try their frozen hot chocolate!
- Roosevelt Island Tramway: E 60th St. and 2nd Ave.
 - The island is mostly residential buildings and businesses that serve the needs of the residents, but you can walk the length of the island to visit two old lighthouses, found on the north and south tips of the island.



Highline & Chelsea Market (& Eataly)

- Walk down to 26th St. and Madison Ave. to Madison Square Park where you can stop and try the original Shake Shack.
- Exit at the southwest corner of the park and explore **Eataly** (they have a **Nutella Bar!!**) before continuing west to pick up the **High Line** on W. 23rd St. & 10th Ave.
- Walk south on the Highline then drop back down to the street at 16th St. and drool your way back to **Chelsea Market.**
- From there you can walk east to Union Square Park.
- To go back to the SoM: catch the 6 train back to campus or walk east on 14th St. to ride the NYU Shuttle from Trader Joe's.

Chinatown

- How to get there? Take the 6 train or M-15 SBS bus down to Canal Street.
- Stop off at: New Kam Man supermarket on the south side of Canal (<u>http://www.newkamman.com/</u>) and explore all three levels.
- Turn right on Mott street and just south of Canal there's is a chopstick boutique (http://yunhongchopsticks.com/) which is kind of random and cool.
- If you continue south on Mott St you'll come upon a candy shop on the west side of the street, which will be appealing exotic to some students and a reminder of home for others: http://sweets.seriouseats.com/2014/02/a-tour-of-aji-

http://sweets.seriouseats.com/2014/02/a-tour-of-ajiichiban-the-asian-candy-havens-outpost-in-nyc.html

• Walk around on Bayard, Kenmare, Elizabeth, and Mulberry streets—there's plenty to explore. Look for people doing Tai Chi or playing music in Confucius Square. Taste Manhattan's best cha siu bao (roast pork buns) from Mei Li Wah, the David Chang-approved ginger scallion noodles from Great New York Noodletown, or the pork soup dumplings at Shanghai Asian Cuisine. There's also a Xi'An Famous Foods on Bayard. There are fruit stalls on Mullbery, and numerous markets tucked away on side streets north of Canal. Try the little Hong Kong cakes at 15 for \$1 from street carts. This is obviously a great area for food and exploration.

• If you get tired of Chinatown and want to keep walking, head up into Soho on Broadway (check out Pearl River Mart—overpriced but fun to walk around) or West Broadway (lots of trendy shopping), or walk north on Bowery where there are many stores that sell lighting and kitchen appliances.

East River Ferry

- On hot and sunny summer weekends the best way to see the city may be from the water: for \$6 you can catch a ferry from 34th St (cross over the FDR to the ferry terminal) that makes stops in Long Island City (Queens), south along the Brooklyn waterfront, down to South Street Seaport, and finally to Governor's Island.
- Smorgasburg opens at 11am on Saturdays and Sundays and provides an opportunity to feast on local artisanal takes on a whole host of international delicacies.
- go on a tour of the Brooklyn Brewery (you can take the L train back to Manhattan), or hop back on the ferry and take it to the last stop: Governor's Island (there is so much to do: <u>www.govisland.com</u>). Once you've exhausted yourself on Governor's Island, you take the ferry all the way back to 34th St (an hour-long ride) or just one stop to South Street Seaport.



Things to See and Do in NYC:

Other attractions

9/11 Memorial and Museum—a piece of American history that everyone should visit at least once while in NYC

Cathedral of St John the Divine—a worthwhile destination for lovers of art, architecture, music, culture, and history. <u>http://www.stjohndivine.org/</u>

Central Park— SummerStage, the Sailboat Pond, Wolman Rink, the Carousel, Sheepmeadow

Staten Island Ferry—FREE and a great way to see the Statue of Liberty, Ellis Island, and amazing views of Lower Manhattan

The Cloisters—The exhibits are worthwhile, but the best part about a trip to the cloisters is the chance to enjoy a sense of peace and quiet and tranquility that can be hard to find in NYC. <u>http://www.metmuseum.org/visit/visit-the-cloisters</u>

The Frick Collection—FREE FOR NYU SoM STUDENTS, a favorite of art lovers, smaller museum and easier to manage in a day

The Metropolitan Museum of Art—pick a wing and spend a few hours exploring. A particular favorite is the Egyptian art area with an entire temple transported from Egypt.

