

Lerner Holistic Integrative Health Nursing Fellowship 2024 Fellows



The Lerner Holistic Integrative Health Nursing Fellowship is an immersive experience that aims to train a cohort of nurses to develop an understanding of holistic nursing and integrative health; learn, practice, and implement non-pharmacological holistic integrative health approaches for both staff and patient care; and research, develop, and implement an evidence-based holistic, integrative health project to impact the well-being of patients or staff at NYU Langone Health.

Our Gratitude

This fellowship program is made possible by Helaine and the late Sid Lerner. The Lerner family has generously provided philanthropic support to the Departments of Nursing at NYU Langone Health since the 1990s supporting patient and staff integrative health and health promotion programs. The Lerner Health Promotion Program at NYU Langone is transformational for nursing training and clinical practice at NYU Langone and beyond, establishing a national hub for an expansive network of research, resources, and highly skilled nurses committed to integrative health and holistic care. Through the generous gift from the Lerner family, the Lerner Holistic Integrative Health Nursing Fellowship provides 172 hours of paid time to fellows over a 9 month period.

Meet the Fellows



Gianna Buttitta, BSN, RN, CCRN

Hello! My name is Gianna and I am lucky enough to say that I began my journey as a nurse here at NYU Langone. I grew up on Long Island, NY and then attended college in Boston, MA at Northeastern University to obtain my BSN. I have worked on Kimmel 13 since day one at NYU Langone and have learned something new every single shift. I am constantly amazed by patients' resilience and impressed with my fellow nurses' teamwork.



Danielle Delay, BSN, RN, BMTCN, OCN

I have been an oncology nurse for four years, working primarily with individuals diagnosed with leukemia, lymphoma, or multiple myeloma. I love my work because I am able to create long term relationships with patients in the clinic, caring for them several days a week for months at a time. When I'm not working, I enjoy reading, painting, photography, and running.



Stacy Greene, RDN, IBCLC

Stacy F. Greene is a Board Certified Lactation Consultant who brings a balanced and compassionate approach to helping parents navigate the challenges and joys of infant feeding. She works full time as a lactation specialist at NYU Langone Tisch with a focus in the NICU. Also a dietitian, she completed her residency at New York Presbyterian Hospital and worked as the breastfeeding coordinator of the Women, Infants and Children (WIC) program at Coney Island Hospital. Stacy transitioned from a career in music publishing in 2011, and holds a bachelor's degree in cello performance from New England Conservatory. Stacy is passionate about helping people through transitions both physically and spiritually. She is an ordained interfaith minister, a certified grief educator, a certified yoga instructor, and a student of Ayurveda, meditation, kirtan, and mythology. Stacy lives in Brooklyn with her family.



Jane Lu, DNP, RN, CNOR

Jane Lu is a nurse leader dedicated to fostering a supportive and healthy work environment for patient safety and quality care. Her passion is strengthening the nursing workforce, which stemmed from her early work in the community and realization that a strong infrastructure is vital to promote good health for all of society. In the past, Jane has collaborated with The Fairbanks Regional Public Health Center in Fairbanks, Alaska to address barriers to healthcare access and decrease the incidence of communicable diseases in the incarcerated population transitioning back to society. She also has worked with volunteer teachers to lead lessons on various topics for children of all ages in the rural villages of the Ning Xia province of China. At NYU Langone Health, Jane has undertaken projects targeting elimination of surgical smoke (hazardous byproduct generated during surgery) and supporting Magnet re-designation as a unit champion. Her most recent work developed a pocket guide to nursing preceptor resources in the e-learning online platform to support preceptors at the frontlines and increase availability of in-time education. She recently graduated with her Doctor of Nursing Practice (DNP) from New York University and is the nurse manager of HCC2 Operating Room at the Manhattan campus.



Caitlin Monaco, BS, RN

Caitlin Monaco graduated from NYU Meyers with a Bachelors of Science in Nursing and has been practicing as a RN for just over two years. Caitlin is currently a Senior Staff Nurse and works on the Neurosurgical ICU at NYU Langone in Manhattan. She is part of the night shift Unit Practice Council and Patient Medication Education committee. Caitlin is a certified Advanced Reiki Practitioner and hopes to eventually become a Reiki Master. She is passionate about utilizing integrative health modalities to promote the well-being of both patients and staff members.



