



Dear Dr. DeMarco,

We are pleased to express our support for _____ in their participation in the Lerner Holistic Integrative Health Nursing Fellowship at NYU Langone. By signing this letter, I affirm my understanding of the objectives and commitments outlined below and assure you that, if selected, the fellow will be supported by our institution. We will provide the necessary resources to help them achieve their objectives, reach their goals, and facilitate a successful fellowship experience.

1. Objectives

The following learning objectives outline the key competencies that the fellow will achieve through the program:

- The fellow will understand the scientific and philosophical background of integrative health, holistic nursing, and mind-body medicine through didactic and interactive experiences.
- The fellow will gain knowledge on how to utilize evidence-based, non-pharmacologic, holistic, and integrative health modalities and approaches in clinical and non-clinical settings for self-care and the care of others.
- The fellow will learn how to develop a holistic integrative health project utilizing evidence-based, non-pharmacologic, holistic, and integrative health modalities and approaches.

2. Fellowship Participation

The fellowship involves 172 hours of live, virtual, self-paced, and experiential learning opportunities from January to September 2025. Fellows are required to attend all live didactic sessions while completing additional learning online or at their organization. The schedule for these sessions will be communicated by the Lerner Holistic Integrative Health Nursing Fellowship Team at least six weeks prior to the program's start.

3. Tuition

The tuition for this fellowship is \$15,000. There are various options available to assist fellows in managing this cost, including:

- Health Equity Scholar Designation: If awarded, the fellow will receive a full-tuition waiver. This designation aligns with NYU Langone's mission to advance health equity and requires demonstrating leadership skills and a commitment to diversity, equity, and inclusion.
- Match Program: Our institution may participate in a matching program, contributing up to \$5,000, with NYU Langone matching this amount. The remaining balance will be the responsibility of the fellow.
- Institutional Sponsorship: Your institution may choose to fully cover the cost of tuition.
- Self-Pay: An installment plan is available, allowing tuition to be paid in eight installments of \$1,875. Additional financial arrangements can be made to accommodate individual needs.

4. Support for Quality Improvement Project

I pledge to support the fellow in integrating the knowledge gained during the fellowship into a formal quality improvement project. This initiative will significantly enhance my institution’s commitment to advancing nursing practice and the delivery of quality person-centered care.

5. Mentorship

The fellow is responsible for securing a mentor within my institution who will provide up to three hours of support each month, specifically focused on the implementation of the fellow’s quality improvement project. This includes a one-hour session each month with the fellow and an NYU Langone Mentor.

I am confident that participation in this fellowship will contribute positively to _____ professional development and aligns with our institution’s priorities and strategic goals.

Sincerely,

Signature: _____

Nurse Manager

Signature: _____