The Museum of Modern Art (MoMA)—FREE FOR NYU SoM STUDENTS, amazing works of art from the impressionists onward.

The Museum of Television and Radio—you can watch (or listen to) pretty much every program ever broadcast. http://www.paleycenter.org/

The Whitney Museum of American Art—FREE FOR NYU SoM STUDENTS plus one guest, the highlights of American art in NYC

Markets

- Union Square Greenmarket (Union Sq) farmer's market, flowers, and food
- Holiday Markets end of November to early December (Union Square, Bryant Park, Grand Central, Columbus Circle)

Outdoors & Green spaces

- Brooklyn Botanical Garden- closed on Mon
- Brooklyn Bridge Park
- Bryant Park
- Central Park--great for bike rides. Bethesda Fountain, scenic
- East River Park and jogging path (1 block from the medical center)
- Governor's Island-take ferry to the park. great views, good picnic spot
- High Line Park (Chelsea)
- Hudson River Park
- Madison Square Park (Flatiron)
- Prospect Park, Brooklyn
- The Met/Met rooftop garden overlooking Central Park/midtown
- The Rink at Rockefeller Center- wintertime only
- Williamsburg, Brooklyn--the waterfront there has a better view of midtown Manhattan than Brooklyn Bridge Park

Beaches

• **Brighton Beach**: take the Q to Brighton Beach, 45 minutes-1 hour trip, delicious Russian food and less crowded than Coney Island

• **Rockaway Beach**: take the A to Broad Channel and transfer to the S to Rockaway Park Beach 116th Street, 1.5 hour trip, don't forget food at Rockaway Taco



The NYC Locals Guide to Food & Drink

Restaurants

American:

- Beecher's Handmade Cheese (Flatiron Broadway between 19th and 20th): Cheese shop/ small sitting area. Good for grilled cheese, Mac 'n' cheese
- **Capital Grille** (42nd St under the Chrysler Building): Amazing food (best steak salad), pretty expensive
- Catfish (1433 Bedford Ave, Brooklyn): Really good Cajun food, good prices
- Cinema Café (34th St and 3rd Ave): Really good food (burger and salad), good price
- **Dinosaur BBQ** (W 125th between 12th/Riverside) Everyone raves about their BBQ. Huge portions
- **Draught 55** (55st between 2-3 Ave): Good drink and beer selection, good food, good price, amazing interior (great atmosphere)
- Glass House Tavern (40th between Broadway and 8th): Slightly pricey, good food in theatre district
- Hearth (12th St & 1st Ave): High quality (and high priced) modern style cuisine, can sit in front of the kitchen and watch the chefs work. Interesting menu, but all great food
- Joseph Leonard (Waverly and Grove): Very expensive, very nice. A place to impress someone
- Le Relais de Venise (Lex and 52nd): The name sounds French, but actually a delicious steakhouse, that serves only steak. With amazing fries. And still reasonably priced. Can't beat it.
- Little Muenster (Stanton & Ludlow): Best grilled cheese in the entire world. Literally.
- Max Brenner's (17th St between Broadway and 6th Ave): Best chocolate in NYC, also very good food. Great place for something sweet, and a good salad to match.
- **Penelope** (159 Lexington Ave and 30th St): Delicious quality food with local ingredients, fills up fast around lunch and for brunch, truffle mac and cheese
- Peter Luger Steak House (Broadway in Williamsburg): Best steak in the city, very expensive, a nice place to go with the parents
- **Pommes Frites** (7th St & 2nd Ave): Best fries in NYC with 100 different toppings