Allison Most, DNP, FNP-BC

I became a registered nurse after completing a Bachelor of Science in nursing at the University of Tampa in 2009 and then became a board-certified family nurse practitioner by completing a Master of Science in Nursing at Rutgers University in 2013. I began working in head and neck surgical oncology in 2014 and have enjoyed every day at NYU Langone's Laura and Isaac Perlmutter Cancer Center. I am fascinated by the complexity of patient care and the intricate anatomy of the head and neck. I admire the fortitude required to succeed in this specialty and the dedication of our providers to moral and ethical cancer care. To further advance my skills, I completed a Doctor of Nursing practice at NYU Rory Meyers College of Nursing in 2018. This degree is the highest academic level for advanced clinical practice, preparing me to lead multidisciplinary teams on initiatives that improve patient outcomes and reduce healthcare costs. I synthesize the best available evidence, coupled with clinical expertise, patient preferences, and consideration of resources to improve clinical practice and healthcare delivery systems. My quality improvement work contributes to NYU Langone's Department of Otolaryngology and Perlmutter Cancer Center, which has been designated a Comprehensive Cancer Center by the National Cancer Institute. In 2021, I became an advanced practice provider manager, responsible for leading and managing nurse practitioners and physician assistants in head and neck oncology and radiation oncology. I oversee the performance of nurse practitioners and physician assistants who care for patients going through treatment for cancer of the breast, lung, brain, gastrointestinal tract, or genitourinary system.



Lauren Obi, BSN, RN

I am a graduate of Howard University, with a B.S. in Nursing and minors in Sociology and Maternal & Child Health, with clinical experience in the medical-surgical, pediatric, maternal obstetric, psychiatric, surgical, and cardiothoracic intensive care patient populations. My nursing practice is driven by my compassion for others, deep interest in the sciences, and genuine love for people. I believe that health is a nuanced, multifaceted state of being, influenced by various factors: physical, emotional, social, and spiritual to name a few. My ultimate goal in practice is to use my strengths to become a provider capable of helping others through the means best suited to their needs.



Amanda Sclafani, MSN, RN, CEN, Gero-BC

I have been practicing as a nurse since October 2012. I began my career in psychiatric nursing, transitioned to a telemetry unit two, and mustered up enough courage to work in the ER for most of my nursing career. Recently, I joined to Home Hospital team at NYU Langone, which is a new department that functions completely on a nursing model to deliver acute care in a patient's home. I have two children, an eight-year-old boy, and a seven-year-old girl. When I take time for myself, I enjoy working out.



Glaiza Vonthron, BSN, RN, CAPA

Glaiza Vonthron is a seasoned Senior Nurse Clinician specializing in the pediatric pre and post-surgery care unit at NYU Langone. With a wealth of experience in nurturing young patients through their surgical journeys, Glaiza's passions lie in holistic nursing. Her nurse goals include advancing her proficiency in holistic health care techniques and integrating holistic principles into pediatric surgical nursing practices to foster a healing environment for both patients and families. Glaiza aspires to serve as an advocate for comprehensive well-being within the healthcare community.



Rosemarie Yurcak, BSN, CNOR, CNAMB

I am the first born of an Italian immigrant family, raised in Brooklyn NY. My first language was Italian. My parents moved me and my siblings to Huntington Long Island in the middle of my senior year. Upon high school graduation, I wanted to pursue a college education. My parents' culture forbids females from furthering their education. I found a job in the electronics field. I further learned about electronic components through my work resources. I then became a buyer for a subcontractor purchasing military defense components. I got married, had 3 children, and was a stay-at-home mom for 20 years. I then took on a part-time job in retail, Ann Taylor, that worked with my children's schedule. I worked for Ann Taylor for a total of 10 years and I was then the assistant manager. When Ann Taylor stores started to close and Ann Taylor Loft was emerging to a more appealing retail clientele. I decided that I would go to college since my children were in college/High school. I went to Molloy College, I graduated in December 2015 with BSN, Magna Cum Laude. I started NYU Langone in June 2016 as a new graduate. I climbed the clinical ladder from staff nurse to Senior Nurse clinician/interim ANM.