Did you know that diabetes...

- is the loss of the body’s ability to change healthy sugars found in food into fuel for energy
- is one of the leading causes of death for Latinos
- affects 1 out of every 5 residents of the South Bronx

There is no cure for diabetes but there is treatment so the patient can live a healthy and normal life. If you don’t have diabetes yet, you can prevent it.

**What is EL-BRONX?**

The Education of Latinos for Better Resources, Outreach, and Nutrition Excellence Project is a research project created to help diabetic patients and their families understand the health care needs, resources, and challenges of managing diabetes.

It is a joint project of the NYU Health Promotion and Prevention Research Center and the Lincoln Medical and Mental Health Center for Collaborative Community Research.

**What we will be discovering?**

- Diabetes knowledge
- Health & Social Services in your community
- How patients and their families do or do not get health care services
- Support from the community and families
- Personal health habits

**For more information or to participate:**

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view: http://prevention-research.med.nyu.edu/health-promotion/lhi