Integrin inside-out signaling and the immunological synapse
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Integrins dynamically equilibrate between three conformational states on cell surfaces. A bent conformation has a closed headpiece. Two extended conformations contain either a closed or an open headpiece. Headpiece opening involves hybrid domain swing-out and a 70 Å separation at the integrin knees, which is conveyed by allostery from the hybrid-proximal end of the βI domain to a 3 Å rearrangement of the ligand-binding site at the opposite end of the βI domain. Both bent-closed and extended-closed integrins have low affinity, whereas extended-open integrin affinity is 103 to 104 higher. Integrin-mediated adhesion requires the extended-open conformation, which in physiological contexts is stabilized by post-ligand binding events. Integrins thus discriminate between substrate-bound and soluble ligands. Analysis of LFA-1-ICAM-1 interactions in the immunological synapse suggests that bond lifetimes are on the order of seconds, which is consistent with high affinity interactions subjected to cytoskeletal forces that increase the dissociation rate. LFA-1 βI domain antagonists abrogate function in the immunological synapse, further supporting a critical role for high affinity LFA-1.

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Introduction

Integrins integrate the extracellular and intracellular environments. Their extracellular domains bind to ligands on the surface of other cells or in the extracellular matrix, while their cytoplasmic domains bind to cytoskeletal-associated proteins. ‘Outside-in’ signals received by cells through other receptors such as tyrosine kinases and G protein-coupled receptors direct cell polarization and chemotaxis. These signals in the cytoplasm are then somehow relayed by integrins to their extracellular domains in a process termed ‘inside-out signaling’ that regulates adhesiveness and migration. We review recent work at length scales ranging from crystallographic determination of changes in atomic structure, to electron microscopic study of changes in interdomain orientations, to light microscopic study of molecular motion on the cell surface, that has greatly advanced understanding but also poses new challenges.

Integrin structure

Integrins are heterodimers of noncovalently associated α and β subunits, which each contain large N-terminal extracellular domains, single-span transmembrane domains (TMD), and C-terminal cytoplasmic domains (Figure 1). Eighteen α and eight β subunits come together to form 24 different integrin heterodimers. Integrin α-subunits come in two flavors, either with or without an inserted or αI domain. In αI-less integrins, the ligand-binding site is formed at the interface between the α-subunit β-propeller domain and β-subunit βI domain, which form, the integrin head (Figure 1c). In αI integrins, the αI domain binds ligand (Figure 1f). αI and βI domains are structurally homologous and undergo similar conformational change to regulate ligand binding affinity (Figure 1b,c and e,f). These changes alter the structure of metal ion-dependent adhesion sites (MIDAS) in αI and βI domains that bind Glu or Asp sidechains in extrinsic or intrinsic ligands (key, Figure 1). The α-subunits have the greatest influence on ligand-binding specificity, and define different integrin families with specificity for Arg-Gly-Asp (RGD) motifs (αIbβ2, αVβ3, α5β1, and α6β1), intercellular adhesion molecules and inflammatory ligands (α1, αM, αX, and αY), collagens (α1, α2, α10, and α11), laminins (α3, α6, and α7), etc. In αI-less integrins, β-subunits modulate ligand specificity. β is the most important subunit in connecting to the cytoskeleton and transmitting the conformational changes that activate ligand binding.

