Technique I: Introduction to Technique

PSA - Fall 2014-15 First Year Candidates

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This course is an introduction to the theory of technique and will concentrate on the early phases of psychoanalysis. We will consider the initial contact between patient and analyst and the development of an atmosphere facilitating analytic work. Specific practical issues of psychoanalytic technique will be discussed.

* = Available on P.E.P. and will not be provided to you by the Institute.

Session I – Basic Concepts


Session II – The Psychoanalytic Situation; The Analytic Attitude


Session III – Transference


Session IV – Working Alliance


**Session V – Countertransference**


**Session VI – The Analyst’s Task**


**Session VII, VIII, and IX Defenses and Interventions to Deal with Them**


Session X – Technique in Psychoanalysis and Psychoanalytic Psychotherapy


*JAPA – Journal of the American Psychoanalytic Association
*PQ – Psychoanalytic Quarterly

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Institute for Psychoanalytic Education. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credit™ per hour of instruction. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Important Disclosure Information For All Learners: None of the planners and presenters of this CME program have any relevant financial relationships to disclose