- **Riverpark** (29th and East River): In the Alexandria complex, Tom Colicchio restaurant, New American food, expensive, very good food and a great atmosphere on the river
- Rodeo Bar (27th st and 3rd ave): Best BBQ in NYC (so far). Amazing pulled pork, pretty good price. Fun atmosphere to go out with friends to. They have free concerts a good amount.
- S'MAC (345 E 12th St or 157 E 33rd St): The best mac & cheese on earth
- **STK** (43rd St & 6th Ave): Best steak in NYC, very expensive (good to go on parents dime)
- **Taproom 307** (23rd St and 3rd Ave): Best beer in Murray Hill area, good food and good atmosphere. Pretty good price.
- The Meatball Shop (Greenwich, Chelsea, UES): Cute decor, custom made meatballs, lunch or dinner, reasonable; good not mindblowing
- The Smith (51st and 2nd, Lincoln Center, Union Sq): Trendy, good beer battered string beans app/brussel sprouts app; kinda pricey (\$20+ per dish), good gastro-pubby place (salads, burgers, beer)
- **The Strand** (Astoria, Queens on Broadway): Delicious BBQ and usually a band playing there over the summer, outdoor patio area, fun with a group, get there early-ish for dinner
- Umami Burger (Greenwich Village 6th Ave and 10th St): SUCH GOOD BURGERS
- Waverly Diner (Waverly, near W 4th st): Very good diner food, pretty good prices, open 24/7
- Westville Chelsea (18th St & 7th Ave): Hipster place with amazing vegetable selection and well priced – other locations around the city as well (11th Street & Avenue A)
- 'Wichcraft (Flatiron and all over the city): Sandwich/casual restaurant of Colicchio's; really good sweet potato grilled cheese/tomato soup (winter warm up!)
- Williamsburger (Wyeth St in Williamsburg): AMAZING BURGER, very good chili and good fries. Decent price. Really good atmosphere as well
- Wogies (Greenwich Ave and Charles St): Awesome sandwiches and bar food at good prices

Asian:

- Ajisen Ramen (Chelsea at 136 W 28th St./Chinatown at 14 Mott St): Delicious ramen for cheap
- Apple Restaurant and Bombar (17 Waverly Pl): Good Asian fusion cuisine (terrible sangria, decent beer)
- **Baohaus** (14th St between 2nd and 3rd Ave): Delicious Taiwanese bao (buns), a bit on the pricey side by bao standards, but really delicious
- Blue Ginger (15th Street and 8th Avenue): Pretty good sushi for pretty little money. Funny bathroom murals.
- **Dumpling Man** (Alphabet City: 100 St Mark's Pl): Great dumplings for cheap. pork, chicken, veggie, sweet potato
- Galanga (149 W 4th St): Really good Thai food, good prices, and good service
- Grand Sichuan (St. Mark's between 2nd and 3rd Ave): Delicious Sichuanese food at decent prices, get ready for the spicy
- Jin Ramen (125th and broadway Morningside): Great ramen and pork buns
- Jing Fong Restaurant (20 Elizabeth St between Canal/Bayard): DIM SUM! Huge, somewhat overwhelming, very cheap and fun to go to with a lot of people
- Joe's Shanghai (Chinatown: 9 Pell St. and Midtown): Dim Sum, a crowd fave. Absolutely delicious chinese food and soup dumplings
- Joe's Ginger (Chinatown: 25 Pell St.): May be better than Joe's Shanghai (same thing, different name). Soup dumplings
- Joya (215 Court St, Brooklyn, off the Bergen stop on the F): Amazing Thai food at amazing prices.
- Koi (Bryant Park/40th St): Amazing Japanese fusion restaurant (very pricey, but very good)
- Larb Ubol (37th St & 9th Ave): Amazing Thai food, good price. Great pad thai, especially when chili powder is added on top (although they make it pretty spicy)
- Luu's Baguette (26th St between 3rd and Lex): Pho and bahn mi, also Vietnamese iced coffee (made with espresso and sweetened condensed milk) is not to be missed
- Momofuku Noodle Bar (1st Avenue and 10th Street): Ramen, famously good pork buns, and a roster of dishes that changes with the seasons.

