

# ParentCorps

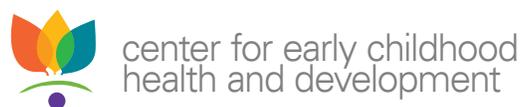


PARENTCORPS SCHOOLS VALUE FAMILIES AS PARTNERS  
IN HELPING YOUNG CHILDREN SUCCEED!



ParentCorps is a family-centered, school-based program to help all young students develop the **foundational skills for learning**.

In partnership with Pre-K for All, ParentCorps is being offered as an **evidence-based enhancement to Pre-K for All programs**, in support of NY State's Pre-K Foundation for the Common Core and the NYC DOE Division of Early Childhood Education Pillars of Family Engagement.

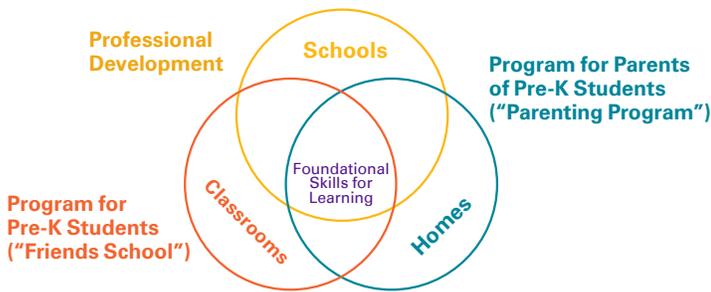




**ParentCorps is for all students as they enter Pre-K for All programs.**  
 ParentCorps builds on the strengths of culturally-diverse families and helps schools engage parents as partners.

### ParentCorps Components

ParentCorps includes three key components that synergistically strengthen **home-school connections** and help teachers and parents provide **high-quality environments** that are safe, predictable and nurturing to ensure that all students develop the **social, emotional and behavioral regulation skills** that are foundational for learning. ParentCorps creates supportive and inspiring spaces in which parents, teachers and school staff feel valued, respected and motivated to work together to help children succeed.



### ParentCorps Programs

The **Parenting Program** is a 14-week intervention to enhance the use of evidence-based practices for promoting social, emotional and behavioral regulation skills (28 hours).

**Friends School** is a 14-week curriculum on social, emotional and behavioral regulation skills (28 hours).

Parenting Program	Friends School
Introduction to ParentCorps	Introduction to Friends School & Making Friends
Setting Goals	Taking Turns, Sharing, Please & Thank You
Routines & Responsibilities	Paying Attention & Following Directions
Enjoying Mealtime Together	Taking Good Care of Our Bodies
The Power of Play	Saying Sorry & Excuse Me
Positive Reinforcement	Being a Good Helper & Asking for Help
Sticker Charts	Feeling Happy & Sad
Ignoring Mild Misbehavior	Feeling Mad
Preventing Misbehavior	Feeling Scared
Effective Discipline Strategies	Solving Problems
Time Out	I am Special
Dealing with Feelings	Celebrating Our Differences!
Taking Care of Yourself	Paying Attention to Our Thoughts, Feelings & Body
Planning for the Future	Putting it All Together

ParentCorps schools provide the Parenting Program during school and after-school hours, in multiple cycles throughout the year. After school, the program includes Friends School, Creative Arts for siblings, meals and after-hours pay for school staff. Materials are available in English and Spanish.

### ParentCorps Professional Development

Professional Development for Pre-K and Kindergarten Teachers and Assistants, Mental Health Professionals, Parent Coordinators, and Leadership to enhance the use of evidence-based practices for strengthening home-school connections and promoting social, emotional and behavioral regulation skills.

- Information in multiple formats for various approaches to learning
- Consideration of readiness for change, reinforcement of commitment
- Ample opportunities for knowledge sharing, observing, questioning, practicing & mastery
- User-friendly tools to support skill development

**Professional Development** includes sequenced group and individualized learning opportunities:



- 5-7 days of large group experiential training
  - 4 days focused on evidence-based practice
  - 1-3 days focused on implementation of ParentCorps Programs



- 7 self-paced interactive modules (approximately 1 hour per module)

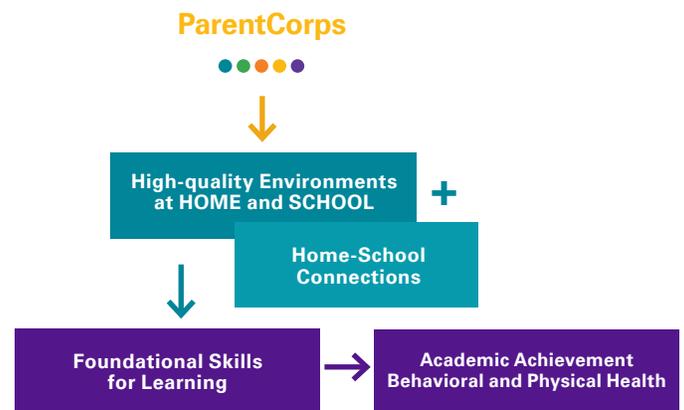
### Coaching

- In-vivo and distant support to ensure mastery of skills

### Evidence for ParentCorps Impact

Achievement gaps and health disparities persist despite decades of reforms – and in large part, reflect **gaps in opportunities for learning** early in life. ParentCorps’ approach is based in an understanding of the challenges of raising and educating children in low-income urban neighborhoods. ParentCorps aims to buffer the impact of poverty and related stressors by engaging and supporting communities of parents and early childhood teachers.

Rigorous research shows that ParentCorps promotes lasting changes in young children’s **environments** and the **home-school connection**, and results in long-term benefits for children’s **learning, behavior and health**.



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