The αI-less integrins such as αIβ3, αIbβ3, and α5β1, and αI integrins such as lymphotox antibody associated antigen-1 (LFA-1 and αIβ2) and αXβ2 reveal overall similarities in structure and function (Figure 2). Ectodomain crystal structures of αIβ3 [1,2], αIbβ3 [3], and αXβ2 [4] all reveal a bent conformation (Figure 1a,d). The headpiece, containing the head and upper leg domains, closely contacts the lower α-leg and β-leg domains. The extreme bends at the knees, that is, between the upper and lower legs, occur in α between the thigh and calf-1 domains, and in β between the integrin epidermal growth factor-like (I-EGF) domains 1 and 2 (Figure 1). Multiple models of
The three overall integrin conformational states. The bent conformation has a closed headpiece and is low affinity. Extension at the α-knee and β-knee releases an interface between the headpiece and lower legs and yields an extended-closed conformation also with low affinity. Swing-out of the hybrid domain at its interface with the βI domain is connected through the βI α7-helix to rearrangements at the βI interface with the β-propeller domain that greatly (~1000-fold) increase affinity for ligand in the extended-open conformation. Similar interdomain rearrangements in αI integrins result in activating a binding site for an internal ligand, Glu310 in αL, which pulls down the αI α7-helix to activate a similar increase in affinity (~1000–10,000-fold) of the αI I domain for the ligand ICAM-1. Although the integrin headpiece has highly preferred closed and open conformations, the lower β-legs are highly flexible, and thus we speak of ‘overall’ conformational states. This is symbolized by the dashed lower β-leg. Therefore, only very large separations between α and β TMD, such as induced by lateral motion of β when its cytoplasmic domain is associated with the actin cytoskeleton, can be transmitted through the floppy β-leg to stabilize the high-affinity, open headpiece conformation.

Integrin headpiece opening regulates affinity for ligand

The ligand-binding site in αI-less integrins is formed by clefts in the α-subunit β-propeller domain and β-subunit βI domain (Figure 3). In RGD-binding integrins, the Arg of RGD binds the α-subunit β-propeller domain while the Asp of RGD coordinates to the Mg2+ ion in the β-subunit βI domain MIDAS (Figure 3b). Conformational change at the integrin ligand-binding site is limited to the β-subunit. The βI domain β1–α1 loop contains an Asp-X-Ser-X-Ser motif, the sidechains of which help hold the Mg2+ in place at the MIDAS, and the backbone oxygens of which coordinate a Ca2+ ion at the adjacent to MIDAS (ADMIDAS). In headpiece opening, the β1–α1 loop and its associated ADMIDAS metal ion move toward the ligand carboxyl group (Figure 3). The βI domain β6–α7 loop has to get out of the way as the β1–α1 loop and α1-helix move in on it, and this forces pistoning of the α7-helix toward its connection to the hybrid domain. There also is tilting of the α7-helix as the hybrid domain pivots, so α7-helix movement resembles that of a connecting rod, which connects a piston to a camshaft (Figure 3).

The hybrid domain pivots at its interface with the βI domain because βI is not a tandem domain, but is inserted...
Structure of integrins from electron microscopy, electron tomography, and neutron or X-ray scattering in solution reveal three conformational states. Schematics are shown to right. All scale bars = 10 nm. With permission from cited references. Panels show representative class averages of negatively stained integrins unless otherwise noted. (a) αVβ3 ectodomain with a C-terminal coiled-coil clasp (1) or unclasped with Mn²⁺ (2) or RGD (3) [13]. (b) αIIbβ3 ectodomain, clasped (4) or unclasped (5–7) [3]. (c) αIIbβ3 purified from platelets in detergent (8, 10, and 12) [23], [13] [16] and embedded in lipoprotein nanodisks (9 and 11) [27]/C15. With no additions (8 and 9), Mn²⁺ (10), talin head domain (11), and RGD peptide or RGD mimetics (12 and 13). Negative stain electron tomography class average (13). (d) Three-dimensional molecular envelopes of purified, detergent-soluble native αIIbβ3 in solution determined by small-angle neutron scattering (14) [21] or X-ray scattering (15–17) [23] with no additions (14 and 15), Mn²⁺ (16), or Mn³⁺ and...
The closed and open integrin headpiece conformations. A 2.3 Å movement of the βI–α1 loop at the ligand-binding site that raises affinity for ligand 1000–10,000-fold is amplified to 4 Å displacement of the ADMIDAS Ca²⁺, 5 Å sideways displacement of the αi-helix as it straightens, 7 Å reshaping of the β6–α7 loop, 5.5 Å connecting rod-like displacement of the α7-helix, and leverages hybrid domain swing-out to a 75 Å separation at the integrin knees. Structures are of the α₁β₃ headpiece crystallized in the absence [12*] (a) or presence [11] (b) of RGD peptide with missing portions supplemented by superposition of the α₁β₃ ectodomain [3].