- Nobi (437 3rd Ave between 30th and 31st): Delicious \$13 lunch special that includes salad, miso soup, and 3 sushi rolls
- **PHO**³² (St Mark's): Very good, authentic pho at a good price
- **Pinto** (West Village: 118 Christopher St): Delicious pad thai, great drinks. Try the Thai iced tea-DIY and delicious
- **Prosperity Dumpling** (Chinatown: 46 Eldridge St): Hole blasted into a wall. Get their sesame pancake sandwich. Go-to place for frozen bags of dumplings \$9 for 50 frozen pork dumplings (or \$12 for chicken)
- Shu Jiao Fu Zhou Cuisine (Eldridge and Broome): A hole in the wall at the corner of Eldridge and Broome. Order a huge plate of 11 dumplings at the counter for \$3. They are delicious topped with vinegar, soy sauce and sriracha. One of the best and cheapest meals in the city. They also sell bags of 50 frozen dumplings for \$9
- Xi'an Famous Foods (45th between 5th/6th Ave, 102nd/Broadway): Cheap, fresh noodles; spicy beef
- **456 Shanghai Cuisine** (Chinatown: 69 Mott St): Cheap/shout out in NY Times, clean, good shanghainese food, mom liked it

European/French:

- Artisanal (Park and 32nd): French bistro food, AMAZING cheese selection, expensive
- **B** Café (87th St & Amsterdam): Belgian café with great beer and food
- Café Lalo (83rd and Amsterdam): nice looking European café with nice atmosphere
- Le Parisien (33rd St & 3rd Ave): Amazing French style food
- Maison Harlem (127th and St. Nicholas): Mushroom risotto and truffle Mac and cheese
- **Petite Abeille** (17th St between 5-6 Ave): Good Belgian restaurant, half price beer Mondays
- Veselka (9th St and 2nd Ave): For pierogis and egg creams



Indian and Middle Eastern:

- **Bhatti** (27th and Lexington Ave): North Indian cuisine including kebabs & regional specialties
- Dhaba (108 Lexington Ave between 28th and 27th): Lunch buffet less than 13 bucks even on weekends. All you can eat, amazing rich punjabi food good quality
- Jackson Diner (10th & University): Very good Indian food at a decent price, good service
- Kalustyans (Lexington Ave between 28th and 29th St): Shopping downstairs, sandwiches (etc) upstairs. I recommend the mujadara sandwich (lentils and bulgar with fried onions—one of the best vegetarian meals in the city, for about \$5)
- Limon (24th St between 2-3rd Ave): Amazing turkish food with pretty good price. Great hummus and bread. Lunch special is a good deal.
- **Mamoun's** (St. Mark's or MacDougal between 2-3rd St roughly): Amazing falafel and schwarma at great price
- Sigiri (4th St and 1st Ave): Sri Lankan food (between Thai and Indian, with a bit of both too). Really good. Moderately priced (cash). Spiciest food in NYC
- **Tiffin and Thali** (28 Columbus Ave): Best Indian food I've ever had, well priced, worst service in the world. Intimate setting though.
- Chennai Garden by Tiffin Wallah (28th St between Lex and Park): South Indian yumminess, amazing dosas, great lunch buffet
- **Turkiss** (MacDougal between 2-3rd St roughly): Amazing falafel at great price, slightly cheaper and bigger than Mamoun's

Italian:

