TECHNIQUE I: The Therapeutic Situation
Adult Psychotherapy – First Year – Fall 2016
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This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Institute for Psychoanalytic Education (IPE). The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of [number of credits] AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

* = Found on PEP-Online; not provided by the Institute

Class One - Basic Concepts I


Class Two - Basic Concepts II


Class Three - Treatment Alliance


Class Four - Empathic Listening


Week 5 – Transference

Sandler, J et al The Patient and the Analyst, Chapter 4, pp 37-48

**Week 6 - Countertransference**


**Week 7 - Resistance (from my list)**

Sandler, J et al *The Patient and the Analyst*, Chapter 7, pp. 71-83


**Week 8 - Interpretation (from my list)**
Sandler, J et al *The Patient and the Analyst*, Chapter 10, pp. 104-120

**Week 9 - The Frame**
McWilliams, N. *Psychoanalytic Psychotherapy*, Chapter 7, pp 163 - 196

Tarachow, S. *An Introduction to Psychotherapy*, Chapter 10, pp 118-133

**Week 10 - Open Class**
Psychodynamic Theory 1

Jason A. Wheeler, Ph.D.
PTY-A – 1st Year
Fall Trimester 2016

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COURSE OBJECTIVES

The purpose of this course is to present some core features of classical psychodynamic theory and to explore the relevance of theory to the practicing therapist. We will concentrate on the origins of dynamic theory in Freud’s evolving models of the mind. It is essential to complete all readings in order to be able to participate fully in class discussion. Further elective readings are suggested at the end of the syllabus, particularly for those interested in learning more about post-Freudian schools of therapy.

(* indicates the reading is available through PEP.)

SYLLABUS

Week 1: What is a theory for?

Week 2: The affect-trauma model

Week 3: The topographical model
Sandler et al., Chapter 4, The organization of the mental apparatus.
Week 4: Characteristics of the Primary Process
Sandler et al., Chapter 5, The system Unconscious.

Week 5: Characteristics of the Secondary Process
Sandler et al., Chapter 6, The system Preconscious; Chapter 7, The system Conscious.

Week 6: Transference
Sandler et al., Chapter 8, Transference.

Week 7: Dreams
Sandler et al., Chapter 9, Dream processes.

Week 8: The structural model
Sandler et al., Chapter 12, Characteristics [of the mental apparatus].
Sandler et al., Chapter 13, The three agencies.

Week 9: The Oedipus complex, the superego, and internal objects

Week 10: The mechanisms of defense

FURTHER READING

Theory, philosophy of science.

Schools of psychoanalysis
DEVELOPMENT I
INFANCY AND EARLY CHILDHOOD

ADULT PSYCHODYNAMIC PSYCHOTHERAPY PROGRAM
September 13 – November 29, 2016

Instructor: Francoise G. Graf, Ph.D.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Institute for Psychoanalytic Education. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credit™ per hour of instruction. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Important Disclosure Information For All Learners: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Course description and objective:
Participants will be introduced to some important aspects of child development from infancy to latency from a psychoanalytic and attachment point of view. They will read texts relating to the theory and research of such development, view videotapes and discuss this in class, seeking also to make links with how this knowledge relates to adult functioning and psychopathology.

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**September 13, 2016** – DVD: Right from the Start, a movie about birth and bonding, attachment and what can go wrong. Viewed and discussed with the themes of the course in mind, highlighting some topics we will cover going forward.

**September 20, 2016** – Introduction to the course and beginnings: the Role of the Mother: Pregnancy and Parenthood as a Developmental Phase


**September 27, 2016** – Early Object Relations in Mother-Infant Interactions: Winnicott


October 4, 2016 – Infantile Sexuality and Psychosexual Development


Optional:


October 18, 2016 – Oedipus Complex and its Dissolution


October 25, 2016 - The Development of a Sense of Self


Optional:


November 1, 2016 – Separation and Individuation (Mahler)


Optional:


Viewing of the DVD: “The Psychological birth of the Human Infant”
November 15, 2016 - Bowlby and Ainsworth: Attachment Theory and the Strange Situation


Optional:


November 22, 2016 – Attachment Theory, continued:

DVD of the Strange Situation and various reactions exemplifying the Attachment Categories

November 29, 2016 – Mentalization and Consequences of Intersubjectivity in Adulthood.


Continuous Case I

Charles Tolk, MD

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Fall 2016

In this course one or two students will present process material from an ongoing psychotherapy case. This clinical data will be discussed and relevant theory will be referenced. Psychotherapeutic technique will be taught in the context of these cases and technical principles will be formulated that can be applied to other clinical cases.

There are no readings for this course.