(Figure 2 Legend Continued) RGD mimetic (17). (e) α₁β₃ headpiece [14,15] alone (18), +allosteric inhibitory SG/19 Fab (19), +RGD (20), or +fibronectin domain 7–10 fragment (21). (f) LFA-1 ectodomain [19] clasped (22) or unclasped (23–25). (g) α₁β₃ [17*,19] clasped from different publications (26 and 27) and unclasped (28 and 29). (h) α₁β₃ [17*,19] clasped with extension and activation-promoting CBR LFA-1/2 Fab (30, 31, and 35); and with CBR LFA-1/2 Fab and allosteric inhibitory Fab 7E4 (32 and 33) and TS1/18 (34) or allosteric activating Fab MEM148 (36) or m24 (37).
from within the cell. However, inducing conformational change by adding a ligand is not just a structural biology shortcut — the law of mass action tells us that ligand binding drives to the conformation with highest affinity for ligand. The open conformation of the headpiece is thus the conformation that inside-out signaling must drive to in order to activate ligand binding. Furthermore, ligand binding is a key early event that induces subsequent incompletely understood cellular events that stabilize the open headpiece conformation and the immunological synapse, as described below.

Structural studies on \( \alpha_3 \beta_1 \), \( \alpha_\text{IIb} \beta_3 \), \( \alpha_5 \beta_1 \), \( \alpha_4 \beta_2 \), and \( \alpha \beta_2 \) have all demonstrated a direct relationship between the open headpiece and high affinity for ligand, and between the closed headpiece and low affinity for ligand [3,4,10,11,12*,13,14,15*,16,17*,18] (Figure 2). Some of the most telling studies use allosteric inhibitors or activating antibodies to the \( \beta_1 \) and \( \beta_2 \) integrin subunits, with known functional effects on cells, and determine effect of the Fab on integrin conformation. Thus, \( \beta_2 \) antibodies that induce or report integrin extension also induce or report physiologic integrin activation on cells (Figure 2h, panels 30, 31, and 35) [19]. \( \beta_1 \) and \( \beta_2 \) antibodies that stabilize the closed headpiece inhibit cell adhesion and reduce affinity for ligand (Figure 2c, panel 19 and h, panels 32–34), whereas those that stabilize the open headpiece stimulate adhesion and raise affinity for ligand (Figure 2h, panels 36 and 37) [15*,17*,20].

Does the extended conformation with a closed headpiece lack adhesiveness, or does it have adhesiveness intermediate between the bent conformation and the extended-open conformation? This question was addressed using one Fab to induce extension, and a second Fab to stabilize the closed headpiece. The resulting showed that the first Fab induced both the extended closed and extended open conformations (Figure 2h, panels 30, 31 and 35) and cell adhesion, while adding a second Fab yielded only the extended-closed conformation (Figure 2h, panels 32–34) and abolished adhesion [17*].

Native \( \alpha_\text{IIb} \beta_3 \) from platelets assumes the same three states. EM and neutron X-ray scattering in solution reveals a bent conformation and extra density for a detergent micelle or lipid nanodisks (Figure 2c, panels 8 and 9, and d, panels 14 and 15) [21–23]. X-ray scattering and EM also reveal integrin extension in Mn\(^{2+}\) (Figure 2c, panel 10 and d, panel 16), and an RGD-driven extended-open conformation (Figure 2c, panels 12 and 13 and d, panel 17) [16,23]. Talin can induce extension of 22% of \( \alpha_\text{IIb} \beta_3 \) in lipid nanodisks [22]; however, these have the closed headpiece (Figure 2c, panel 11). Thus, the inside-out signals that induce headpiece opening have yet to be reconstituted in vitro.