- Artichoke Pizza (14th St & 1st Ave, MacDougal Between 2-3rd St roughly): Amazing pizza
- **Ballaro** (4th St & 2nd Ave): Really good beer selection
- **Becco** (46th between 8th and 9th Ave): Good Italian from Lidia and Joe Bastianich, decent lunch prices
- **Carmine's** (44th and 7th Ave): Very good Italian food, large family portions at reasonable prices, decent service. Very good for the theatre district.
- **Eataly** (Flatiron 23rd and 5th): All things Italian. My favorite place ever
- Emporio (Mott and Spring St; Little Italy): Delicious Pappardelle Ragu and pizza. Cute space, dark, a little loud. Dishes around \$18
- Il Corallo (Prince St between Thompson & Sullivan): Amazing Italian with infinitely large menu (pasta, pizza, and good cheap wine)
- Joe's Pizza Carmine St (West Village): Quick take-away pizza. Open late
- **Maialino** (Gramercy Park Hotel): Delicious Italian food, a little pricey. Julia Weiss manager
- Mercato (Midtown west) (39th between 8th/9th Ave): Feels very Italian, decent prices
- **Patsy's Pizzeria** (74th/Columbus): Delicious looking pizza. Casual dining
- **Pisticci** (La Salle. 123rd and Broadway): Orecchiette w/pork and broccoli rabe. Homemade pasta. Outdoor seating during summer.
- **Two Boots** (various locations): Amazing, Cajun style pizza. Thin crust with a lot of flavor at a decent price.
- Via Della Pace (7th St & 2nd Ave): Best Italian food in NYC at very reasonable prices; extremely friendly staff.



Latino/Spanish:

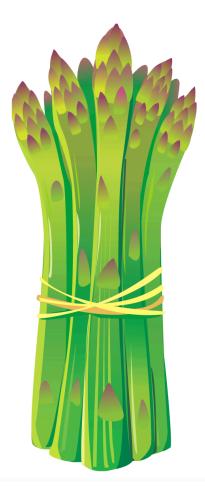
- **Boqueria** (53 W 19th St between 5th and 6th Ave): TAPAS and Sangria!
- Caliente Cab (33rd St and 3rd Ave) free souvenir cup with huge margarita. Really good guac.
- Caracas Arepa Bar 93 ½ E 7th St (1st Ave): Venezuelan food - amazing arepas. There is also a location in Williamsburg with more seating and drink options!
- **Cascabel Taqueria** (UWS: 2799 Broadway @ 108th or UES at 1538 2nd Ave at 80th): Happy hour margs (\$6) in mason jars. good happy hour app deals too. small tacos, good sangria and great tacos
- **Dos Caminos** (All over NYC): When they say spicy, they mean it. Great hearty portions. Delicious but not spectacular.
- **Dos Toros** (4th Ave just south of Union Square): Delicious tacos and burritos, reasonably priced
- **El Porron** (61st St & 1st Ave): Very good, authentic Spanish tapas (pricey)
- La Paella (9th St & 3rd Ave): Authentic Spanish tapas (a little pricey)
- Las Ramblas (4th St & 6th Ave): Good Mexican food and the best Margarita in NYC (really big as well)
- Los Tacos No. 1 (Chelsea Market 9th Ave): Chilimarinated pork adobada tacos
- **Pio Pio** (34th St between 2nd and 3rd Ave): Delicious roasted chicken and Latino side dishes, amazing lunch special for less than \$10, get the maduros
- **Taqueria Diana** (2nd Ave between 7th/St Marks): OMG the nachos! Dinky place. Al pastor nachos (pork)
- **Taqueria y Fonda** (968 Amsterdam Ave 107th and 108th): HUGE burritos, take out; chips are homemade!
- Socarrat Paella Bar (19th st btw 7th and 8th ave): Super cute environment, delicious paella/TAPAS, sangria

Seafood:

- Luke's Lobster (UWS at 426 Amsterdam Ave, LES at 93 E 7th, for UES at 242 E 81st): For great lobster rolls...yummmm- crab rolls!
- Mermaid Oyster Bar (Greenwich Village): Great happy hour deals, delicious food, cute fortune telling fish as favors. \$1 oyster happy hour 5-7p. Free dark choc pudding dessert
- Mermaid Inn (UWS): same deal as Mermaid Oyster Bar

Vegetarian/Vegan:

- **Café Blossom** (a couple of locations; 82nd & Columbus): Amazing vegan food, great people, pretty good price
- Candle 79 (79th St & Lexington Ave): Vegan great food, and not just for vegans
- **Organic Grille** (7th St & 1st Ave): Good organic/veg food. A little pricey, but the food is worth it if you feeling healthy.



