Theory I: Overview of Psychoanalytic Theories

Fall, 2014

Dr. Herbert Stein

With guest instructors (in order of appearance): Nasir Ilahi, Lawrence Friedman, Anne Erreich and Irwin Hirsch.

This course is intended to provide an overview of the most important theories that have arisen in the history of psychoanalysis thus far. The overview will be chronologically organized, so that when these theories are encountered in greater depth in subsequent courses, candidates will have some historical and conceptual context within which to evaluate them. The course will examine a theory in relation to the work that preceded it, and indicate what future theoretical developments are hinted at, or allowed for, by the theory under examination.

Three questions will guide our discussions of any theory:

1. What perceived deficiency in a previous theory was the newer one attempting to address? If there was not a deficiency per se, what aspect was felt to require special attention or highlighting that was neglected in the previous theory? (In other words, why the change?)

2. What are the implications for technique of the replacement theory? (Perhaps the most important of these three questions.)

3. What did the newer concepts neglect or obscure in the preceding theory? (This is probably the hardest to address.)

*Indicates Available on P-E-P

Week 1, 9/16: Origins of Psychoanalysis – Topographical Theory

Reading:


Week 2, 9/23: Freud’s Structural Theory

Reading:


**Week 3, 9/30: Early Ego Psychology**

**Reading:**


Notes on Hartmann’s *The Ego and the Problem of Adaptation*

**Week 4, 10/7 Modern Conflict Theory/ Modern Ego Psychology (1950s-present) –**

**Reading:**


**Week 5, 10/14 Klein’s object relations theory (1920-1960’s) (Nasir Ilahi)**

**Reading:**


**Week 6, 10/21 Contemporary Kleinians (1970’s – present) – (Nasir Ilahi)**

**Reading:**

Meltzer, D (1981) "The Kleinian expansion of Freud's Metapsychology" *IJPA*
**Week 7, 10/28 Kohut’s Self –Psychology (1960s-present) (Dr. Lawrence Friedman)**

**Reading:**


**Week 8, 11/4 Attachment Theory (1960’s – present) – (Dr Anne Erreich)** Mary Ainsworth’s Strange Situation, Mary Main’s Adult Attachment Inventory, Peter Fonagy’s research on pre-birth prediction of children’s attachment categories.

**Reading:**


**Week 9, 11/11 American Relational Theory (1980’s – present) (Dr. Irwin Hirsch)**

**Reading:**


**Week 10, 11/18 Review and Overall Development of Theory**

Institute 4 year Curriculum (Highlighting Theory Courses)
Think about what we have read this trimester for general discussion and comparison of theories.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Institute for Psychoanalytic Education. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credit™ per hour of instruction. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Important Disclosure Information For All Learners: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.