Despite emphasis on integrin affinity regulation, affinity on cell surfaces, which requires a monomeric ligand for distinction from avidity and clustering, is rarely measured. Original studies on platelet \( \alpha_\text{IIb} \beta_3 \) used fibrinogen, a dimeric ligand. A recent study using Pac-1 Fab failed to find an increase in affinity, and argued that previous studies have measured avidity as a consequence of using multivalent reagents for detection [24].

True affinity measurements on LFA-1 (integrin \( \alpha_4 \beta_2 \)) on intact cells using high affinity monomeric soluble ICAM-1 provide important insights [25*]. LFA-1 on resting lymphocytes is in a basal affinity state that reflects equilibration between multiple conformations including the open headpiece, because drugs that stabilize the closed \( \alpha \)I domain and Fab that stabilize the closed headpiece decrease basal affinity twofold to fivefold. Mutations that stabilize the open \( \alpha \)I domain increase affinity of cell surface LFA-1 1000–10,000-fold. Similarly, Fab that stabilize \( \alpha_4 \beta_2 \) extension and headpiece opening increase affinity on the cell surface 1000-fold.

Agents that induce inside-out signaling, for example, T cell receptor crosslinking and chemoattractant, reproducibly and significantly increase affinity, but only by 1.4-fold. Furthermore, one drug that blocks communication between the \( \alpha \)I domain and hybrid domain swing-out increases affinity more than inside-out signaling, but completely blocks adhesion. Thus, adhesion requires substantially higher affinity than measured by soluble ligand binding after inside-out signaling. Furthermore, Fab that stabilize the closed headpiece completely block cell adhesion.

These results demonstrate that after LFA-1 binds to ICAM-1 on a substrate, ‘postligand binding events’ [26] must occur that induce headpiece opening and high affinity for ligand that is not measurable with soluble ligand [25*]. These results are consistent with, but do not prove, a model in which a key step in integrin activation is exertion of a lateral force on the \( \beta \)-leg by an actin cytoskeleton-associated protein that binds to the integrin \( \beta \)-subunit cytoplasmic domain [3]. Steered molecular dynamic simulations demonstrate that translational motion (exerted parallel to the plasma membrane) is on pathway with and can induce hybrid domain swing-out, and thus the open headpiece conformation with high affinity for ligand. Kindlins are among the candidates for binding to the \( \beta \)-subunit cytoplasmic domain, because what is now known to be the kindlin binding site [27] is required for LFA-1 adhesiveness [28,29]. Lateral motion of integrins on cell surfaces provides a mechanism for sensing the difference between an integrin bound to a soluble versus substrate or cell-associated ligand. Current models of talin interference between \( \alpha \) subunit \( \beta \) subunit TMD, or changing TMD tilt in the membrane [27*], do not provide such a mechanism, and do not
address how signals could be propagated over the long and flexible lower β-leg to induce headpiece opening. Retardation of lateral motion by binding to an insoluble ligand does provide such a mechanism, because the lower β-leg would be rigidified by elongational force, and induce hybrid domain swing-out. Future fluorescent microscopy studies promise to reveal the dynamic post-ligand binding events that are required for integrins to acquire high affinity for ligands in extracellular matrices and on cell surfaces.