Brunch & Tea

- Arte Cafe (73rd between Amsterdam/Columbus): \$20 all you can drink during brunch 11-4; food was ok
- Calle Ocho (W. 81st St between Central Park West and Columbus Ave): Gem on the UWS, affordable weekend Cuban brunch, complimentary bottomless sangria
- **Isabella's** (UWS Columbus Ave between 76th/77th): Free drink with Sun brunch, cute
- Jack's Wife Freda (SoHo 224 Lafayette St. between Kenmare and Cleveland): Great brunch place, FAV BRUNCH SPOT.

- Jacob's Pickles (84th/Amsterdam UWS): Southern comfort food, fried pickles. Bloody Mary's!
- Jane (Houston and Thompson. West Village): Brunch is soooo good! Make a reservation/busy
- La Flaca (348 Grand St): All you can drink brunch with pretty good food
- Vamos (348 1st Avenue and 20th St): All you can drink Mexican brunch, can make it bottomless drinks as well
- V Bar St Mark's (1st Ave and St Mark's): Cheap brunch and VERY delicious. Cute atmosphere, quaint. \$4 drinks with brunch

Delicatessens & Grab-and-Go Picnic Fare

- **B&H Dairy** (2nd Ave between St. Mark's and 7th St): Awesome soup served with homemade challah bread
- Broadway Bites (June-33rd/Broadway)
- Carnegie Deli (55th St & 7th Ave): Biggest portions, amazing potato pancakes
- Grey Dog NYC (Chelsea, NYU): Good picnic fare, for if we picnic. Brunch too
- Halal Guys (53rd and 6th): BEST STREET-CART FOOD IN THE CITY

- Joe's Dough (8th St & 1st Ave): Really great sandwich shop. Low price, decent sized sandwich.
- Katz's Deli (205 East Houston St): Best deli in NYC (great everything)
- Madison Sq Eats (May- Madison Sq Park)
- Smorgasburg Flea Food Market (Williamsburg Sat 11-6p, DUMBO Sun 11-6p)
- Zabar's (UWS: 2245 Broadway between 80th/81st): Jewish deli, good picnic sandwich-es/fare

Breakfast/Coffee Shops/Bakeries/Cafes/Desserts

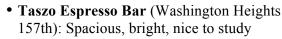
- Amy's Bread (250 Bleecker St): Good pastries and decent hot chocolate. Nice cozy place for a chat.
- **B** Cup Café (13th & Ave B): Awesome café w/ food and drink, good atmosphere and furniture, and music
- **Big Gay Ice Cream** (125 E 7th St. (East Village), 61 Grove St. (West Village)): The Salty Pimp is pretty heavy on the salt, beware
- **Billy's Bakery** (Chelsea, 9th Ave between 21st and 22nd): On Travel + Leisure's list of Best Desserts Around the World. Try banana cream pie, or icebox cake. Cupcakes are also a crowd fave here: try red velvet but really any cupcake with their buttercream frosting looks good.

- Brooklyn Bagel Company (25th St and 8th Ave): Amazing bagel!
- Chinatown Ice Cream Factory (65 Bayard St***): Almond cookie flavor to die for
- **City Bakery** (Union Square area): Pure melted hot chocolate
- Culture Espresso Bar (38th and 6th Ave): Fast midtown coffee. Like Dean & Deluca
- **Dunwell Donuts** (Brooklyn): Best donuts on planet... seriously
- Ferrara Bakery & Cafe (Little Italy: 195 Grand Street): Italian and French pastries. Great reviews on Yelp, the cannoli are the best
- Georgetown Cupcakes (SoHo): delicious cupcakes

- Insomnia Cookies (50 8th St, 405 Amsterdam Ave, 482 3rd Ave, 1579 2nd Ave): amazing cookies close to NYU SoM
- Jacques Torres (Amsterdam and 74th, West Village Houston St): Wicked hot choc and choc chip cookies
- La Colombe (SoHo; Lafayette between Prince and Houston): So cute; cappuccino and almond croissant.
- Levain Bakery (UWS 167 74th and Amsterdam): the cookies!
- Maison Kayser (Flatiron 921 Broadway, UES 1294 3rd Ave): French bakery/cafe/dessert shop. People rave about the baguettes and the cappuccinos look delicious

Breakfast/Coffee Shops/Bakeries/Cafes/Desserts

- Popbar (West Village, 5 Carmine St): Gelato on a stick!
- Schmackary's (Hell's Kitchen 45th between 9th and 8th Ave): Cookie happy hour daily 3-5pm 2 cookies+milk=\$6; amazing cookies/flavors. Open until midnight
- Spot Dessert Bar (St Mark's between 3rd/2nd Ave): Chocolate green tea lava cake and green tiramisu
- Sweet Revenge (West Village): Wine and beer with Cupcakes pairings
- Tai Pan Bakery (Chinatown): Cheap, delicious Asian bakery, perfect for not-too-sweet treats and boba!



- The Chipped Cup (Broadway between 148th/149th): Pumpkin spice latte w/almond milk.
- The City Bakery (18th between 5th and 6th Ave): Hot chocolate like melted chocolate bar/ super rich. Pretzel croissants are also good.
- The Smile Cafe (East Village; 26 Bond): Hipster breakfast place, adorable quintessentially NYC place. Great food. Cappuccinos.
- Tompkins Square Bagels (10th St & Ave A): Best bagel on planet and everything you could want on it, pretty cheap too





Nightlife: Bars/Clubs/Speakeasies

Bars with dancing:

- Bowery Electric: it's a club, East Village, kinda grimy/dark but dancy
- music
- La Caverna (122-124 Rivington LES): Cave club. top 40s music. no cover
- Solas (232 E 9th st. (East Village)): Young crowd, good music, dance floor
- The Globe (23rd St between 3rd and Lex): Fun bar with good music and a great atmosphere, can get a little crowded, a Class of 2017 favorite
- like dancing frattiness in the back plus more chill in front
 - 200 Orchard (200 Orchard & Houston): Grimy looking but fun! huge dance floor/good music

Biergartens & Beer Halls:

- Beekman Beer Garden (South Street Seaport): AMAZING views Brooklyn bridge; FUN! only summertime
- Houston Hall (222 W Houston between Bedford & Varick): Indoor beer hall
- **Radegast** (Williamsburg, Bedford Ave stop): Amazing beer selection, great atmosphere and décor. Bartenders dressed old-fashioned and grill attached with fries and bratwurst
- The Standard Hotel (Chelsea): Biergarten or rooftop***
- Zum Schneider (7th St & Avenue C): Authentic German beer hall, German beer and food and traditional German atmosphere (CASH ONLY)

Rooftop Bars & Bars with views:

- **Berry Park** (4 Berry St, Williamsburg, first stop off off L): Best fried pickles and cheap. Fun little place. Rooftop bar and area included. A little bit of a walk to get to.
- **Boat Basin** (UWS W 79th St at Riverside Dr): Overlooking Hudson River, happy hour
- **Brass Monkey** (Little W. 12th by 10th and Washington): Tons of beer; rooftop (small)
- The Frying Pan (Pier 66): Boat bar overlooking the water
- **Tonic East** (29th and 3rd, rooftop kind of like Brass Monkey): Multiple floors, view of Empire State
- **230 Fifth** (5th and 27th St): Nice rooftop bar, can see Empire State/Chrysler

Speakeasies:

- **Middlebranch** (154 E. 33rd between Lex and 3rd): Unmarked door. Live jazz Mondays. Get bartender's choice
- **Bathtub Gin** (132 9th Ave) Façade is a small coffee shop walk in and ask to go to the bar. Make a reservation is you want a table.
- **The Campbell Apartment** (Grand Central Terminal) Follow the signs to find it!