**LFA-1 in the immunological synapse**

LFA-1 interaction with its ligands increases the sensitivity of T cells to antigens by 100-fold [30] and ICAM-1 is required for stable T cell–dendritic cell interactions needed for the development of memory [31]. These effects may be accounted for in part by the participation of LFA-1 in the formation of stable immunological synapses between T cells and antigen presenting cells [32]. Immunological synapses are characterized by a striking radial symmetry in which LFA-1 and talin form an adhesion ring and the central area is occupied by the T cell antigen receptor (TCR), CD28, and secreted factors [33–35]. This prototypic organization is seen when T cells interact with B cells or supported planar bilayers, but more complex patterns emerge in interfaces with dendritic cells, the major antigen presenting cell that starts immune responses by interacting with naïve T cells [36,37]. The relative roles of LFA-1 conformational changes and lateral organization are areas of great interest and current controversy.

A significant issue in studies of T cell interaction with antigen presenting cells is the manner in which different cells or experimental models present ligands. The major LFA-1 ligands shared by human and mouse are ICAM-1 and ICAM-2. Most studies have focused on ICAM-1, but it should be kept in mind that ICAM-2 is widely expressed and may play a nonredundant role. ICAM-1 has five extracellular Ig domains and a short cytoplasmic domain that can interact with the actin cytoskeleton of antigen presenting cells through ezrin–radixin–moesin (ERM) proteins. However, the most efficient system to form radially symmetrical immune synapses is the supported planar bilayer model, in which ICAM-1 movement is constrained only by the viscosity of a liquid disordered artificial bilayer. In this setting ICAM-1 has a diffusion coefficient of 0.4 μm²/s, whereas diffusion coefficients are 10-fold slower on cells with a smaller mobile fraction and this anchorage can be functionally significant, for example, in triggering of natural killer cells in which immobile ICAM-1 is more active than mobile ICAM-1 [38]. Nonetheless, mobile ICAM-1 in supported bilayers can support sustained signaling by T cells when presented with agonist MHC–peptide complexes [34]. Functional comparison of ICAM-1 adsorbed to a solid surface versus presented in a mobile bilayer may be useful in diagnosing the role of ligand mobility in a given system. Treating antigen-presenting cells with latrunculin A to disassemble actin and increase mobility is a complementary approach.

An advantage of the supported planar bilayer model for analysis of receptor–ligand interactions in the immunological synapse is that the freely mobile ICAM-1 reports interactions with cell surface receptors [34]. Equilibrium...
analysis of such binding has been utilized to measure the interaction of CD2 and CD58 [39]. Fluorescence recovery after photobleaching (FRAP) of the contact area can be used to derive kinetic rates [40]. LFA-1–ICAM-1 interactions displayed >80% exchange in 20 s (Figure 4). This experiment illustrates that the half-life of the LFA-1–ICAM-1 interaction in the immune synapse is less than 50 s, the half-life for high-affinity LFA-1–ICAM-1 interactions [41].

Another advantage of the supported bilayer system is that single molecule analysis is made possible by total internal reflection fluorescence microscopy. Single molecule imaging of Cy5-ICAM-1 is consistent with the FRAP results in that free diffusion is interrupted by periods of immobility or slow transport that last 0.5–2 s. Because LFA-1 diffuses 10-fold slower than ICAM-1, the episodes of ICAM-1 interaction with LFA-1 appear as periods of relative immobility (Figure 5). The time frame of 0.5–2 s is on the same time scale as intermediate affinity LFA-1–ICAM-1 interactions in solution [41]. Interestingly, TCR–MHC–peptide interactions measured in an immunological synapse by single molecule FRET had 10-fold faster off-rates than when measured in solution [42]. The accelerated off-rates were dependent upon an intact actin cytoskeleton. The actin cytoskeleton displays dramatic centripetal flow in the IS at a rate of 0.32 μm/s [43]. TCR and LFA-1 are organized in microclusters that also move centripetally in the direction of actin flow, but at slower 0.13 and 0.14 μm/s rates, respectively [43]. Thus, it is possible that LFA-1, like the TCR, will experience an increased off-rate in the immune synapse even as forces exerted by f-actin facilitate LFA-1 shifting into the highest affinity conformation [3]. At the same time, f-actin dynamics are essential to maintain LFA-1–ICAM-1 interactions and to form new TCR microclusters [43].

LFA-1 conformation in the IS has also been probed with antibodies and inhibitors. Treatment of T cells with chemokines acutely induces LFA-1 extension, whereas cross-linking of the TCR does not change the proportion of extended LFA-1 molecules or induce any detectable high-affinity LFA-1 [44]. When ICAM-1 was immobilized on a planar substrate the interacting LFA-1 on live T cells stimulated through the TCR organized into clusters that were fixed in position throughout the interface. Furthermore, whereas inhibitors that block communication between the αI domain and βI domain permit rolling adhesion mediated by LFA-1, these inhibitors completely abrogate LFA-1–ICAM-1 interactions in the immune immunological synapse, which are also dependent upon the accessory proteins talin and kindlin [45,46]. These results are consistent with a model in which actin-dependent force applied laterally to the LFA-1 β-subunit cytoplasmic domain through talin and/or kindlin result in conversion to the high affinity conformation, but that this force at the same time results in a ~10-fold reduction in the LFA-1 half-life compared to that measured in solution. Direct measurements by single molecule FRET will be needed to test this model in a definitive manner.

Chemokine and TCR signals act in series as T cells scan lymph nodes for antigen presenting cells with agonist MHC–peptide complexes. 3D networks of fibroblastic reticular cells (FRC), which capture CCL21, the CCR7 ligand, on their surface, crisscross T cell zones of lymph nodes [47]. T cells move rapidly on this network in the steady state and scan dendritic cells that also adhere tightly to the network based on CCL21-driven adhesion [48]. It has been suggested that this mode of chemokine presentation turns LFA-1 off in T cells and that this may be related to the absence of shear forces that are needed for activation of LFA-1 primed into an extended state by chemokine signals [49]. We have recent results that argue against a simple interpretation of this sort that are based on use of interference reflection microscopy to investigate the contact area of T cells migrating on surfaces coated with CCL21 alone versus CCL21 + ICAM-1. While the migration velocity of T cells is similar on the two surfaces, the contact areas formed by T cells on CCL21 cannot be detected reliably by IRM, whereas contact areas on CCL21 + ICAM-1 are large and similar in dimensions to an immune synapse (Huang et al., unpublished data). Similar results have been reported for dendritic cells in which ICAM-1 enhances spreading driven by CCL21 [48]. These results may be interpreted in terms of the motility model for T cells recently proposed by Krummel [50]. In this model, the cells on CCL21 appear to adopt the walking motility mode in which small contacts serve as launching points for cell protrusion to form the next small contact. When ICAM-1 is present the cells form larger contacts that tend to support a gliding motility, probably driven by retrograde actin flow and release of adhesion along the trailing edge. We would contend that this more extensive contact area may be critical for scanning of dendritic cell surfaces for sparse MHC–peptide ligands. We anticipate that this mode of surveillance may take advantage of chemokine-generated high-affinity LFA-1 at the leading edge to promote adhesion. The observation that LFA-1 cooperates with TCR to detect MHC–peptide ligands seems to violate the rule that cooperation in contacts should be restricted to molecules of similar lengths [51,52]. Intermembrane spacing differences as small as 2 nm will drive segregation [53]. We speculate that microclustering of LFA-1 allows formation of intervening LFA-1-free areas, in which smaller adhesion molecules such as the TCR have opportunities to interact, rather than inhibiting interactions of smaller receptors. Thus, microclustering of LFA-1 is likely to be critical for its multitasking habits — adhesion stabilization and searching for antigens.
References and recommended reading

Papers of particular interest, published within the period of review, have been highlighted as:

- of special interest


This paper demonstrates that the off-rate of the TCR-MHC–peptide interaction is increased 10-fold by f-actin dependent mechanism.


This paper provided evidence for centripetal actin flow in the immunological synapses.