More fun bars:

- Albion (2nd Ave between 32nd and 31st): \$4 drafts before 8pm, every day, along with other happy hour specials. Good selection of beers, and BYO food keeps the cost down. This bar is super close to the hospital, and it's a little more refined than other local watering holes.
- Barcelona Bar (54th St & 8th Ave): Lots of fun, hundreds of types of fun shots, standing room only
- **Bait and Hook** (14th St and 2nd Ave): \$1 oyster and \$3 fish taco happy hour with drink specials
- Cask (33rd St between 3rd and Lex): Great beer selection with 1-2 cask ales available, happy hour every day, also incredible food and brunch on the weekend, the best bar near NYU SoM
- Elsa (3rd St between Avenue A and B): Cozy with really strong and yummy drinks
- Flatiron Lounge (W. 19th St between 5th and 6th Ave): A high-end sophisticated cocktail bar (and one that ushered in the comeback of the cocktail), with a beautiful art-deco look
- George Keeley's (83rd and Amsterdam): Fun beer place
- Hair of the Dog (Orchard and Rivington): Super fun! great music. crowded
- Jake's Dilemma (UWS 430 Amsterdam between 80th/81st): same owner as Stumble Inn
- Jimmy's No. 43 (7th St & 2nd Ave): Great beer, kind of like a dank beer hall... in the best possible way
- **McSorley's** (7th St & 3rd Ave): Civil war era pub with ok beer at the best price in NYC
- **Patron Mexican Grill** (51st St & 9th Ave): Lots of fun and decent Mexican food and drinks; big fishbowl drinks
- **Pegu Club** (Houston between Wooster and Broadway): Still one of NYC's best cocktail bars, very classy but fun
- Penny Farthings (3rd and 13th St (East Village))
- **Peter Dillons** (40th between Park and Lex): \$4 Jameson/Tequila shots.
- **Professor Thom's** (2nd Ave between 14th and 13th): Boston sports bar
- **Public House** (41st and Lex): Classier but fun/loud, good food too.
- Rattle and Hum (33rd St & Madison Ave): Very good beer selection at ok price; good atmosphere

- Spin New York (23rd St between Park Ave S and Madi• The Ginger Man (36th St & Madison Ave): Anson Square Park): bar/food/Ping Pong
- Spitzer's Corner (Rivington and Ludlow): Fun bar (classier/younger crowd) with good drinks
- Teqa (3rd Ave and 31st St): Tuesday margarita specials
- The Blind Tiger (281 Bleecker St, near 7th Ave): Good atmosphere for a beer drinker, great beer selection
- The Daily (Elizabeth St between Prince and Spring): More low key than some of the others, great cocktails, they play good music

- other great beer place. A bit more of a professional crowd, but great beer selection
- The Stag's Head (51st St between 2nd and 3rd Ave): Good beer bar with good food
- The Thirsty Scholar (2nd Ave and 10th St): Great drink specials, attentive bartenders, and good music, a great place to sit back and enjoy a drink at the bar
- **2A** (2nd St and Avenue A): Classic bar to sit and be alone with bartender or chat with one buddy
- 8th Street Wine Cellar (Greenwich): Happy hour! \$18 wine bottle! (\$6 a glass) 4-7pm weekdays. chill, classy environment



Off Campus Study Spots

Sometimes it's nice to study outside of your room or school – here are some hidden gems we've found.

